



Chilliwack Pickleball Club January 2024



HAPPY NEW YEAR, EVERYONE!!!

Here we are in 2024!!! How did that happen? We hope that everyone was able to spend some quality time with family and friends over the holidays, and we look forward to a new and exciting year to come for our club and its members! (We've been SO busy this last month, so I'm apologizing now for the length of this newsletter...but it's worth it!) Let's start the year off right with a message from our illustrious leader....

President's New Year Message

Happy New Year! Here's looking forward to a happy and prosperous new year for all members of the CPC.

It's hard to believe another year has passed by, and what a year it was for the CPC. We passed the 500 member mark, endured a hunger strike at the Portage courts, ran several very successful tournaments, taught hundreds of people to play pickleball, and managed to survive it all.

I would like to take this opportunity to give a heartfelt thank you to our Board of Directors who work tirelessly to make it all happen every day, especially Carol Hart who, I know, spends most of her time organizing our events and doing so many things for the club.

I also want to thank our volunteers who help respond whenever we ask and make this club the best pickleball Club in BC.

I would like to specifically thank the following volunteers for their contributions: Linda Huffman for volunteering to Host every Thursday. Helen and Ken Janzen who are always there to provide food and drinks whenever we ask. Ray Dear for helping out whenever we ask. Darci Reeves for helping with Skills & Drills every week, as well at our Elder College sessions. As well as all the volunteers who helped with our school program.

I look forward to 2024 and all I hope it will bring. For those of you who don't know, I have had meetings with Chilliwack City staff about a pickleball facility. The proposed facility will be built behind the Landing Sports Center, is proposed to have



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10 indoor courts, 2 outdoor courts, as well as an office, washrooms, and viewing spaces. It is proposed this will be connected by a walkway to the Landing, enabling us to have 24 indoor courts for tournaments. The City has budgeted a substantial amount of money for this facility, however, I caution that costs may change everything. It is proposed this facility will be completed in the late fall or winter of 2024. If completed, it will be the first such facility in the lower mainland and will put Chilliwack on the pickleball map.

The Board of Directors has been examining rating systems other than the system we currently use and we hope to make some changes in the New Year. It is a far more difficult task than one might imagine, but we will keep working at it.

As for my personal New Year resolutions, I would like to remain president of the CPC to see the completion of the proposed facility and implementation of systems to make it work effectively. After that I'm hopeful that some younger club members will step forward to take up the work.

Lyle

...and before we go any further, the board would also like to give out a huge, heartfelt THANK YOU to Lyle!!! Thank you for the tireless hours you dedicate to making sure we have the best pickleball club around, and for your vision, steadfast leadership, and your friendship. We are ready for big things to come in 2024!

4 WAYS TO BE HAPPIER IN 2024

PLAY MORE PICKLEBALL



PLAY MORE PICKLEBALL



PLAY MORE PICKLEBALL



PLAY MORE PICKLEBALL





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New Board Member

We are thrilled to announce that Ed Nichol has agreed to join our CPC Executive Board! Unfortunately, Donna Hutchinson had to step down from her member at large position in early December due to prior commitments. We would like to extend a huge thank you to Donna for all her help with our Beginner's Program and for her time on the board this year. As her replacement, Ed will be helping out with various club duties and with our Beginner Program. Congratulations Ed, and welcome aboard!!



MEMBERSHIP CORNER

Here at CPC, we have a number of members who are 80+ years young and showing us what living life to the fullest looks like! So, at our recent December board meeting, a motion was accepted that the CPC club will waive the yearly membership fee for any members that are 80+ and have been part of our club for at least 3 years. Over the next few newsletters, we'll stop in and have a closer look at some of these amazing members and their pickleball journeys.

Member Close-up

Name: Lowell Ritchey

Age: Turning 84 on January 24th!!





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Beginning the Journey: Lowell first watched some pickleball many years ago down in Palm Springs and, at that time, decided to hit a few balls around. It was around 2013, after moving to Chilliwack, that he started looking for something to do, other than golf, and thought he'd give this Pickleball thing a go! He ordered a paddle online from Selkirk and the journey began!! He originally started playing with the Senior's Association at Evergreen Hall, Yarrow school in the evenings, and then eventually joined the CPC here at the Landing.

Previous sports/activities: Lowell has always been involved in sports in some form or another. Back in school he was a mid-distance track runner and played football and basketball. He also played ice hockey, badminton, racquetball, and golf for many years.

Favourite and least favourite thing about Pickleball:

Lowell said his least favourite thing about pickleball right now is the problems we are having with our rating system. (Hold tight Lowell....we are working on it!!). He said his favourite thing is that it's just a great competitive sport where you can get lots of exercise, and that it is probably one of the most social sports there is!

What's your secret??

Lowell mentioned that he is grateful for the good genetics he inherited and that it obviously plays a big role in being able to stay fit and active, but he also feels that his competitive nature is something that keeps him always on the go and looking forward to the next good game! He feels it's super important to stay active and keep moving as you get older and that eating healthy is a must (and he thanks his wife for that part!!)

Any parting advice Lowell?

Reaction time is SO important in pickleball, so take time to practice it! You can even do little activities at home that help you improve your reaction speed, and it will help you a lot, particularly as you age! Lowell also feels keeping your mind sharp is super important and he always starts everyday playing 3 brain games, Wordle, Quordle and Sudoku!! Last thing he wanted to mention is that your eyesight can really affect your pickleball game too, so do what you can to keep your eyes healthy!

**THANK YOU SO MUCH FOR SHARING YOUR STORY WITH US LOWELL!
HERE'S WISHING YOU MANY, MANY MORE HEALTHY, HAPPY PICKLEBALL YEARS!!**

Member Close-Up

Name: Juanita Stander

Age: 84 (turning 85 this upcoming May)!





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Beginning the Journey: Juanita has been playing pickleball for about 10 years now. She remembers seeing a small ad about pickleball, but it was really a friend of hers that encouraged her to come try pickleball over at the Evergreen Hall. She tried it, fell in love with it, and eventually joined the CPC here at the Landing.

Previous sports/activities: Juanita has been athletic all of her life. Back in school (in South Africa, and also when they returned to live there for a brief period in the 70's) she was heavily involved in field hockey. She was also a track athlete participating in running events and high jump. Along with her early athletics, she has stayed active in many other activities such as pilates, weight training, walking, aerobics and in her 60's decided to take up Tap Dancing as well. She is still a member of the Happy Tappers which meet twice a week. Up until recently, on some days, Juanita would head to the YMCA first thing in the morning, come play pickleball at the Landing, and then head directly to her Tap classes for another hour and a half!

Favourite and least favourite thing about Pickleball:

Juanita mentioned that her absolute favourite thing about Pickleball is the camaraderie! She had a hard time finding a least favourite thing, but agreed that the cement floors here aren't her favourite and that she is looking forward playing at our new facility in the future.

What's your secret?

Juanita thinks that one of the main reasons she is still so active is that way back in school when she was young, playing sports and being active was just instilled in her at an early age. She found her niche, so to speak, and hasn't really ever looked back. She also said that she has a competitive nature and it continues to drive her to always push herself to play her very best.

Any parting advice?

Juanita's final words of advice are that it's super important to always keep up some form of exercise as you age, no matter what it is. She said weightlifting is one of her favourites in order to keep 'the flabby bits in place'!!! (It's working too!!....take a look at those arms!) She thinks that pickleball is just a really great game to enjoy!

**THANK YOU SO MUCH FOR SHARING YOUR STORY WITH US JUANITA!
HERE'S WISHING YOU MANY, MANY MORE HEALTHY, HAPPY PICKLEBALL YEARS!!**

Time to Renew your Membership!

It is time to renew our membership fees for 2024. You will pay your club membership fee, your Pickleball BC and Canada membership fee directly thru the PCNS website. If you are a new member who joined the club after [Oct 1st, 2023](#) you will have already paid your Pickleball Canada and Pickleball BC dues for 2024 and will only have to pay your \$40 club membership fees. Please follow the directions below to pay your membership dues. Please understand that membership fees are non-refundable.



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The access code is: **Pickle** (make sure it is capital P)

1. Login into <https://www.secure.pickleballcanada.org/club/chilliwack-pickleball-club/1032/>
2. That will take you to the club page where you will see a Join/Renew tab. Click that and follow the instructions for renewing your membership.

When you see this question - Are you a new or renewing member? *

I am new to Pickleball Canada

I am already or am renewing my membership
with Pickleball Canada

- All members will click the second option "I am already or am renewing my membership with Pickleball Canada. This is important as you only want to have one Pickleball Canada number!
- NB: You can add another registrant onto your registration eg. Spouse. If doing this you will see a "Share Field" tab.
- You will now be directed to the Confirmation and Payment page.
- Payment can be made by both credit and debit cards.

Fees: CPC Membership Fee = \$40.00
Pickleball Canada Membership Fee = \$10.00
Pickleball BC Membership Fee = \$5.00
(Total = \$55.00)

New Pickleball Rules for 2024

Every year new rule submissions are reviewed by USAPA and this year was no exception. Although some rules are more tournament oriented, others may affect our regular play as well. Below is a summary of the important points. (Note: although Pickleball Canada hasn't officially released their new rule package, historically they piggy-back on what the USAPA has come up with.)

Significant Pickleball Rule Changes For 2024

- 1 Correcting Server, Receiver and Player Position Errors (4.B.9) Faults for incorrect server, incorrect receiver and player position errors are eliminated. The referee will now correct any such player errors before calling the score.
- 2 Draping Net Rule (2.C.6) called for a replay when a ball goes over the net and hits a net that is draped on the ground (except on a serve) but only if the referee determined that the ball was affected by the draped net.
- 3 Catch or Carry Ball on the Paddle Rule (7.L) now makes catching or carrying a ball on the paddle a fault without having to determine that the catch or carry was deliberately done.
- 4 Conceding a Rally Rule (13.E.5) calls for a replay when a player overrules to their detriment a line judge's 'out' call as 'in.' The player or team may now choose to concede the rally to their opponent if they determine they would have been unable to return the 'in' ball.

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Significant Pickleball Rule Changes For 2024

- 4.1 Conceding a Rally Rule 13.E.4 calls for a replay when the referee overturns a line judge's out call as in. The player or team who benefitted from the referee's ruling may now choose to concede the rally to their opponent if they determine they would have been unable to return the 'in' ball.
- 5 Medical Time-Outs (10.B.2.c) A player is now allowed to use available standard time-outs after the 15-minute medical time-out has expired to allow more time before the player must retire from the match.
- 6 Paddle Specifications (2.E.2/2.E.5.a/2.E.5.c) Paddle specifications have been updated to address new and emerging paddle technology and features and to clarify the alterations that players are allowed to make to certified paddles.
- 7 Mini-Singles (12.0) Mini-singles is currently an approved format. The specific rules governing mini-singles are now incorporated in the Rulebook.

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Merchandise/Paddle table

2024 is bringing with it some changes to our paddle table. The executive has passed a motion in regards to our merchandise table and what will be displayed there. Starting Jan. 15th, on **Tuesday through to Sunday, the table will only be displaying paddles being sold by the club, and demo paddles will still be available for sign out** if you want to try them out. In order to purchase any of the products being displayed by the club, please inform your host for that day and they will be able to have Dave Barham or Ray Hart, who are in charge of our paddle inventory, secure a paddle for you to purchase. What is changing is that on **Mondays our table will be open for any of our members to display any pickleball related items that they may have for sale.** For example, a slightly used paddle, court shoes that are newer but don't really work for you, or other items you have acquired that are in good condition but you no longer require. There are a few rules regarding putting items out for sale:

1. Items must be pickleball related
2. You must put out your product when you arrive, and take it back with you when you leave that day
3. Items must be clearly marked with the price, your name, and phone number so that you can be contacted. (People will be able to connect with you at the end of play when you are coming back to the table to collect your item)
4. Members wanting to display paddles for sale are encouraged not to put out new paddles that are already being sold by the club

Christmas Hamper Program

A big THANK YOU goes out to our membership for their generosity in helping us make the holidays so much better for some of our local families in need!! We raised just **over \$2000** for our hampers, one of which went to a combined family supporting 10 kids and 3 adults and the other, a single Mom with her 3 children. Each child received a personalized gift, new pajamas, and a gingerbread house kit. Each family received a number of family games and adults were also given new pajamas and a small gift. The second half of the money was then spent on boxes full of food items, including gift certificates for meat products and fresh vegetables, so that each family could enjoy a wonderful holiday meal and more! On top of the hampers, our club also provided each of our sponsored schools, A.D. Rundle and Stito:s, with cheques for \$500, in order to continue to support their schools breakfast programs.

Thank you for once again opening your wallets to help those in need! We are truly a club filled with people who have a heart for others and are there to help out where they can!



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A huge thank you goes out to Cathie Sessions and Sandra Verschuur for playing such pivotal roles in helping this come to fruition each year!



(Deliveries to A.D.Rundle school)



(Deliveries to Stito:s La:lem Tot:ilt)





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Upcoming Events:

CPC Winter Tournament

Friday, Feb. 2nd – Sunday, Feb. 4th

Our next tournament is coming up quickly and many preparations are already underway. If you are hoping to play but have not gotten around to registering yet, please note that registration will close on January 19th. (Register on Pickleball brackets)

Volunteers Needed!

As always, our tournament's success depends on the wonderful members of our club that step up to help it all run smoothly! There is a volunteer sign up sheet posted on one of the stand-up boards that are out in the lobby during regular play at the Landing. There are lots of jobs and shift times to choose from and if you have any questions about what job responsibilities might be, or how you can help, you can always email me directly at kathymisaac@shaw.ca.

6 Week Winter Ladder Play (all members)

Where: The Landing

When: **January 6th – February 24th** (No Games **Feb 3rd & 17th**)

Time: 10.15am-12.15pm

Cost: Players will Fob in as usual (as per normal play) and also pay a one off \$10.00 entry fee to go toward door prizes.)

(NB: You will not see this in your Pickleball Brackets "My Schedule" until you register for it.)

To Register:

Make sure you are logged into Pickleball Brackets.

You will go to the Pickleball Brackets Home Page.

Search (with the blue 'search' button) 'Chilliwack Pickleball Club'

Scroll down to find the 'Winter Ladder League'

Click 'Register'

Click 'Details'

Click 'Register' and follow prompts.

After you register you will now see it in your "My Schedule" and can opt in 1 week in advance. If you are having problems email me at treasurer@chillpb.com and I will help get you registered.



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Mixed Winter Ladder League (for set teams of 2, one male, one female)

When will the Ladder League start & finish?

The ladder league will start on [Mon Jan 15th](#) and run for 11 weeks until [Mar 25th](#). Time, 3.30-6.00pm.

What is the cost?

Normal fob in every week.

Who can play?

The league is open to all members of all levels. The aim is for all teams to enjoy playing pickleball with other teams of a similar skill level. You must have a partner.

Do teams need to attend all 11 weeks?

No, teams do not have to commit to playing all 11 weeks but there will be a 1 place ranking penalty for missed weeks. Teams can also start mid session but will incur the 1 spot penalty for each week they missed.

Women's & Men's Winter Ladder League

When will the Ladder League start & finish?

The ladder league will start on [Tues Jan 9th](#) and run for 9 weeks until [Mar 12th](#). Time, 12.30pm-2.45pm. The Men's and Women's ladder will run separately.

What is the cost?

Normal fob in every week.

Who can play?

The league is open to all members of all levels. The aim is for all players to enjoy playing pickleball with other players of a similar skill level.

Do I need to attend all 9 weeks?

No, players do not have to commit to playing all 9 weeks but there will be a 1 place ranking penalty for missed weeks. Players can also start mid session but will incur the 1 spot penalty for each week they missed.

How does the ladder work?

- Players will be placed in groups of 4-5 with other players closest to them in ranking.
- Format is a round robin. Groups of 4 will play games to 15 win by 2. Groups of 5 will play games to 11 win by 2. One 1min timeout per team per game.
- After play is finished, players' scores are entered. The rankings are recalibrated for the next week and the top player of the group will move up and the bottom player will move down.
- If a player misses a week then they will incur a 1 spot penalty.
- After the 9 weeks are complete there will be two prizes awarded. One for the player who finishes at the top of the ladder and one for the player who has the most wins. If it happens that the Ladder Leader has the most wins then it will go to the player who has the second most wins. If there is a tie then a point differential tie breaker will be used to determine the winner.

How do I register?

- You must OPT IN on Pickleball Brackets one week in advance up to 2hrs before play commences.



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- If you cannot play then you must OPT OUT 2hrs before play commences. It is very important to arrive on time so not to delay play.

What happens when the round robin is finished?

Players may continue playing socially and mixing with other player's one court up or down. Please be considerate of all players and do not leave your court short of players.

Along with these special leagues, this month will continue to have our more regular sessions of rec, competitive, mixer, beginners, half-court, partner drills and book your own court. Once again, we would kindly ask that you make sure not to book into sessions and then not show up. Not only does this cost you 3 play credits, but it takes a spot away from another member that may have wanted to play that day, but couldn't get in, thank you. The new January schedule will be attached to the end of this newsletter and is also available on our club's website. (Please note that we were able to secure some extra time slots from the city this month, so 3 new Book Your Own court sessions were added to our original January calendar, and they will take place from 7:00-9:30 on Weds. Jan 10th, 17th, and 24th

While we are on the subject of regular session play, **please note that this month we have implemented a change for Rec. play sessions.** If you are attending a Rec. session you will be assigned a starting court, as usual, but will be asked to stay with your group for the first hour of play and rotate among your group. After the first hour is finished your host will let you know that players can then move freely about to other nets for the remaining hour and a half of play.

Way to go!

Earlier in December we had four teams participate in a very fun and successful Team Event. Thank you to the organizers and congratulations to Kirstin Stuart, Jamie Stuart, April Gardner and Chris Brown-John for taking the top spot and walking away with \$100 each!





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We also recently wrapped up our Men's and Ladies' Ladder Leagues and would like to congratulate the following members:

Nicolene Wildervanck – Top Rung of our Ladies' Ladder
Janice Carano - Most Improved of our Ladies' Ladder

Ray Dear – Top Rung of our Men's Ladder
Graham King – Most Improved of our Men's Ladder (sorry Graham didn't get a pic!!)



Congratulations also goes out to Carol Hart, Ray Hart, Jeremy Spurgeon, and Kathy Isaac for coming in First Place in their division at the MLP style Team Event put on by the Abbotsford Pickleball club last month. Elaine Vermette and Wayne Jones came in second with their team, and Jodi and Dan Vanthournout's team finished third. Congratulations to all!





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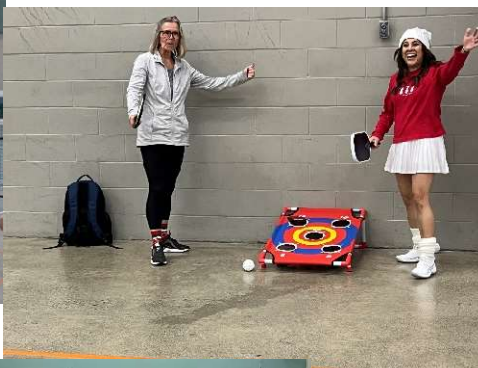
Christmas Extravaganza 2023!

Thank you to all that attended our Christmas Extravaganza event this year. Lots of great games and food were to be had, and it was so great to be able to chat and visit with other club members that we don't always see face to face on the court. A big thank you goes out to Carol Hart, and her assistant, Elf Ray, who were the masterminds behind the event, and all the fun pickleball games (...that tested both our skills, and our resilience!!) Also thank you to Santa, the executive, and the other volunteers that helped with set up/take down and running the stations. (A special thank you to Cathie Sessions and Betty Meiszner for keeping control of the score table...not an easy task!) For those of you that attended, here are a few pictures of the event, and for those of you that missed it.....hopefully we will see you out next year!!





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Sponsors

Once again, we would like to thank the following sponsors for their continued support this year and welcome some that have come on board for 2024! Make sure to check them out when you are looking for products or services in our community.

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JAN2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|---------------------------|---|--|--|-----------------------|--|
| | 01 | 02 | 03 | 04 | 05 | 06 |
| | Cancelled | 12.30-2.45pm Rec Social Play | 10.30-1.00pm Mixer | 12.30-2.45pm Skills & Drills Rec Social Play | 12.30-3.00pm Mixer | 10.15-12.15pm Winter Ladder League |
| | | 3.00-4.45pm Beginner Play | 7.00-9.30pm BYOC | 3.00-4.45pm Partner Drills | 3.15-5.45pm BYOC | |
| | | | | 7.00-9.30pm Mixer | | |
| 07 | 08 | 09 | 10 | 11 | 12 | 13 |
| | 10.30-1.00pm Mixer | 12.30-2.45pm Men's & Women's Ladders | 10.30-1.00pm Rec Social Play & Competitive | 12.30-2.45pm Skills & Drills Rec Social Play | 12.30-3.00pm Mixer | 10.15-12.15pm Winter Ladder League |
| | 1.00-6.00pm Team Event | 3.00-4.45pm BYOC | 7.00-9.30pm BYOC | 3.00-5.00pm Half Court | 3.15-5.45pm BYOC | |



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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|---|---|--|--|--|--|----|
| 10.30-1.00pm Rec Social & Competitive 1.15-3.15pm Partner Drills 3.30-6.00pm Mixed Ladder | 12.30-2.45pm Men's & Women's Ladders 3.00-4.45pm Beginner Play | 10.30-1.00pm Mixer 7.00-9.30pm BYOC | 12.30-2.45pm Skills & Drills Rec Social Play 3.00-5.00pm Half Court Singles | 12.30-3.00pm Mixer 3.15-5.45pm BYOC | 10.15-12.15pm Winter Ladder League | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 10.30-1.00pm Mixer 1.15-3.15pm Partner Drills 3.30-6.00pm Mixed Ladder | Cancelled | 10.30-1.00pm Mixer 7.00-9.30pm BYOC | 12.30-2.45pm Skills & Drills Rec Social Play 3.00-5.00pm Half Court Singles | 12.30-3.00pm Rec Social & Competitive 3.15-5.45pm BYOC | 10.15-12.15pm Winter Ladder League | |
| 28 | 29 | 30 | 31 | | | |
| 10.30-1.00pm Rec Social & Competitive 1.15-3.15pm Partner Drills 3.30-6.00pm Mixed Ladder | 12.30-2.45pm Men's & Women's Ladders 3.00-4.45pm Beginner Play | 10.30-1.00pm Mixer | | | | |