



# The Kitchen Line...

April 2023

By Pickleball Manitoba Inc

## Manitoba Provincial Pickleball Tournament

**Dates** - May 31 to June 3, 2023

**Location** - Dakota Field House, Winnipeg

**Events** - Mixed doubles, women's doubles, men's doubles and singles

**Age categories** - under 50, 50 to 59, 60 to 69, 70 and over

**Skill levels** - 3.0, 3.5, 4.0 and 4.5

**Early-Bird** - \$50 player registration for tournament plus \$20 per event

This is a Tier II sanctioned tournament by Pickleball Canada. All players must be a member of Pickleball Canada to compete in this tournament. The Manitoba Provincial Tournament is open to Manitoba residents only in the 3.0, 3.5 and 4.0 skill levels. The 4.5 and above skill level is open to all Pickleball Canada members.

Dates are subject to change and events may be merged or split depending upon player registrations.

Additional information provided on [Pickleball Manitoba website](https://www.PickleballManitoba.ca) and [Pickleball Brackets](#).



## MORE ABOUT MEMBERSHIP BENEFITS

We're taking this prime opportunity to brag about some of the membership benefits and in doing so, we hope you will be reminded of the value of renewing your membership! We want you to safely and confidently continue your love affair with pickleball! You probably already know these details, but as a member:

- you benefit from knowing that the sport injury insurance offered through PCO is invaluable. Members are automatically enrolled and it applies to sanctioned, non-sanctioned, club or inter-club play when using appropriate facilities.\*
- you contribute to the numbers! Government at all levels, make decisions based on numbers. If you are part of the numbers, you are helping enhance facilities and availability of venues for our sport across the province.
- you keep active, stay social and maintain better health. This sport can be played to enhance your ability to play or ability to socialize. Either way, you can find a group who is working on the same skill.
- you have access to accredited facilitators. There are many skilled players, but only when they have invested time to become accredited facilitators, can you be confident that they have the appropriate credentials to be teaching you. We're proud of these folks who are growing the sport.
- you receive the PMI newsletter in your email where we share local stories and achievements, as well as some learn-to-play events and more.
- you are able to enter into sanctioned tournaments across Canada, including the Manitoba Provincial Tournament slated for May 31-June 3 2023. If you will be entering any of these tournaments, might as well be insured all year long.
- you can continue - when competition or recreational playing is no longer the goal - by taking facilitator courses or referee officiating courses. These courses will ensure you can still contribute to and participate in, the sport.

Renewing or signing up is as easy as going to [www.PickleballManitoba.ca](https://www.PickleballManitoba.ca) You may be thanked one day, if you forward this recap, onto other folks who play pickleball, but don't have sport injury through Pickleball Canada. Heck, although our pickleball average age in Manitoba is getting younger, seniors who play the sport are excited to know that sport injury is even a 'thing' to consider!! Yay!! Staying active is something to celebrate, right??!!

\*Disclaimer: All policies have many intricacies, so navigate to [here](#) for specific exclusions/benefits and read [here](#) for methods in which to avoid sport injuries. One simple way to avoid eye injury is adding eye protection to your arsenal, but other reminders about stretching and not over-doing are included.

**BATTLE OF THE PADDLES** That's a wrap for the 2nd annual event held March 11th at the Healthy Living Centre (HLC). A great tournament with some amazing pickleball for all levels. The time and hard work of the many volunteers made the tournament so much easier to run. It was not a great day outside but was a wonderful day for some pickleball. Congrats to all the participants. Watch for this tournament to provide some more competition again in 2024. Winners are listed and pictured on Page 2 (Missing: Men 3.5) >>>>





## **\*\*SPORT INJURY\*\*** Loving the Assurance of Insurance...

There are many reasons to join Pickleball Manitoba, not the least of which is that, as a member of Pickleball Manitoba, you are insured for expenses incurred from injuries. Here's one experience of a member who, unexpectedly, was in a position to take advantage of the insurance provided through Pickleball Manitoba / Pickleball Canada membership!

*"On June 7, 2022, while playing in the Manitoba 55+ Games, I unfortunately broke my ankle. I was seen at the Selkirk Hospital Emergency room. I received great care there, and was sent on my way to rehab with both crutches and a support boot. Additionally, I really had no choice but to rent a motorized wheelchair, in order to get around town.*

*After contacting Pickleball Canada about my injury, I was sent a claim form to complete. I submitted this form, along with a copy of the emergency room report. My claim was approved soon after they received it. Although Manitoba Health covered the cost of the support boot, our sport injury insurance, paid for both the crutches and the cost of the wheelchair rental. Then they also provided an additional \$250 to cover incidental expenses.*

*The whole process took about 2 months—with no questions asked. It was a very straight-forward process! I was impressed with the response time in processing my claim and was really relieved to be getting the assistance. Regardless of where you play, or who you play with, I would highly recommend purchasing a membership to anyone playing across Canada, because having the sports injury insurance was well worth the fee. The entire pickleball community, regardless of whether they are in a specific club or just playing drop-in at any venue, should really consider getting enrolled. Even if you never use it, and we always hope that is the case, it is worth the peace of mind to know that you are covered."* Marnie Heath

In addition to the injury coverage, most facilities have liability insurance, but that's not the same as your own personal sport injury insurance. Many facilities across Canada require some form of personal insurance to play at their site. Know anyone who isn't a member but should be? Send them the link - [www.pickleballmanitoba.ca](http://www.pickleballmanitoba.ca)



## **BATTLE of the PADDLES**

(.... cont'd)



### **Ladies Doubles**

G- Connie Hunter/  
Charlyne Wiseman  
S- Jody Carkener/ Christine Machado  
B- Ling Jin/Marilyn Hardy

### **Men's Doubles 3.5 & Below**

G-Gerry Rocan/Nikkos Zorzos  
S- Blair Zurba/Dion Wiseman  
B- Serge Decoeur/  
Bob Nickel

### **Mixed Doubles 3.5 & below**

**Pool A** G-Christos Zorzos/Ling Jin  
S- Dean Bouvier/Heather Forsyth  
B-Marilyn Hardy/Bob Nickel

### **Pool B** G-Gerry Rocan/Connie Hunter

S-Dion Wiseman/Jody Carkener  
B-Nikkos Zorzos/Charlyne Wiseman

### **Consolation Doubles 3.5 & Below**

G-Clint Cox/Marlyne Campbell

S-Barb Verboom/Patty Lawson

B-Val Walter/Therese Wood

### **Men's Doubles 3.5 & Above**

G-Troy Thomson/Cody Davis

S-Gerry Beaudette/Art Dornn

B- Peter Wing/Greg Little



### **Consolation 3.5+**

G-Neil Graham/Alan Armstrong

### **Men's Doubles 4.0 +**

G-John Regan/Kem Wong  
S-Jason Curtis/Claude Pellerin  
B-Terry Browett/Daniel Yeo

### **Consolation 4.0+**

G-Warren Carkener/Craig Zamzow

### **Ladies 3.5+**

G-Erin Yang/Tu Dao  
S-Jackie Jacobsen/Maureen Bonar  
B-Helen Nantais/Sue Armstrong

### **Mixed Doubles 3.5+**

G-Gerry Beaudette/Jackie Jacobsen  
S-Daniel Yeo/Nancy Payne  
B-Alan Armstrong/Sue Armstrong

### **Mixed Doubles 4.0+**

G-Kem Wong/Erin Yang  
S-Jason Curtis/Christine Curtis  
B-John Regan/Tu Dao





# Pickleball Manitoba Inc

## A REFEREE STARTER SESSION!

Alan Thomson, our National Leader of Officiating was asked to give some prospective referees, a leg-up in the first steps of refereeing and he got right to it. He hosted two Zoom webinars! No cost and no obligation was the premise and 19 Manitobans signed up to dip their toes into refereeing! You can find more on that program here: <https://pickleballcanada.org/officiating/officiating-program/>

Session one focused on the score sheet and marking it correctly. Session two covered referee conduct, on court situations, uncommon on-court situations, working with line judges.

Paul Aquin, our newly minted Referee Training Coordinator (Central Region) is in charge of ensuring anyone who is interested in continuing the refereeing journey, gets the opportunity to practice at any number of facilities throughout the province, to get in some much needed experience.



As we've reported previously, we'll need referees for both the Provincial Tournament in May/June 2023 (see page 1 & below) and a few more to be ready for the Westerns being held in 2025! Officiating is an important component of sport growth, and as the sport of pickleball snowballs in growth, in Canada, we need more referees to officiate at tournaments.

Referees ensure consistent application of the rules of pickleball and enhance the tournament experience for the players. We congratulate those who took the first steps and we look forward to nurturing and developing our next class of referees, into the world of officiating!

Contact Paul @ [1pickleballmb@gmail.com](mailto:1pickleballmb@gmail.com) — if you are playing in a facility that might be interested in a newbie official coming to sharpen their chops!!! He'll make the arrangements. See more from Ref Paul on page 5, about the 2023 rule changes.

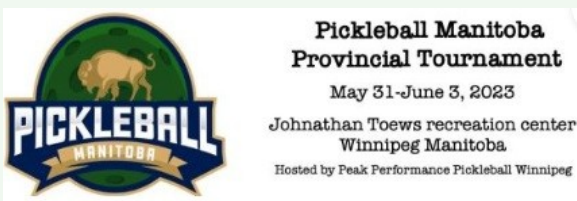
## VOLUNTEERS ARE NEEDED:

Both the Provincial Pickleball Tournament and the World Police & Fire Games are looking for volunteers, both for meeting/greeting folks, as well as officiating.

If you are interested in sharing your skill and enthusiasm for pickleball players and games, they are looking for you!

<https://pickleballbrackets.com/> (search for Manitoba)

[www.wpfg2023.com/volunteer](http://www.wpfg2023.com/volunteer)



Disclaimer: Please contact us [1pickleballmb@gmail.com](mailto:1pickleballmb@gmail.com) to report any errors or omissions. We apologize for any inconvenience and we commit to posting timely corrections that are brought to our attention, on our FB page. Like & Follow us, to ensure you get those notifications.

## LEARN TO PLAY



Pickleball Manitoba Inc (PMI) was awarded a grant to run Learn-to-Play and Skill based clinics. As a result, our current President, and one of our [National Coaching Certification Program \(NCCP\)](#) certified coach Rose Sawatzky, has been really, really busy using up grant money with these clinics in Winnipeg and surrounding areas. Take a peak at many of the students on Page 4 >>>

Outside of the grant parameters, another of our certified instructors, Jackie Jacobsen, has been busy providing both types of clinics for the Healthy Living Centre facility out in Brandon.

## PMI JACKETS



You'll see some great looking Stormtech jackets in your midst, in the next few months. There was an order for ombre-style jackets in both red and blue. If you're interested in order-



ing, keep your eyes peeled for next order details!

**IN OTHER NEWS....** Congrats to our two Canadian boys, Dave Goertzen and Steve Cable for winning the men's 60+ open event over in Thailand!





## Pickleball Manitoba Inc



**THE MANY (but not all) STUDENTS of  
Rose's LEARN TO PLAY AND SKILLS  
COURSES held at Linden Woods Commu-  
nity Centre.**



## YOU MAKE THE CALL - By Ref Paul

This years rule changes are among the fewest and least significant seen in the last few years.

The following are the more significant of the 2023 rules changes.

### Apparel (2.G.1/2.G.4)

Inappropriate apparel may now include apparel that approximates the colour of the tournament ball. Section 1 encourages players to avoid wearing apparel that approximates the colour of the ball. The Tournament Director retains the right to require an apparel change during a non-chargeable time-out.

### Spin Serve (4.A.5.e/4.A.7.c)

Spin serves of any type are NOT allowed. Some natural rotation of the ball when it is released is allowable, but the server must NOT impart manipulation or spin prior to striking the ball to serve. This applies to the volley serve and the drop serve.

### Replay or Fault on the Serve (4.A.6/4.A.8)

The Referee has the authority to immediately stop play and order a replay if the Referee is not certain that one or more required elements of a serve have been met. The Referee will call an immediate fault if a serve clearly violates one or more of the requirements. The intent is to induce players to adjust their serve so that it clearly and obviously meets all requirement.

### Player Questions about Correct Server, Receiver or Position. (4.B.8)

Player questions about correct server, receiver or position remain allowed before the serve is hit. A generic question by the server such as "Am I good?" is considered to encapsulate both the correct server question and the correct position question, and the Referee will answer both questions. In non-officiated play, a player may ask the opponents the same questions and the opponents must respond with the appropriate information.

### Wrong Score Called (4.K)

If the wrong score is called, the Referee or any player may stop play before the return of serve to correct the score. It is a fault to stop play after the return of a serve to identify or ask for a score correction. It is a fault to stop play to identify or ask for a score correction when the score was correctly called.

### Equipment Time-Out (10.D)

Players are not required to use a regular time-out for equipment adjustments or changes necessary for fair and safe continuation of the match. The Referee will call an equipment time-out of a reasonable duration.

You can find all of the 2023 rules changes on the 'Pickleball Canada' or the USAPA websites.

As the newly appointed Referee training coordinator (RTC) for Pickleball Canada's Central region we are looking to invite individuals to become trained referees. Manitoba currently has the fewest accredited Referees in Canada. With the upcoming sanctioned tournaments being held in Manitoba (Manitoba Provincial Championship, The Western Canadian Championships in 2025) we need to build a base of referees. I have found being a Referee very rewarding. Pickleball has had a positive impact on my life. Refereeing allows me to give back to the sport of Pickleball. I hope some of you feel the same way I do about the game and will also choose to become referees. The Referee trainer for Manitoba will be posting more information in the upcoming months on what it takes to become an accredited Referee, and how to sign up for the training.

Thank You

Paul Aquin  
Pickleball Canada  
RTC Central Region,

