

Club Rating Skills Assessment 4.0 Players

Name: _____ SelfRating: _____ Date: _____ Shirt colour: _____

Email: _____ Ph.# _____ Club: _____ Shoe colour: _____

4.0 Skill level - also possess most/all of 3.5 skills Paddle brand/colour: _____

MINIMUM SCORE REQUIRED TO ACHIEVE 4.0 RATING = 35 (54 FOR 4.5) 1 2 3

Placing serves and returns deep into the court **CONSISTENTLY**

Able to play with partners effectively

keeps ball in play and avoids hitting out balls

Demonstrates a wide variety of shots with some **CONSISTENCY**

Uses slower paced shots vs faster paced shots to their advantage

Able to create coverage gaps and then hit to these gaps

Sustains a short volley session at the net with some placement and control

Initiates and maintains a sustained dink exchange at the net

Utilizes a slow paced ball (soft shot) to approach the net (3rd shot)

Able to adjust to differing ball speeds **CONSISTENTLY**

Hits overheads with control

utilizes a drop volley at the net with direction and control

mobility and hand-eye coordination

CONSISTENTLY delivers unattackable balls

Can punch volley with control of direction

Dinking with a purpose...being patient vs being aggressive

executes put away when the ball is attackable

chooses drive or drop shot appropriately

maintains competitive play with like-skilled players on the court

Rater's sign: _____ Club rating: _____ **TOTAL**

*Players agree for club to share results with other Edmonton area clubs upon request

X- not observed 1-below expected level 2-meets requirements for expected level 3-exceeds expected level