



IPTPA Skill Assessment

2.0 Players

2.0 Skill level

- Knows the basic rules including two bounce rule, scoring and player position relative to scoring
- Demonstrates basic pendulum swing on the forehand & backhand side
- Demonstrates dinks down the line forehand & backhand
- Demonstrates dinks cross court forehand & backhand
- Demonstrates proper ready position
- Demonstrates punch volley
- Demonstrates proper sideways turn, arm positioning and backward movement for overhead
- Demonstrates an overhead
- Knows where to stand as the serve team and the return team
- Demonstrates proper side step movement while being balanced
- Has good mobility and can move forward in a safe and balanced manner
- Developing eye-hand coordination
- Demonstrates a forehand ground stroke swing low to high and striking the ball off front foot
- Demonstrates a backhand ground stroke swing low to high and striking the ball off front foot
- Demonstrates a serve
- Demonstrates return of serve

Skill Testing Requirement: Dinks

- Forehand down the line 4/10
- Forehand cross court 4/10
- Backhand down the line 4/10
- Backhand cross court 4/10

Skill Testing Requirement: Volleys

- Forehand Punch Volley 4/10
- Backhand Punch Volley 4/10

Skill Testing Requirement: Serves

- Deuce Court 4/10
- Ad Court 4/10

Skill Testing Requirement: Return of serves

- Deuce Court 4/10
- Ad Court 4/10

15 minutes of match play consists of dink game for evaluation with the CRS feeding the ball to start each point

15 minutes of regular match play for evaluation on short court 6 feet in