



THE INSIDER

Newsletter # 51
July 2020

1. Return to Play Update

Pickleball Regina's Plan for Return to Organized Pickleball was created June 16, 2020 with the intention of minimizing the risk of transmission of COVID-19. It followed the current guidelines published by the Government of Saskatchewan and Pickleball Canada. Since then, the Saskatchewan Health Authority and other Sports Associations have reviewed and updated their plans for activities during the COVID-19 pandemic. Pickleball Regina has also reviewed our Plan for Return to Organized Pickleball and effective July 8, **removed the restriction on participation following out of province travel**. The restriction on participation following out of Canada travel for 14 days remains in effect. See the updated [Plan](#).

2. Outdoor Schedule Changes

Pickleball Regina's schedule for outdoor play has been revised to change Sunday evening to Open Team play and to change the Tuesday 8 a.m. session to 3.5+ play. Full Court Singles will be introduced on Wednesday evening at Mahon Courts. These changes were made to better utilize the courts.

Court Vacancies during scheduled play

Participants in PRI's summer program(s) will be allowed to use vacant courts during scheduled play under the following conditions:

- o Ask the Host for permission
- o Do not mix-in or disrupt the organized session
- o Sign the attendance sheet (legibly) in case contact tracing is required
- o Must use hand sanitizer and PRI sanitized balls

- o Must follow all conditions outlined in PRI's Plan for Return to Organized Pickleball (e.g. leave chairs & bags outside the court, maintain physical distance, etc.)

PICKLEBALL REGINA INC. SUMMER PROGRAMS - 2020

Douglas Park (DP) Courts - Canada Games Athletic Complex, Wascana Park

PLAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM							
8:00 AM	Open 2.5		Beginners & Recreational		Open 3.0		Open 3.5+
9:00 AM							
10:00 - 10:15							
10:15 AM							
11:00 AM	Open 3.0		Team Level Play (C&C)		Open 2.5		Beginners & Recreational
Once Registered In the Summer Outdoor Program, players will receive a weekly invitation to sign up for the sessions they plan to participate in.							
6:30 PM							
7:30 PM		Team Level Play (C&C)		Open 3.5+		"B" Shootout (C&C)	
8:30 PM							

Mahon (MH) Courts - 130 Brotherton Ave.

PLAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM							
8:00 AM		Open 3.5+		Open 2.5		"C" Shootout (C&C)	
9:00 AM							
10:00 - 10:15							
10:15 AM							
11:00 AM		Open 2.5		Open 3.0		"A" Shootout (C&C)	
Once Registered In the Summer Outdoor Program, players will receive a weekly invitation to sign up for the sessions they plan to participate in.							
6:30 PM							
7:30 PM	Open 3.5+		Open Full Court Singles		Beginners & Recreational		Open Team
8:30 PM							

INDOORS - Evraz Place (closed sessions)

Beginners & Recreational	3.0 Bootcamp	2.5 Bootcamp	
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Legend: Shootout - session and court assignments are based on player C&C rating. Two sets of games are played and players move up/down based on results. Must arrive 10 minutes early!
 Level Play - Start at your estimated skill level. Move up/down and split based on your wins/losses.
 Team Level Play - sign up and play with same partner for all your games. Start at your avg C&C. Move up/down based on wins/losses.
 Open - modified Open Play sessions, players will have the option of playing with one partner during the entire session. At least one of the partners must be of the designated skill level. Singles play is also an option as is playing with a variety of doubles partners.
 Choose according to your risk tolerance.
 Beginners & Recreational - time slot where new players will be introduced to pickleball (must pre-register). And where players not ready for more competitive play will have the opportunity to develop their skills. Mentors available for most sessions.
 C&C - wins/losses will be entered into the Clique & Club ratings program
 Open Full Court Singles - all skill levels, use level play format to move up and down courts. Strenuous. Rest time built into schedule.

7/15/2020

3. Training:

Pickleball Regina welcomes new players!

Introduction to Pickleball lessons are now being provided. If you know someone who would like to learn to play, they can email training@pickleballregina.ca

If you have already joined Pickleball Regina Inc. and registered for PRI's summer program, there is no charge for the lesson. If you haven't registered for the summer program, there is a \$10 facility fee. After completing a two-hour introductory lesson, registered players can participate in our summer programs with other new players in mentored sessions until you are ready to move on the next level.

Boot Camp

Two very enthusiastic groups of PRI members are participating in skills Boot Camps indoors at Evraz. Over the five-week period of 'camp', participants will work in small groups to refine their skills and take their game to the next level. There is a committed group of volunteer instructors working under the direction of Lonnie Dynna to provide this program. Thanks Lonnie and team!

External Resources

It is hard to remember sometimes, that we are still living in a pandemic situation. But, we do get reminded. For example, when the Saskatchewan COVID-19 Business Unit was contacted regarding whether or not it would be okay to bring out of province coaches into Saskatchewan. The message back on July 8 was "This would not be considered essential travel. You will note recent cases connected to out of province travel, so this would not be recommended."

As a Board, we must also take heed of Pickleball Canada's published statement: **"Please note that pickleball play in contravention of local, provincial or federal laws or regulations is not an Authorized Activity and consequently is not covered by Pickleball Canada insurance."**

So, Pickleball Regina's plans to bring in the likes of Steve Deakin, Charles Neufeld and Mark Renneson to Regina are all on hold until inter-provincial travel is unrestricted.

We need to be patient and just be thankful that the situation in Saskatchewan has improved to the point that we are able to enjoy our sport as much as we currently are.

Note – the members who volunteer their time to provide new learner instruction and boot camp coaching have all completed the International Pickleball Teaching Professional Association 'Train the Trainer' course. The majority have also either completed or are in the process of completing the Sask Sport 'Respect in Sport' course. This course entitles them to be recognized as Coaches in the Province of Saskatchewan and nationally.

4. Mark your Calendars- 2021 Tournaments

a) Saskatchewan Provincial Championship

Saskatoon Pickleball Inc. has been awarded the hosting of the 2021 Pickleball Saskatchewan Provincial Tournament. The dates are **June 5 and 6, 2021**.

b) Western Canadian Regional Championship

The inaugural Western Canadian Regional Pickleball Championship has been rescheduled to **July 23 to 25, 2021** at The International Trade Centre, Regina, SK. Many of our sponsors have shown incredible support by continuing their commitment to the tournament in 2021.

c) Canadian National Championship

The Red Deer Pickleball Club is excited and proud to host the Pickleball Canada National Championship 2021. The dates are **August 11th - 15, 2021**.

5. Looking Ahead – 2019-20 Annual General Meeting

With the pandemic continuing, PRI is considering holding a virtual AGM in October to replace the in-person meeting. The Board has approved a temporary amendment to the PRI bylaws to accommodate this option. Watch for specific details and timing in future newsletters.

6. Membership

- a) RENEWAL - Remember to renew your membership when notified so that your Sport Accident insurance remains in force and to be able to receive invitations to register for organized play and training opportunities when offered.
- b) PROFILE UPDATE – Please review your profile on www.pickleballcanada.org and update with current information - especially **emergency contact** information. Contact membership@pickleballregina.ca if you have questions or need assistance.

Thanks for your continued support!

Your 2019 - 2020 Board of Directors,

President - Karen Rust

Vice-President - Reg Lakness

Treasurer - Murray Cook

Secretary - Michelle Askew

Directors at Large - Allan Carpentier, Barry Thuen, Leslie Kingston, Donna Loran,
Shelley Serle, Randy Dove and Doug Olson.

Have a comment, notice or need information?

Contact us at: pickleballreginainc@gmail.com

Learn, Play, And Grow Together!

August 10, 2020 is National Pickleball Day!

