



THE INSIDER

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PLAY SAFE:

CHANGING EXPECTATIONS

PLAN FOR RETURN TO ORGANIZED PICKLEBALL

Now that the Federal, Provincial and City governments allow pickleball organized play, Pickleball Regina Inc. will do everything possible to create a safe environment. However, risk cannot be completely eliminated. Ultimately, it will be up to the player to decide if they want to accept the risks associated with playing.

TYPES of PLAY in *perceived* order of Risk:

Play singles against a partner who is your family member or others who live in your household or with individuals who are considered to be low risk.

Play doubles with a partner who is your family member or who lives in your household or with an individual who is considered to be low risk. Playing against individuals outside of your household adds additional risk.

Playing in traditional social (i.e. Open Play & Round Robin) or competitive (i.e. Shootout) events carry extra risk as you play with multiple partners during the session.

SUMMER 2020 ORGANIZED PLAY:

- Two volunteer hosts will be present at each session to remind of and reinforce the rules of safe play.
- Registration and payment for the summer term will be handled on-line.
- The online Sign Up Genius tool will be used to manage the number of participants in sessions within the maximum gathering limits according to the public health order.
- The lists of participants in sessions will be retained in case required for contact tracing.
- A 15 minute buffer between sessions will promote physical distancing and allow for disinfection of surfaces. Participants in the second session will be asked to wait outside the fence until participants in the first session have left the courts.
- All players should leave the facility immediately after play, observing physical distancing.
- To facilitate timely entry/exit of the courts, players are encouraged to bring only their paddle and water bottle onto the courts. Any chairs and bags must be left outside the court; two metres apart.
- Drop-in play will not be allowed.
- Round Robins have been replaced with modified Open Play sessions where members will have the option of playing with one partner rather than several. At least one of the partners must be of the designated skill level. Singles play is also an option during modified Open Play.
- The need to maintain physical distance of at least two metres will be stressed.
- Congratulatory gestures and deliberate contact will not be permitted.

SANITATION:

- Hand sanitizer will be provided during organized play sessions. Players are expected to use it before and after each game.
- Cleaning products will be available for paddles, benches and other high touch surfaces. Players will provide and wipe down their own equipment. Hosts will wipe down common surfaces. No sharing of equipment, water bottles, etc.
- Balls will be sanitized between games.
- If a ball from another court rolls into your court, carefully send it back with your foot or with your paddle.
- Benches may not be used by more than one person or couple from a household group due to physically distancing rules.
- Spectators are discouraged and must remain outside the courts with physical distancing maintained.
- The portable toilet at the Mahon courts will be locked unless needed to be accessed during organized play. Every individual who uses the toilet will be provided with cleaning supplies to wipe contacted surfaces down before and after use. Hand sanitizer will also be available in the portable toilet

DO NOT PLAY IF YOU:

Are exhibiting any symptoms of the Coronavirus: mild to severe respiratory illness with fever, cough and difficulty breathing, or other symptoms identified by the CDC.

Have been in contact with someone with COVID-19 in the last 14 days.

Have been out of the province in the last 14 days.

Are a vulnerable individual who is an elderly or an individual with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma and those whose

immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

More information on safely Returning to Pickleball Play is available on the Pickleball Canada website:

https://pickleballcanada.org/covid_may_2020.php

Remember to renew your Pickleball Regina membership when notified so your Sport Accident insurance remains in force and you will be invited to register for organized play and training opportunities when offered later this summer!

PICKLEBALL REGINA INC. SUMMER PROGRAMS - 2020

Douglas Park (DP) Courts - Canada Games Athletic Complex, Wascana Park

PLAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM							
8:00 AM	Open 2.5		Beginners & Recreational		Open 3.0		Open 3.5+
9:00 AM							
10:00 - 10:15							
10:15 AM			Team Level Play (C&C)		Open 2.5		Beginners & Recreational
11:00 AM	Open 3.0						
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:30 PM		Team Level Play (C&C)		Open 3.5+		"B" Shootout (C&C)	
7:30 PM							
8:30 PM							

Mahon (MH) Courts - 130 Brotherton Ave.

PLAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM							
8:00 AM		Open 3.0		Open 2.5		"C" Shootout (C&C)	
9:00 AM							
10:00 - 10:15							
10:15 AM		Open 2.5		Open 3.0		"A" Shootout (C&C)	
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:30 PM	Open 3.5+		Open 3.0		Beginners & Recreational		Open 2.5
7:30 PM							
8:30 PM							

Legend: Shootout = session and court assignments are based on player C&C rating. Two sets of games are played and players move up/down based on results. Must arrive 10 minutes early!
 Level Play = Start at your average C&C level. Move up/down and split based on your wins/losses.
 Team Level Play = sign up and play with same partner for all your games. Start at your avg C&C. Move up/down based on wins/losses.
 Open = modified Open Play sessions, players will have the option of playing with one partner during the entire session. At least one of the partners must be of the designated skill level. Singles play is also an option as is playing with a variety of doubles partners.
 Choose according to your risk tolerance.
 Beginners & Recreational = time slot where new players will be introduced to pickleball (must pre-register). And where players not ready for more competitive play will have the opportunity to develop their skills.
 C&C = wins/losses will be entered into the Clique & Club ratings program

In Order to Register to take part in PRI's Summer program, click here: [HERE](#)

Thanks for your continued support!

Your 2019 - 2020 Board of Directors,

President - Karen Rust

Vice-President - Reg Lakness

Treasurer - Murray Cook

Secretary - Michelle Askew

Directors at Large - Allan Carpentier, Barry Thuen, Leslie Kingston,
Donna Loran, Shelley Serle, Randy Dove and Doug Olson.

Have a comment, notice or need information?

Contact us at: pickleballreginainc@gmail.com

Learn, Play, Grow Together!

