

Skill Assessment for 4.5 Players

Name: _____ Self-Rating: _____ Date: _____

Email: _____ Cell Phone: _____ #Games Observed: _____

Weather Conditions: _____

To be filled out by the Rating Team:

4.5 Skill Level – should ALSO possess all 4.0 Skills

| | 0 | 1 | 2 | 3 |
|---|---|---|---|---|
| Consistently controls and places serve s and return of serve s | | | | |
| Serve s with power accuracy and depth and can vary speed and spin of serve | | | | |
| Consistent and dependable forehand groundstroke using pace and depth to generate opponent's error to set up next shot | | | | |
| Can effectively/consistently direct the ball with the backhand , varying depth and pace | | | | |
| Ability to place dink with high success at changing shot types while playing both consistently and with offensive intent | | | | |
| Recognizes and attempts to hit attackable dinks | | | | |
| Consistently executes effective 3rd shot strategies that are not easily returned | | | | |
| Able to intentionally and consistently place the 3rd shot drop | | | | |
| Able to block hard volleys directed at them and consistently drop them in NVZ | | | | |
| Comfortable hitting swinging volleys and hits overhead shots consistently as putaways | | | | |
| Poaches effectively | | | | |
| Has effective lobs and creates coverage gaps and hits to these gaps consistently | | | | |
| Has good footwork and moves laterally, forward and backward well | | | | |
| Very comfortable playing at the NVZ | | | | |
| Communicates and moves well with partner – easily "stacks" court positions | | | | |
| Understands strategy and can adjust style of play and game plan according to the opponent's strengths and weaknesses and court position | | | | |
| Limited number of unforced errors | | | | |
| Has good mobility / quickness | | | | |
| Has good hand-eye coordination | | | | |

Server Requirement – 10 out of 10 (100%)

| | YES | NO |
|--------------------|-----|----|
| Service Good | | |
| Service Foot Fault | | |

Server Return Requirement – 10 out of 10 (100%)

| | YES | NO |
|---------------|-----|----|
| Good Forehand | | |
| Good Backhand | | |

Volley Requirement – 10 out of 10 (100%)

| | YES | NO |
|-----------------------------|-----|----|
| Good Forehand | | |
| Good Backhand | | |
| Non-Volley Zone foot faults | | |

*- If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Sign: _____ **Actual Skill Level:** _____ **Player's Sign:** _____

Ledger: 0 = Not observed or not able to execute, 1 = attempted but very poorly executed/needs work, 2 = good basic form, but needs work, 3 = solid, consistent performance