

Skill Assessment for 4.0 Players

[Has accomplished getting 90% of their serves in and with depth and placement, demonstrates stroke dependability with direction on most medium and fast paced balls, using a wide variety of specialty shots including the lob, overhead, dink, and “soft shot” with consistency, when to use the soft shots versus power shots to their advantage, improved court coverage and communication with partner, and is able to sustain a “dink” exchange at the net ~ 3.5]

Name: _____ Self-Rating: _____ Date: _____

Email: _____ Cell Phone: _____

To be filled out by the Rating Team:

4.0 Skill Level – Should Possess Most/All of These Skills

	YES	NO
Consistent and dependable forehand and backhand groundstrokes, including directional control, depth and placement		
Consistent and dependable volleys and overheads, including directional control, depth and placement		
Reliable serves, lobs, overheads, approach shots and volleys and can use spin shots with some success		
Controls and places both the serve and the return and can occasionally force errors when serving		
Utilizes both forehand and backhand lobs, striving to employ lobs from anywhere on the court. Has good accuracy in placing lobs		
Can block strong volleys directed at them at the non-volley line or elsewhere, and can place their volleys with a good degree of accuracy		
Hits overheads consistently “in”, often with velocity and placement, and developing the ability to return overheads hit at their feet		
Fair to good ability to change from a soft shot strategy to a hard shot strategy during any given rally or vice versa		
Can handle speed on shots without over-hitting or hitting out-of-bounds		
Comfortable playing the non-volley line with their partner to control the line by keeping their opponents back, driving them off the line, or controlling the speed or placement of the ball		
Uses the strategy of “dinking”, employs it regularly, can sustain a “dinking” session until receipt of a “put away” shot, and succeeds in ending the rally		
Consistently makes drop-shots (soft shots) successfully from $\frac{3}{4}$ court and frequently from the baseline as their way of gaining control of the net		
Usually recognizes and exploits the weaknesses in their opponent’s game		
Moves effectively with a partner and easily switches courts to cover partner’s side when required		
Developing their use of spin on a variety of shots		
Maintains patience in rallies		
Has Good Mobility *		
Has Good Quickness *		
Has Good Hand-Eye Coordination *		

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Service Requirement – 9 out of 10		
	YES	NO
Service Good		
Service Foot faults		

Volley Requirement – 9 out of 10		
	YES	NO
Backhand		
Forehand		
Non-Volley Line Foot faults		
Non-Volley Zone Faults		

Service Return Requirement – 9 out of 10		
	YES	NO
Good Forehand		
Good Backhand		

* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Sign: _____ Actual Skill Level: _____ Player's Sign: _____