

## Skill Assessment for 3.5 Players

[Maintains getting 80% of their serves in and with some depth, and placement, developing more consistent forehand and backhand groundstrokes on medium-paced balls, using a forehand lob with some success, moving to the non-volley line quickly after the return of serve, sustains a short volley session at the net using forehand and backhand volleys, and is developing a sustained “dink” exchange at the net ~ 3.0]

Name: \_\_\_\_\_ Self-Rating: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**To be filled out by the Rating Team:**

### 3.5 Skill Level – Should Possess Most/All of These Skills

	YES	NO
Demonstrates stroke dependability with directional control on most medium-paced and some fast-paced balls		
Demonstrates control on backhand groundstrokes when hitting for direction, depth, and power		
Demonstrates control on forehand groundstrokes when hitting for direction, depth, and power		
Developing a wide variety of shots including the lob, the overhead, the “soft shot” and the dink with some consistency		
Learning when to use soft shots versus power shots to their advantage		
Developing consistency on shot placement		
Able to play with partners effectively, with good communication and good team coverage of the court		
Regularly serves deep and returning the serve deep		
Approaches the non-volley line quickly rather than staying back		
Sustains a short volley session at the net		
Exhibits correct court positioning for doubles and how to “move as a team”		
Developing a backhand lob		
Developing more power in their shots and able to return a ball with power		
Developing a sustained “dink” exchange at the net		
Attempting to hit a “soft shot” as the serve team		
Able to adjust to differing ball speeds consistently		
Has Good Mobility *		
Has Good Quickness *		
Has Good Hand-Eye Coordination *		

Service Requirement – 8 out of 10		
	YES	NO
Service Good		
Service Foot-faults		

Service Return Requirement – 8 out of 10		
	YES	NO
Good Forehand		
Good Backhand		

Volley Requirement – 8 out of 10		
	YES	NO
Backhand		
Forehand		
Non-Volley Line Foot-faults		
Non-Volley Zone Faults		

\* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Signature \_\_\_\_\_ Actual Skill Level \_\_\_\_\_ Player's Signature \_\_\_\_\_