



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

Athletics Manitoba Open

Friday, January 17th, 2014

6:00 pm

Max Bell Fieldhouse, University of Manitoba

Tentative Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

Track

6:00 pm	60m	Open Men
6:25 pm	60m	Open Women
6:40 pm	1200m	Bantam & Midget Men
6:45 pm	1200m	Bantam & Midget Women
6:50 pm	400m	Youth & up Men
7:05 pm	400m	Youth & up Women
7:15 pm	300m	Midget & Under Men
7:30 pm	300m	Midget & Under Women
7:45 pm	1500m	Youth & up Men
7:55 pm	1500m	Youth & up Women
8:05 pm	4x400m	Youth & up Men & Women

Field

6:00 pm	Pole Vault	Midget & up Women
6:00 pm	Long Jump	Pee Wee/Bantam Men & Women
6:35 pm	Triple Jump	Midget & up Men
6:45 pm	Weight Throw	Youth & up Men
7:15 pm	Weight Throw	Youth & up Women
7:15 pm	Pole Vault	Midget & up Men
7:15 pm	Triple Jump	Midget & up Women



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

Athletics Manitoba Open Sunday, January 19th, 2014 - (note date change)

9:00 am

Max Bell Fieldhouse, University of Manitoba

Tentative Schedule

Track Events will be run from Fastest to Slowest heats

Events can run up to 15mins ahead of schedule*

Track

9:00 am	60mh	Open Men (Including Pentathlon)
9:05 am	60mh	Open Women (Including Pentathlon)
9:15 am	2000m	Midget Men
9:25 am	2000m	Midget Women
9:35 am	3000m	Youth & older Men
9:50 am	3000m	Youth & older Women
10:05 am	200m	Midget & older Men
10:30 am	200m	Midget & older Women
11:00 am	150m	Pee Wee/Bantam Men
11:10 am	150m	Pee Wee/Bantam Women
11:25 am	600m	Open Men
11:45 am	600m	Open Women
12:00 pm	4x200m	Men & Women
12:10 pm	4x800m	Men & Women
~1:30pm**	800m	Pentathlon Women **30mins after completion of previous event**
~1:35pm**	1000m	Pentathlon Men **30mins after completion of previous event**

Field

9:00 am	Standing Long Jump	Pee Wee/Bantam Men (outside pit)
9:35 am	Standing Long Jump	Pee Wee/Bantam Women (outside pit)
9:20 am	High Jump	Bantam & up Women (includes Pentathlon)
9:35 am	Long Jump	Midget & up Men (includes Pentathlon)
10:35 am	Shot Put	Midget & up Men (includes Pentathlon)
11:00 am	Shot Put	Midget & up Women (includes Pentathlon)
11:35 am	High Jump	Bantam & up Men (includes Pentathlon)
11:50 am	Long Jump	Midget & up Women (includes Pentathlon)

