2013 BC ATHLETICS CHAMPIONSHIPS JAMBOREE (July 19 - 21)

FINAL TRACK Age Group Time Event 5:30pm 300m Semi Finals Women Mid 15 Ht 1 5:45pm 300m Semi Finals Women Mid 15 Ht 2 Women Youth Heat 1 5:55pm 400m Semi Finals 400m Semi Finals 6:05pm Women Youth Heat 2 6:15pm 400m Semi Finals Men Youth Heat 1 6:25pm 400m Semi Finals Men Youth Heat 2 400m Semi Finals 6:35pm Men Junior Heat 1 400m Semi Finals 6:45pm Men Junior Heat 2 6:55pm 5000m Women Sr/Men Jr., Sr 7:15pm 1500m SC Women Midget 7:35pm 1500m SC Men Midget 2000m SC Women Yth, 7:55pm 8:05pm 2000m SC Women Jr 3000m SC Women Sr 8:15pm 8:30pm 2000m SC Men Yth 8:40pm 3000m SC Men Jr. 8:55pm 3000m SC Men Sr.

		Friday Evening	
	FIELD		
Time	Event	Age Group	
5:00pm	Triple Jump	Men Jr., Sr.	
5:30pm	Hammer	Women Jr. Sr.	
5:30pm	Triple Jump	Women Mid. Yth	
7:00pm	Hammer	Men Jr. Sr.	
7:45pm	Triple Jump	Women Jr. Sr.	

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	16-Jul-13	FINAL	
	TRACK		
Time	Event	Age Group	
7:45am	10,000m RW	Women Sr	
7:45am	5000m RW	Men Junior	
9:00am	80mH Semi Finals	Women Midget 15 Heat 1	
9:07am	80mH Semi Finals	Women Midget 15 Heat 2	
9:15am	100mH	Heptathlon	
9:25am	100mH Semi Finals	Women Youth Heat 1	
9:32am	100mH Semi Finals	Women Youth Heat 2	
9:40am	110mH Semi Finals	Men Youth Heat 1	
9:50am	110mH Semi Final	Men Youth Heat 2	
10:00am	100m Semi Finals	Men Midget 14 Heat 1	
10:05am	100m Semi Finals	Men Midget 14 Heat 2	
10:10am	100m Semi Finals	Women Midget 15 Heat 1	
10:15am	100m Semi Finals	Women Midget 15 Heat 2	
10:20am	100m	Men Oct/Dec	
10:25am	100m Semi Finals	Men Midget 15 Heat 1	
10:30am	100m Semi Finals	Men Midget 15 Heat 2	
10:35am	100m Semi Finals	Women Youth Heat 1	
10:40am	100m Semi Finals	Women Youth Heat 2	
10:45am	100m Semi Finals	Men Youth Heat 1	
10:50am	100m Semi Finals	Men Youth Heat 2	
10:55am	100m Semi Finals	Women Junior Heat 1	
11:00am	100m Semi Finals	Women Junior Heat 2	
11:10am	300m 14 Final	Women Midget 14	
11:15am	300m 14 Final	Men Midget 14	
11:20am	300M 15 Final	Women Midget 15	
11:25am	300M 15 Final	Men Midget 15	
11:35am	400m Final	Women Youth	
11:40am	400m Final	Men Youth	
11:45am	400m Final	Women Junior	
11:50am	400m Final	Men Junior	
11:55am	400m Final	Women Senior	
12:00pm	400m Final	Men Senior	
	BREAK		

		Saturday Morning	
FIELD			
Time	Event	Age Group	
8:00am	Javelin	Para - seated	
0.000	ou (onn	Men Mid. Yth.	
9:00am	Hammer	Men Mid. Yth.	
9:45am	Hammer	Women Midget	
10:00am	High Jump	Heptathlon	
10:45am	Hammer	Women Youth	
10:45am	High Jump	Women Midget	
11:00am	Shot Put	Men Midget & Youth	
11:15am	Long Jump	Men Oct. & Dec.	
11:45am	Javelin	Men Jr. Sen.	
11:15am	Discus	Para - sitting	
11:30am	Pole Vault	Men All Ages	
12:00pm	Shot Put	Heptathlon	
12:00pm	Club Throw	Para - sitting	
12:00pm	High Jump	Women Yth. Jr. Sr.	
12:15pm	Shot Put	Men- Dec	
1:00pm	Long Jump	Men Mid. Yth.	
1:00pm	High Jump	Men Dec	
1:15pm	Shot Put	Men Oct.	

	TRACK		
Time	Event Age Group		
12:30pm	400m WC	Women & Men (all ages)	
12:40pm	80mH Final	Women Midget 14	
12:45pm	80mH Final	Women Midget 15	
12:55pm	100mH Final	Women Youth	
1:00pm	100mH Final	Women Jr.	
1:05pm	100mH Final	Women Sr.	
1:15pm	100mH Final	Men Midget 14	
1:20pm	100mH Final	Men Midget 15	
1:30pm	110mH Final	Men Youth	
1:40pm	110mH Final	Men Jr.	
1:50pm	110mH Final	Men Sr.	
2:00pm	200m	Heptathlon	
2:10pm	100m Final	Women Midget 14	
2:15pm	100m Final	Women Midget 15	
2:20pm	100m Final	Men Midget 14	
2:25pm	100m Final	Men Midget 15	
2:30pm	100m Final	Women Youth	
2:35pm	100m Final	Men Youth	
2:40pm	100m Final	Women Junior	
2:45pm	100m Final	Men Junior	
2:50pm	100m Final	Women Senior	
2:55pm	100m Final	Men Senior	
3:05pm	100m WC	Women & Men (all ages)	
3:15pm	400m	Men Oct & Dec	
3:20pm	1200m Final	Women Midget 14	
3:26pm	1200m Final	Men Midget 14	
3:32pm	1200m Final	Women Midget 15	
3:38pm	1200m Final	Men Midget 15	
3:45pm	1500m	Women Youth Sect 1	
3:55pm	1500m	Women Youth Sect 2	
4:05pm	1500m	Men Youth	
4:15pm	1500m	Women Junior	
4:25pm	1500m	Men Junior	
4:35pm	1500m	Women Senior	
4:45pm	1500m	Men Senior	
5:00pm	4x100m Relay	All Women	
5:10pm	4x100m Relay	All Men	
5:20pm	3000m RW	Women Yth/Jr	
5:40pm	1500m RW	Women Mid	

		Saturday Afternoon
	FIEL	
Time	Event	Age Group
1:45pm	Javelin	Women Jr. Sr.
2:00pm	Shot Put	Women Midget
2:30pm	High Jump	Men Yth. Jr. Sr.
3:00pm	Shot Put	Women Youth
3:00pm	Pole Vault	Women All Ages
3:00pm	Discus	Women Mid
3:45pm	Shot Put	Men Jr. Sr.
3:45pm	Shot Put	Para - sitting
4:00pm	Discus	Women Yth

SATURDAY MULTI EVENTS				
A	APPROXIMATE TIME SCHEDULE			
	OCTATHLON	DECATHLON		
10:20am	100m	100m		
11:15am	Long Jump	Long Jump		
12:15pm		Shot Put - pit2		
1:00pm		High Jump - Pit2		
1:15pm	Shot Put			
3:15pm	400m	400m		
	HEPTATHLON			
9:15am	100m H			
10:00am	High Jump			
12:00am	Shot Put			
2:00pm	200m			

2013 BC ATHLETICS CHAMPIONSHIPS JAMBOREE (July 19 - 21) 16-Jul-13 FINAL

	16-Jul-13	FINAL	
Time	TRACK		
8:30am	Event 110mH	Age Group Men Oct. & Dec.	
8:30am 8:35am	2000m	Women Midget 14	
8:45am	2000m	Men Midget 14	
8:55am	2000m	Women Midget 15	
9:05am	2000m	Men Midget 15	
9:15am	3000m Final	Men Youth	
9:30am	3000m Final	Women Yth.	
9:45am	3000m Final	Women Jr.	
10:00am	200m WC	Women & Men (all ages)	
10:10am	200m Semi Finals	Women Midget 14 Heat 1	
10:17am	200m Semi Finals	Women Midget 14 Heat 2	
10:24am	200m Semi Finals	Women Midget 15 Heat 1	
10:31am	200m Semi Finals	Women Midget 15 Heat 2	
10:38am 10:45am	200m Semi Finals 200m Semi Finals	Women Midget 15 Heat 3 Men Midget 15 Heat 1	
10:43am	200m Semi Finals	Men Midget 15 Heat 2	
10:59am	200m Semi Finals	Women Youth Heat 1	
11:06am	200m Semi Finals	Women Youth Heat 2	
11:13am	200m Semi Finals	Women Youth Heat 3	
11:20am	1500m WC	Women and Men	
11:30am	200m Semi Finals	Men Youth Heat 1	
11:37am	200m Semi Finals	Men Youth Heat 2	
11:44am	200m Semi Finals	Women Junior Heat 1	
11:51am	200m Semi Finals	Women Junior Heat 2	
12:03pm	200m Semi Finals	Men Junior Heat 1	
12:10pm	200m Semi Finals	Men Junior Heat 2	
	BREA		
12:30pm	200m H Final	Women Midget 14	
12:37pm	200m H Final 200m H Final	Men Midget 14 Women Midget 15	
12:42pm 12:49pm	200m H Final	Men Midget 15	
12:56pm	300m H Final	Women Youth	
1:03pm	300m H Final	Men Youth	
1:15pm	1000m	Men Octathlon	
1:15pm	1500m	Men Dec	
1:25pm	400m H Final	Women Junior	
1:32pm	400m H Final	Women Senior	
1:39pm	400m H Final	Men Junior	
1:46pm	400m H Final	Men Senior	
1:53pm	200m Final	Women Midget 14	
1:58pm	200m Final	Men Midget 14	
2:03pm	200m Final	Women Midget 15	
2:08pm	200m Final	Men Midget 15	
2:13pm	200m Final	Women Youth	
2:18pm	200m Final	Men Youth	
2:23pm	200m Final	Women Junior	
2:28pm	200m Final	Men Junior	
2:33pm	200m Final	Women Senior	
2:38pm	200m Final	Men Senior	
2:48pm	800m WC	Women Men (all ages)	
2:55pm	800m	Women Midget 14	
3:00pm	800m	Men Midget 14	
3:05pm	800m	Women Midget 15	
3:10pm	800m	Men Midget 15	
3:15pm	800m	Women Youth Sect 1	
3:20pm	800m	Women Youth Sect 2	
3:25pm	800m	Heptathlon	
3:30pm	800m	Men Youth Sect 1	
3:35pm	800m	Men Youth Sect 2	
		Women Junior Sect 1	
3:40pm 3:45pm	800m 800m	Women Junior Sect 1 Women Junior Sect 2	
3:45pm 3:50pm		Men Junior Sect 2	
3:50pm	800m	Men Junior Sect 1 Men Junior Sect 2	
3:55pm	800m		
4:00pm	800m	Women Senior Man Senior Sect 1	
4:05pm	800m	Men Senior Sect 1	
4:10pm	800m	Men Senior Sect 2	

		Sunday	
FIELD			
Time	Event	Age Group	
9:00am	Javelin	Men Mid. Yth	
9:00am	Discus	Men Dec	
9:30am	Triple Jump	Men Mid. Yth	
10:00am	High Jump	Men Octathlon	
10:00am	LongJump	Women Mid.	
10:00am	Pole Vault	Men Dec	
10:15am	Javelin	Women Mid. Yth.	
11:00am	Long Jump	Heptathlon & Youth	
11:00am	Shot Put	Women Jr. Sr.	
11:30am	High Jump	Men Midget	
11:45am	Javelin	Men Oct. & Dec.	
12:15pm	Long Jump	Men Jr. Sr.	
12:30pm	Discus	Men Mid. Yth.	
1:45pm	Javelin	Heptathlon	
2:15pm	Long Jump	Women Jr. Sr.	
2:30pm	Discus	Women Jr. Sr.	
3:30pm	Discus	Men Jr. Sr.	

SUNDAY MULTI EVENTS APPROXIMATE TIME SCHEDULE			
Time OCTATHLON DECATHLON			
8:30am	110m H	110m H	
9:00am	9:00am Discus		
10:00am	High Jump	Pole Vault	
11:45am	Javelin	Javelin	
1:15pm	1000m		
1:25pm		1500m	
Time	HEPTATHLON		
11:00am	Long Jump		
1:45pm	Javelin		
3:40pm	800m		

RELAYS

4:20pm	4x400m Relay	All Women
4:30pm	4x400m Relay	All Men