

# TEEN CHALLENGE NEWFOUNDLAND & LABRADOR

*overcoming drug and alcohol abuse*



# 5K TRAIL TO TRIUMPH

SATURDAY, JUNE 8TH, 2013 OCTAGON POND, PARADISE, NL 9:00AM

## ENTRIES

Online: [www.trackie.com](http://www.trackie.com)  
Registration also available on race day  
\$30 registration fee

Race begins at 9:00AM  
Meet at 68 McNamara Drive, Paradise

## ENQUIRIES

Kayla Joy, [kpardyjoy@gmail.com](mailto:kpardyjoy@gmail.com)  
Trudy Porter, [porter.trudy@gmail.com](mailto:porter.trudy@gmail.com)

Register online by May 25 to receive the  
**5k TRAIL TO TRIUMPH PARTICIPATION MEDAL**



 "5k Trail to Triumph"  
 #5ktrailtotriumph  
 [www.tcnl.ca](http://www.tcnl.ca)