



Rencontre Ouverte de Moncton Open

le 14-15 janvier 2012 / January 14-15 2012
CEPS Louis-J-Robichaud, Université de Moncton
Moncton NB



Bienvenue à la 4^{ème} Rencontre Ouverte de Moncton! Nous espérons que cette édition sera encore meilleure et plus grande que dans le passé. Nous avons fait quelques changements, alors s.v.p. lisez le programme technique.

Installation:

La surface du stade Vance-Toner est Mondotrack SX. Les crampons doivent être des pyramides de 7mm maximum; les aiguilles ne sont pas permises. Des pyramides seront disponibles pour la vente sur le site.

Information technique:

Le chronométrage électronique sera utilisé pour tous les événements de piste. SVP notez:

- des catégories peuvent être combinées pour certaines épreuves
- les athlètes pee-wee et benjamin recevront trois essais seulement au saut en longueur et lancer du poids du tetrathlon
- les relais de 4x200m sont gratuits pour toutes les équipes universitaires et de club

Inscription:

Les catégories d'âge seront Pee-Wee (née '01 et après), Benjamin ('99-'00), Cadet ('97-'98), Jeune ('95-'96), Junior ('93-'94), Sénior ('92-'78) et Vétéran (née '77 et avant).

- 15\$ pour la 1^{ère} épreuve et 5\$ pour chaque épreuve additionnelle, payé sur place
- **La date limite d'inscription est 23h59, mardi le 10 janvier 2012**
- Des enregistrements en retard seront acceptés jusqu'à 23h59 jeudi le 12 janvier, à un prix de \$20 par épreuve
- Enregistrez-vous en ligne à www.trackiereg.ca
- Ou enregistrez-vous par courriel à: EquipeAtlantique@yahoo.ca
- Un fichier des épreuves de Hy-Tek Team Manager est disponible sur demande

Horaire tentative est si jointe, mais l'horaire finale serait publié vendredi, le 13 janvier.

Welcome to the 4th annual Moncton Open! We think that this year's meet will be bigger and better than before. The meet format has changed somewhat, so please read the technical package for details.

Facility:

The Vance Toner Stadium is equipped with a Mondotrack SX surface. Spikes must be pyramids of a maximum length of 7mm; needle spikes will not be permitted. Pyramid spikes will be available for sale on site.

Technical Information:

Photo-electric timing will be used for all track events. Please note that:

- Some categories may be combined in certain events
- Pee wee and bantam athletes will receive 3 trials only in the tetrathlon long jump and shot put events
- 4x200m relays are free for all club and university teams

Registration:

Categories for the meet will be Pee Wee (born '01 or later), Bantam ('99-'00), Midget ('97-'98), Youth ('95-'96), Junior ('93-'94), Senior ('92-'78) and Master (born '77 or earlier).

- \$15 for first event and \$5 per additional event, to be paid on-site
- **Registration deadline is 11:59pm on Tuesday, January 10 2012**
- Late registrations will be accepted up to 11:59pm on Thursday, January 12, at a cost of \$20 per event
- Register on-line through: www.trackiereg.ca
- Entries can also be emailed to Steve LeBlanc at: TeamAtlantic@yahoo.ca
- Hy-Tek Team Manager event file available upon request

The tentative schedule is attached, but the final schedule will be published Friday, January 13.

Accommodations:

Coastal Inn Moncton/Dieppe is very proud to be the *official event hotel* of choice for the 2012 Moncton Open. We are pleased to offer the exclusive Moncton Open rate of \$95.00+HST for up to 4 people per room. We are conveniently located a short drive to the CEPS building and right across the street from Sobey's, Crystal Palace, Chapters, and the largest one level indoor mall east of Montreal – Champlain Place. Our hotel features a home-style restaurant, indoor pool, fitness centre, complimentary wireless internet, parking and local calls.

Contact us toll free at 1.800.561.3939 or 506.857.9686. Please visit our website www.coastalinns.com.

We love athletes and look forward to being your home base during the 2012 Moncton Open.



Special Events:

The meet will feature two special relay races again this year:

The **Corporate Relay Challenge** will see teams representing local businesses and organizations in a 4x200m relay, with half of all proceeds going to the charity of choice of the winning team.

The **Elementary School Relay** is a 4x 1-lap relay race for elementary school teams, with the winner taking home free track & field equipment for their school.

We would like to thank our generous sponsor of the Elementary School Relay:



www.jumpstartathletics.ca

Events and specifications / Épreuves et spécifications

	Pee Wee Pee Wee	Bantam Benjamin	Midget Cadet	Youth Jeune	Junior Junior	Senior Sénior	Master Vétéran
60m	Tetrathlon	Tetrathlon	✓	✓	Open / ouverte		
150m	✓	✓					
200m			✓	✓	✓	✓	✓
300m			✓	Open / ouverte			
400m				✓	✓	✓	✓
600m	Tetrathlon	Tetrathlon			Open / ouverte		
800m			✓	✓	✓	✓	✓
1000m	✓			Open / ouverte			
1200m		✓	✓				
1500m				✓	Open / ouverte		
2000m			✓				
3000m				✓	✓	✓	✓
60m H		F - 76cm M - 76cm	F - 76cm M - 84cm	F - 76cm M - 91cm	F - 84cm M - 99cm	F - 84cm M - 107cm	F * M *
High Jump Saut en Hauteur	✓	✓	✓	✓	✓	✓	✓
Long Jump Saut en Longueur	Tetrathlon	Tetrathlon	✓	✓	✓	✓	✓
Triple Jump Triple-Saut			✓	✓	✓	✓	✓
Pole Vault Saut à la perche				✓	✓	✓	✓
Shot Put Lancer du poids	Tetrathlon F & M - 2kg	Tetrathlon F & M - 3kg	F - 3kg M - 4kg	F - 4kg M - 5kg	F - 4kg M - 6kg	F - 4kg M - 7.26kg	F * M *
Weight Marteau			F - 16lb M - 20lb	F - 16lb M - 20lb	F - 20lb M - 25lb	F - 20lb M - 35lb	F * M *
Combined Events Épreuves Combinés	Tetrathlon F – 60m, LJ, SP, 600m M – 60m, SP, LJ, 600m	Tetrathlon F – 60m, LJ, SP, 600m M – 60m, SP, LJ, 600m	Pentathlon F - 60m, HJ, SP, LJ, 800m M - 60m, LJ, SP,HJ,800m	Pentathlon F - 60mH, HJ, SP, LJ, 800m M - 60mH, LJ, SP,HJ,1000m	Pentathlon F - 60mH, HJ, SP, LJ, 800m M - 60mH, LJ, SP,HJ,1000m	Pentathlon F - 60mH, HJ, SP, LJ, 800m M - 60mH, LJ, SP,HJ,1000m	Pentathlon F - 60mH, HJ, SP, LJ, 800m M - 60mH, LJ, SP,HJ,1000m

* - Masters hurdles and throws events will follow CMAA specs where possible.

Les épreuves pour les vétérans vont suivi les spécifications du CMAA ou possible.

Tentative Schedule / Horaire tentative

Session 1 – Saturday / séance 1 – samedi

Track / Piste

11:00 60mH
11:45 1000m Open/ouverte
12:10 400m
12:30 Lunch/Dîner
13:30 300m Open/ouverte
300m MM, MF
14:35 1500m Open/ouverte
1500m YM & YF
15:00 1200m BM/MM & BF/MF
15:15 60m Tet PM/BM & PF/BF
15:30 60m heats/qualifications

Field / Pelouse

10:00 TJ – all/tous
PV – all/tous
WT – all/tous
12:00 HJ – PF, BF, MF, VF
12:30 LJ – MM, YM, VM
SP – MF, YF
13:45 HJ – PM, BM, MM, VM
14:30 LJ – MF, YF, VF
SP – MM, YM
15:30 HJ – YF, JF, SF
16:00 SP – Tet PF & BF
LJ – Tet PM & BM

Session 2 – Saturday / séance 2 – samedi

Track / Piste

17:30 Elementary Relay / Relais des écoles primaires
17:45 Corporate Relay / Relais corporatif
18:00 600m Tetrathlon PM/BM & PF/BF
18:15 60m finals/finales
18:45 600m Open/ouverte
19:00 3000m Invitational
19:30 4x200m Open / ouverte

Field / Pelouse

17:00 LJ – Tet PM & BM
SP – Tet PF & BF
18:00 HJ – YF, JF, SF
LJ – JF & SF
SP – JM & SM
19:30 LJ – JM & SM
SP – JF & SF

Session 3 – Sunday / séance 3 – dimanche

Track / Piste

8:30 60m Pent MM & MF
8:45 60mH Pentathlon
9:15 Break
10:00 800m
10:30 200m
11:30 150m
12:00 Lunch/Dîner
13:00 1000m PM & PF
13:15 3000m
13:45 2000m MM & MF
14:15 800m Pentathlon
14:25 1000m Pentathlon

Field / Pelouse

9:15 LJ – Pentathlon M
9:30 HJ – Pentathlon F
10:45 SP – Pentathlon M
11:30 SP – Pentathlon F
12:15 HJ – Pentathlon M
12:45 LJ – Pentathlon F

Legend of abbreviations:

PF = pee wee female; BF = bantam female; MF = midget female; YF = youth female; JF = junior female; SF = senior female; VF = masters female
PM = pee wee male; BM = bantam male; MM = midget male; YM = youth male; JM = junior male; SM = senior male; VM = masters male

Légende des abréviations:

PF = pee-wee fém.; BF = benjamin fém.; MF = cadet fém.; YF = jeune fém.; JF = junior fém.; SF = sénior fém.; VF = vétéran fém.
PM = pee-wee masc.; BM = Benjamin masc.; MM = cadet masc.; YM = jeune masc.; JM = junior masc.; SM = sénior masc.; VM = vétéran masc.

Combined Event Schedule / Horaire pour les Épreuves Combinés

Pee Wee Tetrathlon	Bantam / Benjamin Tetrathlon	Midget / Cadet Pentathlon	Youth / Jeune Pentathlon	Junior Pentathlon	Senior Pentathlon
Female / féminin	Female / féminin	Female / féminin	Female / féminin	Female / féminin	Female / féminin
Saturday / samedi 15:15 – 60m 16:00 – LJ / longueur 17:00 – SP / poids (2kg) 18:00 – 600m	Saturday / samedi 15:15 – 60m 16:00 – LJ / longueur 17:00 – SP / poids (3kg) 18:00 – 600m	Sunday / dimanche 08:30 – 60m 12:00 – HJ / hauteur 11:30 – SP / poids (3kg) 12:45 – LJ / longueur 14:15 – 800m	Sunday / dimanche 09:00 – 60m H (76cm) 09:30 – HJ / hauteur 11:30 – SP / poids (4kg) 12:45 – LJ / longueur 14:15 – 800m	Sunday / dimanche 09:00 – 60m H (84cm) 09:30 – HJ / hauteur 11:30 – SP / poids (4kg) 12:45 – LJ / longueur 14:15 – 800m	Sunday / dimanche 09:00 – 60m H (84cm) 09:30 – HJ / hauteur 11:30 – SP / poids (4kg) 12:45 – LJ / longueur 14:15 – 800m
Pee Wee Tetrathlon	Bantam / Benjamin Tetrathlon	Midget / Cadet Pentathlon	Youth / Jeune Pentathlon	Junior Pentathlon	Senior Pentathlon
Male / masculin	Male / masculin	Male / masculin	Male / masculin	Male / masculin	Male / masculin
Saturday / samedi 15:15 – 60m 16:00 – SP / poids (2kg) 17:00 – LJ / longueur 18:00 – 600m	Saturday / samedi 15:15 – 60m 16:00 – SP / poids (3kg) 17:00 – LJ / longueur 18:00 – 600m	Sunday / dimanche 08:30 – 60m 09:15 – LJ / longueur 10:45 – SP / poids (4kg) 12:15 – HJ / hauteur 14:15 – 800m	Sunday / dimanche 08:45 – 60m H (91cm) 09:15 – LJ / longueur 10:45 – SP / poids (5kg) 12:15 – HJ / hauteur 14:25 – 1000m	Sunday / dimanche 08:45 – 60m H (99cm) 09:15 – LJ / longueur 10:45 – SP / poids (6kg) 12:15 – HJ / hauteur 14:25 – 1000m	Sunday / dimanche 08:45 – 60m H (107cm) 09:15 – LJ / longueur 10:45 – SP / poids (7.26k) 12:15 – HJ / hauteur 14:25 – 1000m