



2016 AC Indoor Open



In 2015 ANB members accumulated 14 medals at the inaugural event and our goal is to improve on this total in 2016. Will you be a part of this?

In an effort get a larger contingent of our New Brunswick athletes to the 2016 AC Indoor Open ANB is organizing a packaged trip which includes transportation, accommodation, and entries. This track meet is the National Indoor Championships for the Youth and Junior age classes and a highly competitive Open division.

Youth - 1999, 2000, 2001, 2002

Junior - 1997, 1998

Open - 1996 and earlier

Cost is dependent on # of events:

After January 26 2016

\$410: transportation to and from Montreal, 3 nights' accommodation (quadruple occupancy), and 1 event entry.

\$460: all of the above and two event entries

\$475: all of the above and three event entries

ANB Members who register by January 25 2016 will receive a \$50 discount & #WeAreANB Arm-sleeves!

\$360 for 1 event, \$410 for two events, and \$425 for three events.



DEADLINE TO REGISTER is February 5th at Midnight

How to Register:

Registration will take place online via www.anb.ca/acindoor2016

Your spot on the bus is not secured until registration has been completed.

Tentative Itinerary

Thursday February 18th, 2016

6:00am Depart Moncton (Colliseum 377 Killam Drive)

8:00am Depart Fredericton (Chapters Bookstore 1381 Regent Mall)

**Saint John individuals must travel to Fredericton to get on the bus*

10:45am-12:00pm Edmundston lunch and pick up (KFC 180 Boulevard Hebert)

Appx 6:00pm Arrive Montreal

7:00pm Coaches Technical Meeting @ Courtyard Marriott 7000 Place Robert Joncas)

Upon arrival athletes will get settled, eat dinner, and relax before a group meeting after the coaches meeting - Approximately 8:30pm

Friday February 19th, 2016

10am - Warm up at Track and go for groceries

PM - Compete

Saturday February 20st, 2016

AM & PM - Compete

Sunday February 21st, 2016

8am - 50% of Athletes must check out of the hotel and head to the track

9am - 50% of Athletes must check out of the hotel and head to the track

AM & PM - Compete

Athletes should be prepared to shower and change at the competition venue (bring towel)

~Approx. 4:30pm - Depart Montreal

~11:30pm - Arrive in Edmundston

~1:15am - Arrive in Fredericton (Monday the 22nd)

~3:15am - Arrive in Moncton (Monday the 22nd)

Coaches on the team will coordinate and communicate final bus shuttle schedules and transportation logistics during the course of the trip.

Accommodations

*Crowne Plaza Montreal Airport 6600 Cote De Liesse, Montréal, QC H4T 1E3 [\(514\) 344-1999](tel:5143441999)

*Athletes will stay 4 to a room

*Restaurant on site

*Shuttle to competition venue (Claude-Robillard)

*Other amenities include: Wifi, Pool, Hot Tub, and there is a restaurant on site.

Notes:

*Athletes are encouraged to bring snacks and other food. The rooms are *supposed* to have mini-fridges.

*There are numerous restaurants that are walkable from the hotel.

*Athletes should dress for the weather ie. be prepared to walk 5-10minutes for food if desired.

*American buffet breakfast is available at of prices of \$9.50 adults, \$7.95 for 13-15 years with the restaurant for our team.

Athletes are expected to conduct themselves in an appropriate manner and be positive ambassadors for the province of New Brunswick, their hometowns, and clubs that they are representing. Failure to conduct themselves appropriately will result in negative punishments.

Competition Venue

Complexe Sportif Claude-Robillard

1000 avenue Emile Journault, Montreal, QC, H2M 2E7

- 200m indoor (banked) - one six lane straight available for warm up after check in
- Lanes - 8 lane straight, 4 lanes banked.
- Surface - Mondo
- 1 long jump/triple jump runway. 13m triple jump board with 9 and 10m painted lines

- 1 high jump apron
- 1 circle and cage for shot put and weight throw
- Spike Length - 7mm pyramids —No Christmas Trees and No pin!

Schedule

FRIDAY FEBRUARY 19

Weight Throw Youth, Junior, Open Women
 Weight Throw Youth, Junior, Open Men
 60m Heats Youth, Junior, Open Men and Women
 Pole Vault Youth, Junior, Open Men
 Triple Jump Youth, Junior, Open Women
 3000m timed finals Youth, Junior, Open Men and Women
 60m Finals Youth, Junior, Open Men and Women

SUNDAY FEBRUARY 21

Pentathlon 60mH Youth, Junior, Open Women
 Shot Put Youth, Junior, Open Men
 Pentathlon HJ Youth, Junior, Open Women
 200m Timed Finals Youth, Junior, Open Men and Women
 Pentathlon SP Youth / Junior / Open Women
 Long Jump Youth, Junior, Open Men
 Pentathlon LJ Youth, Junior, Open Women
 Shot Put Youth, Junior, Open Women
 1500m Timed Finals Youth, Junior, Open Men and Women
 Pentathlon 800m - Youth, Junior, Open Women
 High Jump Youth, Junior, Open Men
 4 x 200m Timed Finals Youth, Junior, Open Men and Women

SATURDAY FEBRUARY 20

Pentathlon 60mH Youth, Junior, Open Men
 High Jump Youth, Junior, Open Women
 3000m RW Youth, Junior, Open Men and Women
 Pentathlon LJ Youth, Junior, Open Men
 800m Timed Finals Youth, Junior Men and Women
 60mH Heats Youth, Junior Men and Women
 Pentathlon SP Youth, Junior, Open Men
 Pentathlon HJ Youth, Junior, Open Men
 Pentathlon 1000m Youth, Junior, Open Men
 Triple Jump Youth, Junior, Open Men
 60mH Finals Youth, Junior Men and Women
 Pole Vault Youth, Junior, Open Women
 60mH Heats Open Men and Women
 400m Timed Finals Youth, Junior, Open Men and Women
 Long Jump Youth, Junior, Open Women
 800m Timed Finals Open Men and Women
 60mH Finals Open Men and Women
 Bruny Surin Celebrity Challenge
 International Invitational Events

