

2015 Athletics Nova Scotia Last Chance Meet

November 28th, 2015

Canada Games Center



Sanction: Athletics Nova Scotia

Host: Athletics Nova Scotia

Date: Saturday, November 28th, 2015

Event Site: -

- Canada Games Center, Halifax, 26 Thomas Raddall Dr.
- Six lane elevated synthetic track
- Horizontal jumps pit
- Maximum spike length is 7mm
- Washrooms and change rooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories: PeeWee (born 2004-05), Bantam (born 2002-03), Midget (born 2000-01), Youth (born 1998-99) Junior (1996-97), Senior (1995 or later), Masters (1985+), University

Schedule

· The tentative schedule is subject to change based on entries. The schedule is available at www.trackiereg.ca. The final schedule will be posted on Thursday, November 26th, 2015

Club Championship

A banner will be awarded to the Athletics NS Club that scores the greatest number of points according to the following points system:

Events:

	PeeWee	Bantam	Midget	Youth	Junior/Senior	Masters
Running		60m 150m 1200m	60m 300m 1200m	60m 300m 600m	60m 300m 600m	60m 300m 600m

			2000m	1000m 1500m 3000m	1000m 1500m 3000m	1000m 1500m 3000m
Hurdles		60mH	60mH	60mH	60mH	60mH
Jumps		High jump Long jump Triple Jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tethrathlon (60m, Long Jump, Shot Put, 600m)	Tethrathlon (60m, Long Jump, Shot Put, 600m)				

Seeding

Please include accurate seed/race times from 2014 – 2015 seasons. Unseeded entries will be treated as the lowest seed times and assigned accordingly.

Sprint races 60mH, 60m, 300m

All events will be timed section finals due to time constraints

Athletes will be split into age groups where feasible. Preferred lanes will be assigned by seed times for all Timed Section Finals.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

Scratches

Scratches will be accepted via trackreg until 11:59 p.m. Wednesday, November 25th

Registration:

Entries must be received by 11:59 p.m. Wednesday, November 25th, 2015

First event: \$25 for members and \$35 for non-members.

No charge for additional events

There will be a maximum team fee of \$500

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Please designate one person from your club to pick up the entry package and pay all fees.

Check in and Bib # Pick-up: Beginning at 8:00 a.m. on Saturday, November 28th, 2015