



StFX Invitational Cross Country Meet & Athletics NS Provincial Championships

When: Saturday, Sept 26th, 2015

Place: StFX Campus Cross Country Trails. (Start and finish on grass soccer field)

Registration: University teams as well as Open (\$10.00 fee) runners competing in the university races must register before Wednesday, September 23rd, 2015, 7:00PM Miguel.arsenault@gmail.com

Time: Youth Woman's (12-17): 10:00AM 3km
Youth Men's (12-17): 10:30AM 5km
University and Open Women's: 12:00PM Distance 6km
University and Open Men's: 12:45 PM Distance: 8k

Changing Area: Runners may change and shower at the Oland Center (please bring your own towel)

Note Registration for this event is \$10.00 per athlete. Please send entries to Kevin Grant at kjgrant55@gmail.com by Wednesday, September 23rd, 2015, 7:00PM. After this time registration fee is \$15.00. Late registration will be accepted up until 9:30AM race day. Entries for Youth and Open entries will be completed on TrackieReg

