

2015 Western Canadian Challenge
TENTATIVE Schedule - revised July 7, 2015
July 17-19th - Winnipeg MB

FRIDAY JULY 17th

TRACK

6:00 PM	Midget Women	100m	Heats
6:10 PM	Midget Men	100m	Heats
6:20 PM	Youth Women	100m	Heats
6:30 PM	Youth Men	100m	Heats
6:40 PM	Special O Women	100m	Heats
6:50 PM	Special O Men	100m	Heats
7:00 PM	WCSG/Senior Women	100m	Heats
7:10 PM	WCSG/Senior Men	100m	Heats
7:20 PM	Midget Women	1200m	Timed Final
7:25 PM	Midget Men	1200m	Timed Final
7:30 PM	Wheelchair	1500m	Timed Finals
7:35 PM	Youth Women	1500m	Timed Finals
7:45 PM	Youth Men	1500m	Timed Finals
7:55 PM	WCSG/Senior Women	1500m	Timed Finals
8:05 PM	WCSG/Senior Men	1500m	Timed Finals
8:15 PM	WCSG Wheelchair	1500m	Timed Finals
8:25 PM	Midget Women	300m	Timed Final
8:30 PM	Midget Men	300m	Timed Final
8:35 PM	Youth Women	400m	Timed Final
8:40 PM	Youth Men	400m	Timed Final
8:45 PM	WCSG/Senior Women	400m	Timed Final
8:50 PM	WCSG/Senior Men	400m	Timed Final

HORIZONTAL JUMPS

6:00 PM	WCSG/Senior Men	Triple Jump
7:30 PM	WCSG/Senior Women	Triple Jump

VERTICAL JUMPS

6:00 PM	Youth Women	High Jump
7:30 PM	Youth Men	High Jump

THROWS 1

5:30 PM	Midget Men	Hammer
6:45 PM	Youth Men	Hammer
8:00 PM	WCSG/Senior Women	Hammer

THROWS 2

5:30 PM	Youth Women	Javelin
6:45 PM	Midget Women	Javelin
8:00 PM	Midget Men	Javelin

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SATURDAY JULY 18th

TRACK

10:00 AM	Midget Women	800m	Timed Final
10:10 AM	Midget Men	800m	Timed Final
10:20 AM	Youth Women	800m	Timed Final
10:30 AM	Youth Men	800m	Timed Final
10:40 AM	WCSG/Senior Women	800m	Timed Final
10:50 AM	WCSG/Senior Men	800m	Timed Final
11:10 AM	Midget Women	200m	Heats
11:20 AM	Midget Men	200m	Heats
11:30 AM	Youth Women	200m	Heats
11:40 AM	Youth Men	200m	Heats
11:50 AM	Special O Women	200m	Heats
12:00 PM	Special O Men	200m	Heats
12:10 PM	WCSG/Senior Women	200m	Heats
12:20 PM	WCSG/Senior Men	200m	Heats
	LUNCH		
1:10 PM	Midget Women	1500 Steeplechase	Timed Final
1:20 PM	Midget Men	1500 Steeplechase	Timed Final
1:30 PM	Youth Women	2000 Steeplechase	Timed Final
1:40 PM	WCSG/Senior Women	2000 Steeplechase	Timed Final
1:50 PM	Youth Men	2000 Steeplechase	Timed Final
2:00 PM	WCSG/Senior Men	3000 Steeplechase	Timed Final
2:15 PM	Midget Women	100m	Finals
	Midget Men	100m	Finals
2:25 PM	Youth Women	100m	Finals
	Youth Men	100m	Finals
2:35 PM	Special O Women	100m	Finals
	Special O Men	100m	Finals
2:45 PM	WCSG/Senior Women	100m	Finals
	WCSG/Senior Men	100m	Finals
3:00 PM	Midget Women	200m Hurdles	Timed Final
3:10 PM	Midget Men	200m Hurdles	Timed Final
3:20 PM	Youth Women	300m Hurdles	Timed Final
3:30 PM	WCSG/Senior Women	400m Hurdles	Timed Final
3:40 PM	Youth Men	300m Hurdles	Timed Final
3:50 PM	WCSG/Senior Men	400m Hurdles	Timed Final

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TRACK cont'd

4:15 PM	WCSG Wheelchair	400m	Timed Final
4:30 PM	Midget Women	4 X 100	Timed Final
4:45 PM	Midget Men	4 X 100	Timed Final
5:00 PM	Youth Women	4 X 100	Timed Final
5:15 PM	Youth Men	4 X 100	Timed Final
5:30 PM	WCSG/Senior Women	4 X 100	Timed Final
5:45 PM	WCSG/Senior Men	4 X 100	Timed Final

HORIZONTAL JUMPS

9:00 AM	Youth + Special O Women	Long Jump
10:30 AM	Youth + Special O Men	Long Jump
12:30 PM	Midget Women	Long Jump
2:00 PM	Midget Men	Long Jump
4:00 PM	WCSG/Senior Women	Long Jump
5:30 PM	Youth Women	Triple Jump
7:00 PM	Youth Men	Triple Jump

VERTICAL JUMPS

9:00 AM	Midget Women	High Jump
11:00 AM	Midget Men	High Jump
1:30 PM	WCSG/Senior Women	Pole Vault
4:00 PM	WCSG/Senior Men	Pole Vault
6:00 PM	WCSG/Senior Men	High Jump

THROWS CIRCLE 1

8:30 AM	Midget Women	Discus
10:00 AM	Youth Men	Discus
11:30 AM	WCSG/Senior Men	Shot Put
1:30 PM	WCSG/Senior Women	Shot Put
3:00 PM	Midget/Youth Women	Hammer
5:00 PM	WCSG/Senior Men	Hammer
6:30 PM	Midget Men	Discus

THROWS 2

10:00 AM	Youth Women	Shot Put
3:00 PM	WCSG/Senior Men	Javelin
5:00 PM	Youth Men	Javelin
6:30 PM	WCSG/Senior Women	Javelin

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SUNDAY JULY 19th

TRACK

8:30 AM	WCSG/Senior Women	5000m	Timed Final
9:00 AM	WCSG/Senior Men	5000m	Timed Final
9:30 AM	Midget Women	2000m	Timed Final
9:40 AM	Midget Men	2000m	Timed Final
9:50 AM	Youth Women	3000m	Timed Finals
10:00 AM	Youth Men	3000m	Timed Finals
10:15 AM	Midget Women	200m	Final
10:20 AM	Midget Men	200m	Final
10:25 AM	Youth Women	200m	Final
10:30 AM	Youth Women	200m	Final
10:35 AM	Special O Women	200m	Final
10:40 AM	Special O Men	200m	Final
10:50 AM	WCSG/Senior Women	200m	Final
11:00 AM	WCSG/Senior Men	200m	Final
11:10 AM	Wheelchair	200m	Final
11:25 AM	Midget Women	80m Hurdles	Heats
11:35 AM	Youth Women	100m Hurdles	Heats
11:45 AM	Midget Men	100m Hurdles	Heats
11:55 AM	WCSG/Senior Women	100m Hurdles	Heats
12:00 PM	Youth Men	100m Hurdles	Heats
12:10 PM	WCSG/Senior Men	110m Hurdles	Heats
	LUNCH		
12:45 PM	WCSG/Senior Men	110m Hurdles	Final
12:55 PM	Youth Men	100m Hurdles	Final
1:05 PM	WCSG/Senior Women	100m Hurdles	Final
1:15 PM	Midget Men	100m Hurdles	Final
1:25 PM	Youth Women	100m Hurdles	Final
1:30 PM	Midget Women	80m Hurdles	Final
1:45 PM	Midget Women	Sprint Medley	Timed Final
1:55 PM	Midget Men	Sprint Medley	Timed Final
2:05 PM	Youth Women	4 X 400m	Timed Final
2:15 PM	Youth Men	4 X 400m	Timed Final
2:25 PM	WCSG/Senior Women	4 X 400m	Timed Final
2:35 PM	WCSG/Senior Men	4 X 400m	Timed Final

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HORIZONTAL JUMPS

8:30 AM	Midget Men	Triple Jump
10:00 AM	Midget Women	Triple Jump
12:30 PM	WCSG/Senior Men	Long Jump

VERTICAL JUMPS

10:00 AM	Midget/Youth Women	Pole Vault
12:30 PM	WCSG/Senior Women	High Jump
12:30 PM	Midget / Youth Men	Pole Vault

THROWS CIRCLE 1

8:30 AM	Youth Women	Discus
10:30 AM	WCSG/Senior Men	Discus
12:30 PM	WCSG/Senior Women	Discus

THROWS CIRCLE 2

8:30 AM	Midget Women	Shot Put
10:30 AM	Midget Men	Shot Put
12:30 PM	Youth Men	Shot Put