

RJTW Program Demo and Mini-Meet!



Saturday, July 25th, 2015

9:00 - 11:00am

South Surrey Athletic Park



Entry Fee
\$5.00

**Open to any child aged 5-10 years old,
no previous track & field background necessary!**

Kids can participate in a Run, Jump, Throw & Wheel program demo led by certified instructors in a fun and inclusive environment! After trying the RJTW program activities, they'll get to showcase their skills in a mini meet challenge with other participants! Events will include sprints, hurdles, jumps, turbo javelin, ball throw, steeplechase and relays.

Registration upon arrival at the track.

Then stick around to take in the other events of the meet happening all weekend!

For more information contact **Regan Yee** summer.student2@bcathletics.org

hosted by



www.runjumpthrowwheel.ca