

5th ANNUAL FLYING ANGELS INTERNATIONAL CLASSIC TRACK MEET

Terry Fox Stadium, Chinguacousy Park
9050 Bramalea Road
Brampton, Ontario, Canada L6S 6G7
July 4-5, 2015

Hosted by: Flying Angels Track & Field Academy
Sanctioned by: Athletics Ontario & Minor Track Association of Ontario
Website: www.flyingangels.ca
Meet Director: Earl Letford (416) 562-0898 track@flyingangels.ca

Eligibility: Clubs, Schools, Associations, Federations, Teams, and Individuals are eligible to compete

AGE DIVISIONS

Pee Wee	(PG, PB)	born in 2009-2010
Mite	(MG, MB)	born in 2007-2008
Tyke	(TG, TB)	born in 2005-2006
Atom	(AG, AB)	born in 2003-2004
MTA Senior	(SG, SB)	born in 2001-2002
Youth	(YG, YB)	born in 2000-1998
Open	(OW, OM)	born in 1997 & Older
Parents & Coaches	(CW, CM)	1985 & Older

* Athletes may compete in events in an older age group

DIVISION	EVENTS OFFERED
Pee Wee	60m, 150m, Standing Long Jump
Mite	100m, 200m, 400m, 800m, LJ, SP, 4x100
Tyke	100m, 200m, 400m, 800m, 1500m, 200mH, LJ, SP, 4x100, Sprint Medley Relay
Atom	100m, 200m, 400m, 800m, 1500m, 200mH, LJ, TJ, SP, DT, 4x100, Sprint Medley Relay
MTA Senior	100m, 200m, 400m, 800m, 1500m, 3000m, 200mH, LJ, TJ, SP, DT, 4x100, 4x400
Youth	100m, 200m, 400m, 800m, 1500m, 3000m, LJ, TJ, SP, DT, 4x100
Open	100m, 200m, 400m, 800m, 1500m, 3000m, LJ, TJ, SP, DT, 4x100, 4x400
Parents & Coaches	60m, 4x100

ENTRY INFORMATION AND INSTRUCTIONS

Entries may be completed by any of two options (Online, Hytek Team Manager)

1) **Online Entries**

Complete online entries at www.trackie.ca

Click on TRACKIEREG tab at top of page

Select "Current Events" to locate Flying Angels International Classic

Click "Register Now" and follow the steps to complete your entries.

2) **Hy-Tek Entries**

Information for entries using Hy-Tek Team Manager and the Hytek Meet Events file may be found at athleticsontario.ca.

Click on the Upcoming Events tab to locate Flying Angels International Classic.

When completed, email your Hytek entries file to entries@flyingangels.ca

Relay-Only Athletes

The names of all possible runners on all relay teams entered must be included with the entries, including athletes who are only competing in relay events. This will allow the athletes to receive a competition number and wristband to enter the stadium. However, the names of the four runners on each team and the running order need not be provided until the day of the meet.

ENTRY CONFIRMATION

As entries are processed, the performance lists will be made available online at www.athleticsontario.ca.

Please check online to confirm your entries following the entry deadline. Email corrections to entries@flyingangels.ca before Friday, July 3 at noon. There will be no corrections made on the day of the meet.

Entry Deadline

Monday, June 29, 2015

Entry Fees

\$10.00 per individual event

\$25.00 per relay

Late entries are not accepted

Make cheque or money order payable to **Flying Angels Track & Field**

FACILITY

All-weather polytan surface on 8-lane track.

Concrete throwing circles. Washroom facilities are available.

FACILITY RULES

Only officials and meet volunteers are permitted onto the competition areas. All others must go to the spectator viewing area.

PACKET PICKUP

Coaches may also pick up their team packet at the Registration Tent located at the entrance to the stadium.

The coach picking up the packet must pay for and take the entire packet.

Athletes and parents will not be able to pick up individual competitions numbers from inside the team packets.

Coaches must pay for ALL entries submitted.

Packages will only be released when payment has been received for all entries submitted.

MEET ADMISSION

Entry to the stadium will be by wrist bands only. Wrist bands for athletes and coaches will be included with the team's packet. Each team will be allotted 1 coaches wrist band for every 10 athletes registered. Wristbands for spectators and additional coaches will be sold at the tent located at the entrance to the stadium.

Spectator admission is \$5 each day. Children aged 12 and under are free.

SCHEDULE

A copy of the tentative schedule is attached. Event times are approximate. The schedule is subject to change based on entries received. A revised schedule will be in your packet and will be posted online at www.athleticsontario.ca on Thursday, July 3, 2013.

PERFORMANCE LIST & RESULTS

Performance lists will be posted online at www.athleticsontario.ca on Thursday, July 2.

Heat Sheets and results will be posted on the wall next to the concessions pavilion, west of the stadium.

Results will be posted online following the meet at www.athleticsontario.ca, minortrack.org, and trackie.ca.

ATHLETE CONTROL CENTRE / CHECK-IN PROCEDURE

Athletes must check in at the Athlete Control Centre no sooner than 90 minutes and no later than 30 minutes prior to the scheduled or re-scheduled start time of the event.

Athletes will be marshaled to their event by the meet staff.

AWARDS

An Overall Team trophy will be presented to the top teams with the most combined team points

Medals will be presented to the 1st, 2nd, and 3rd place finishers in each event

Plaques will be presented to athletes who break a meet record

SCORING

This is a scoring meet. The points are awarded as follows: 1st – 10 points, 2nd – 8 points, 3rd – 6 points, 4th – 5 points, 5th – 4 points, 6th – 3 points, 7th – 2 points, 8th place – 1 point

IMPLEMENTS AND WEIGH-IN

Throwing implements will be provided by the meet management.

Personal implements will be allowed and once checked-in, will be entered into the competition equipment pool.

Implement inspections will be held at the event area beginning at 9:00 a.m.

STARTING BLOCKS

Starting blocks are provided by the host. Personal blocks are not allowed.

WARM UP AREA

Athletes may warm up on the grassy area outside the stadium.

Absolutely no warm up is allowed on the infield.

Athletes will be marshaled to field event venues for warm up prior to the scheduled start of the event.

ATHLETE ADVANCEMENT TO FINALS

In the 100m & 200m events, the top 8 times from the qualifying round will advance to the Finals.

If there are 8 or fewer athletes that run in the first round, then that round will be run as a Final.

FALSE START RULE

False start rules follow those of the IAAF, with the following exception: in events staged for Pee Wee, Mite, Tykes, Atom and MTA Seniors, one false start will be allowed per race without disqualification of an athlete.

Any further false starts shall result in the disqualification of the athlete making a false start.

FIELD EVENTS

Competitors in the Mite, Tyke, and Atom Long Jump will use the 1-metre take off zone.

PROTEST

All protest must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee of \$50.00 will be returned if the protest is upheld.

EVENT SPECIFICATIONS

Hurdles Events	Division	Height
	Tyke	21"
	Atom	24"
	MTA Senior	27"
Shot Put	Mite	1.50 kg
	Tyke	2.00 kg
	Atom	2.73 kg
	MTA Senior	3.00 kg
	Youth Girls	3.00 kg
	Youth Boys	5.00 kg
	Open Women	4.00 kg
	Open Men	7.26 kg
Discus Throw	Atom	0.75 kg
	MTA Senior	1.00 kg
	Youth Girls	1.00 kg
	Youth Boys	1.50 kg
	Open Women	1.00 kg
	Open Men	2.00 kg

DIRECTION TO CHINGUACOUSY PARK

- Take Hwy 410 North
- Exit Queen Street, right turn (going east on Queen St.)
- Turn left onto Bramalea Road (going north),
- Turn left onto Goodwood to the park entrance.
- Terry Fox Stadium is at the east end of the Park

PARKING

There is ample free parking at the park.

MEET HOTELS

Courtyard Marriott Brampton

90 Biscayne Crescent
Brampton, Ontario, L6W 4S1
Phone: 905-455-9000
Contact: Nasir Jamil
Price: \$119.00 / night + 13 % tax
Complimentary buffet breakfast

Best Western Plus Brampton

30 Clark Boulevard
Brampton, Ontario, L6W 1X3
Phone: 905-454-1300
Contact: William Stapper
Price: \$99.00 / night + 13 % tax
Complimentary buffet breakfast

Ask for: **Flying Angels International Classic**

FURTHER INFORMATION

For further information, contact Earl Letford at **(416) 562-0898**

**FLYING ANGELS INTERNATIONAL CLASSIC
SATURDAY, JULY 4, 2015**

SCHEDULE OF EVENTS – DAY 1

Time	TRACK EVENTS Events	Time	FIELD EVENTS Events
10:00	1500m Finals TG, TB, AG, AB, SG, SB, YG, YB, OW, OM	10:00	Long Jump (Pit 1) OM Long Jump (Pit 2) TG Shot Put OW
11:00	200m Hurdles Timed Finals TG, TB, AG, AB, SG, SB	11:00	Long Jump (Pit 2) TB Shot Put OM
11:45	100m Heats (or Finals if 8 or less athletes in event) MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM *top 8 times to finals	11:30	Long Jump (Pit 1) OW
		12:00	Long Jump (Pit 2) AG Shot Put YG
1:00 pm	TRACK BREAK	1:00 pm	FIELD BREAK
2:00	400m Timed Finals MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM	2:00	Long Jump (Pit 1) YB Long Jump (Pit 2) AB Shot Put YB
		3:00	Long Jump (Pit 2) SG Shot Put SG
3:30	100m Finals PG, PB, MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM	3:30	Long Jump (Pit 1) YG
		4:00	Long Jump (Pit 2) SB Shot Put SB
4:30	60m Timed Finals PG, PB		
4:45	60m Timed Finals Parents & Coaches		
5:00	4 x 100m Relay Finals MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM		

SCHEDULE NOTES:

- The schedule may be advanced or delayed as the Meet Officials determine is reasonable
- Competitors in the Mite & Tyke Long Jump will use the 1-metre take off zone.

**FLYING ANGELS INTERNATIONAL CLASSIC
SUNDAY, JULY 5, 2015**

SCHEDULE OF EVENTS – DAY 2

Time	TRACK EVENTS Events	Time	FIELD EVENTS Events	
10:00	3000m Finals SG, SB, YG, YB, OW, OM	10:00	Triple Jump (pit 2) Standing Long Jump Shot Put	YB & OM PG & PB MG & TG
10:30	200m Heats MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM *top 8 times to the Finals	10:45	Shot Put	MB & TB
		11:00	Long Jump	MG
		11:30	Triple Jump (Pit 2) Shot Put	YG & OW AG
12:00	800m Finals MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM	12:00	Long Jump	MB
		12:15	Shot Put	AB
1:00	TRACK BREAK	1:00	FIELD BREAK	
		1:30	Discus Throw	YB & OM
2:00	200m Finals MG, MB, TG, TB, AG, AB, SG, SB, YG, YB, OW, OM	2:00	Triple Jump (Pit 2)	AB & SB
		2:15	Discus Throw	YG & OW
3:00	150m Finals PG, PB	3:00	Triple Jump (Pit 2) Discus Throw	AG & SG AB & SB
3:15	4 x 100m Relay Parents & Coaches			
3:30	Sprint Medley Relay (400-200-200-800) TG, AG, TB, AB	3:45	Discus Throw	AG & SG
4:00	4 x 400m Relay Finals SG, SB, OW, OM			
4:30	Awards Presentation			

SCHEDULE NOTES:

- The schedule may be advanced or delayed as the Meet Officials determine is reasonable
- Competitors in the Mite, Tyke, and Atom Long Jump will use the 1-metre take off zone.



MINOR TRACK ASSOCIATION



SANCTIONED AND REQUIRED BY:

ATHLETICS ONTARIO & MINOR TRACK ASSOCIATION OF ONTARIO

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2015 Flying Angels International Classic Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario
Minor Track Association of Ontario
Flying Angels Youth Organization
City of Brampton
Chinguacousy Park Terry Fox Stadium
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____	_____	_____
Date	Print Name	Signature (If under 18, parent or guardian or Power of Attorney to sign below.)

_____	_____	_____
Date	Print Name	Signature of Legal Guardian