



**Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records**

**Junior Girls
Synthetic Track**

Event	Athlete	Time/Distance	School	Year
80m Hurdles (30")	Stephanie Johnson	12.9	Cornwallis Jr.	1985
	Kilah Rolle	12.9	Tantallon Jr.	1993
	Jaimee Mulrooney	13.04*	Chester Area Middle School	2009
100m	Christine Fleury	12.5	West Kings	1995
	Nikkia Jones	12.64*	Gorsebrook	2006
200m	Kris Crowell	26.5	Cornwallis Jr.	1976
	Taylor Mattinson	26.49*	Oxford Regional Education Center	2014
400m	Jenna Martin	1:00.3	North Queens	2001
800m	Mary Jean Barrett	2:19.9	Sackville Heights	1977
1500m	Rachel Crawley	4:49.85*	St. Agnes	2011
3000m	Rachel Crawley	10:18.76*	St. Agnes	2011
4 x 100m		52.50*	Riverside Education Center	2014
4 x 400m		4:23.2	Cornwallis Jr.	1982
Shot Put (2.72 kg)	Chelsea Whalen	14.51 m	South Queens	2007
Shot Put (3kg)	Taylor Stutely	11.58 m	A.J. Smeltzer	2010
Discus (1kg)	Taylor Stutely	31.25m	A.J. Smeltzer	2010
Discus (0.75kg)				2015
Javelin (400g)	Katherine Marksson	37.38m	Astral Drive	1999
Javelin (600g)	Allison Chandler	31.70 m	Chester Area Middle School	2012
High Jump	Laura Maessen	1.63m	Bicentennial Jr. High	2004
Long Jump	Michele Adams	4.98 m	Chester	1985
Triple Jump	Rachel Holland	10.48m	Middleton Regional	2013

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (30")	Ashley Wicks	13.0	Truro Jr.	2000
100m	Gillian Rafuse	13.0	Hebbville Academy	1999
200m	Gillian Rafuse	27.3	Hebbville Academy	1999
400m	Gillian Rafuse	1:01.5	Hebbville Academy	1999
800m	Erin MacLean	2:27.2	Dwight Ross Jr.	1999
1500m	Erin MacLean	5:02.2	Dwight Ross Jr.	1999
3000m	Erin MacLean	10:53.6	Dwight Ross Jr.	1999
4 x 100m		54.5	Halifax Grammar	1999
4 x 400m		4:30.1	Hebbville Academy	1999



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Junior Boys

Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (33")	Craig Leger	14.88*	Bible Hill	2003
100m	Nick Smith	11.5	Caledonia	1995
	Jack Campbell	11.73*	Halifax Central	2013
200m	Derek Dempster	24.1	A.J. Smeltzer	1984
	Cameron Veinot	24.26*	North Queens	2005
400m	Barrett Dachyshyn	53.72*	Halifax Central	2013
800m	Hudson Grimshaw-Surette	2:05.11*	Maple Grove	2013
1500m	Mike Tate	4:19.71*	St. Andrew Jr. High	2009
3000m	Tobias Wolter	9:15.14*	Hebbsville	2011
4 x 100m		48.4	Astral Drive	1990
4 x 400m		3:48.10*	Halifax Central	2013
Shot Put (4kg)	Bill MacQuarrie	13.90m	St. Andrew Jr. High	1977
Discus (1kg)	Bill MacQuarrie	43.68m	St. Andrew Jr. High	1977
Javelin (600g)	Robbie Goodwin	45.12m	Cornwallis Jr.	1981
High Jump	Brandon Mallally	1.77m	Bible Hill	2004
Long Jump	David MacDonald	5.79m	Fountain Academy	2012
Triple Jump	Kaelan Schmidt	12.03m	East Pictou Middle School	2012

**electronic timing*

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (33")	Donal Corkum	15.9	Halifax Grammar	1999
100m	Ryan Elmore	12.1	Middleton Regional	1997
200m	Cal Lewis	24.5	New Glasgow	1999
400m	Nathan Wheeler	55.5	Gorsebrook	1999
800m	Jeff Englehutt	2:15.4	Halifax Grammar	1999
1500m	Gerard Bray	4:40.02	Oxford St. School	2000
3000m	Jeff Englehutt	10:08.8	Halifax Grammar	1999
4 x 100m		49.7	New Glasgow	1999
4 x 400m		4:02.2	A. J. Smeltzer	1999



**Nova Scotia School Athletic Federation
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**Intermediate Girls
Synthetic Track**

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Susie Lajoie	12.5	Middleton Regional	2008
	Emily Phelan	12.70*	Dartmouth High	2010
100m Hurdles (33")	Rachelle Langford	14.7	Yarmouth	1983
100m	Trina Nickerson	12.2	Barrington	1991
	Christine Fleury	12.2	West Kings	1997
	Marissa Walter	12.33*	Central Kings	2007
200m	Cecilia Branch	25.5	St. Patrick's	1973
	Leanne Huck	25.66*	Halifax Grammar	2001
400m	Jenna Martin	57.24*	Bridgewater	2003
800m	Louise Palmer	2:12.6	Gorsebrook	1977
1500m	Sadie Petrie	4:45.49*	Oxford Jr. High	2009
3000m	Sadie Petrie	10:20.17*	Oxford Jr. High	2009
4 x 100m		51.52*	Cobequid Education Center	2010
4 x 400m		4:07.64*	Halifax Grammar	2007
Shot Put (4kg)	Chelsea Whalen	12.98m	Liverpool Regional	2009
Discus (1kg)	Sarah Colborne	39.15m	Cobequid Education Center	2012
Javelin (600g)	Kate Forbes	39.00m	Central Colchester	1997
Javelin (500g)				2015
High Jump	Tracey Loke	1.72m	Halifax West	1986
	Natalie Munroe	1.72m	Queen Elizabeth	1986
Long Jump	Cecilia Branch	5.32m	St. Patrick's	1973
Triple Jump	Kristen Gibson	11.02m	Lockview	2010
Pole Vault	Laura Maessen	2.60m	Bicentennial	2005

*electronic timing

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Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Ada Poranek	13.9	St. Patrick's	1997
	Sali Brow	13.9	Ellenvale	1999
100m	Christine Fleury	12.2	West Kings	1997
200m	Christine Fleury	26.2	West Kings	1997
400m	Leslie Ripley	1:02.9	Amherst Regional	1997
800m	Laura O'Connell	2:27.9	C. P. Allen	1999
1500m	April Kennedy	4:57.84	Cornwallis District	2000
3000m	April Kennedy	11:28.8	Cornwallis District	1999
4 x 100m		54.3	Amherst Regional	1999
4 x 400m		4:27.69	Amherst Regional	2000



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Intermediate Boys

Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (36")	Matt Coolen	14.17*	Halifax West	2013
	Dominic Bricault	14.1	Ecole du Carrefour	1995
110m Hurdles (36")	Ray Bourque	15.7	Halifax West	1983
100m	Patrick Benjamin	10.5	Cole Harbour High	1998
200m	Patrick Benjamin	22.3	Cole Harbour High	1998
400m	Jonathan Campbell	50.87*	Sydney Academy	2005
800m	Brett Bauld	1:59.0	Halifax West	1986
	Hudson Grimshaw-Surrette	1:59.10*	Yarmouth Consolidated	2014
1500m	Sebastien Flynn	4:05.98	Ellenvale	2004
3000m	Tobias Wolter	8:51.66*	Park View	2013
4 x 100m		45.5	Sackville High	1976
4 x 400m		3:35.4	Prince Andrew	1984
Shot Put (4kg)	Chris Meisner	17.56m	Lunenburg High	1999
Shot Put (5kg)	Robert Kennedy	14.43m	Cobequid Education Center	2010
	Luke Young	14.43m	Forest Heights	2012
Discus (1.616kg)	Geoffrey Myatt	42.68m	Sydney Academy	2007
Discus (1.5kg)	Peter Millman	42.29m	Cobequid Education Center	2010
Javelin (800g)	Jared Baird	53.46m	Cobequid Education Center	2005
Javelin (700g)	Logan Cleveland	49.63m	Park View	2013
High Jump	Charles MacKay	1.95m	Inverness Consolidated	1988
Long Jump	David Paxton	6.44m	South Colchester	1997
Triple Jump	Mike Orodugba	13.82m	King's-Edgell	1986
Pole Vault	Brendan O'Neill	3.65m	Sackville High	1993

*electronic timing

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Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (36")	Ryan Veniot	14.9	Queen Elizabeth	1997
100m	Nick Smith	11.4	Prince Andrew	1997
200m	Erlando Symmonds	23.91	Cole Harbour	2000
400m	Andrew Sibley	52.4	Brookfield Jr.	1997
800m	Jeff Manley	2:05.3	Riverview	1999
1500m	Jeff Englehutt	4:20.64	Halifax Grammar	2000
3000m	Ryan Rafuse	9:49.2	Horton	1999
4 x 100m		47.6	Central Kings Rural	1997
4 x 400m		3:48.5	Middleton Regional	1997



**Nova Scotia School Athletic Federation
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**Senior Girls
Synthetic Track**

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Kari Beiswanger	12.30*	Halifax West	2012
100m Hurdles (33")	Cecilia Branch	13.7	St. Patrick's	1975
100m	Cecilia Branch	11.7	St. Patrick's	1975
	Nicole Gillis	11.7	Sackville High	1987
	Jenna Martin	11.91*	Bridgetown	2006
200m	Jenn Meech	24.84*	Cobequid Education Center	2012
400m	Jenna Martin	54.13*	Bridgetown	2006
800m	Mary Jean Barrett	2:13.3	Sackville High	1980
1500m	Robyn Meagher	4:35.7	Mulgrave Memorial	1984
3000m	Laura Englehutt	10:16.18*	Halifax Grammar	2006
4 x 100m		50.32*	Cobequid Education Center	2004
4 x 400m		4:01.53*	Park View	2009
Shot Put (4kg)	Chelsea Whalen	13.26m	Liverpool Regional	2010
Discus (1kg)	Kayla Gallagher	41.92m	Cobequid Education Center	2012
Javelin (600g)	Chelsea Whalen	44.20m	Liverpool Regional	2010
High Jump	Linda Ayer	1.72m	Halifax West	1983
Long Jump	Cecilia Branch	5.45m	St. Patrick's	1975
Triple Jump	Carly Bunyan	11.31m	SAERC	1999
Pole Vault	Aly McPhee	3.15m	Sir John A. MacDonald	2006

*electronic timing

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Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Diane Hatcher	13.0	Forest Heights	1999
100m	Joanna Donnelly	12.7	Central Kings Rural	1997
200m	Leslie Ripley	27.0	Amherst Regional	1999
400m	Leslie Ripley	1:02.4	Amherst Regional	1999
800m	Heidi Cooke	2:25.8	Cobequid Education Center	1997
1500m	Kristin Lewis	5:03.7	St. Patrick's	1997
3000m	Kristin Lewis	10:56.4	St. Patrick's	1997
4 x 100m		53.4	Amherst Regional	1999
4 x 400m		4:20.8	Middleton Regional	1997



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Senior Boys

Synthetic Track

Event	Athlete	Time/Distance	School	Year
110m Hurdles (39")	Scott Kirkpatrick	14.6	Halifax West	1982
100m Hurdles (39")	Troy Bezanson	13.7	Sir. John A. MacDonald	1993
100m	Roger Crawley Kyu-Won Cho	10.5 10.69*	Graham Creighton Citadel High	1971 2009
200m	Mike Van Der Pol	21.72	Cobequid Education Center	2014
400m	Justin Blades	49.01*	Yarmouth Memorial	2010
800m	Jake Gallagher	1:54.47*	C.P Allen	2005
1500m	Mike Tate	3:54.91*	Dr. J.H. Gillis	2013
3000m	Mike Tate	8:49.61*	Dr. J.H. Gillis	2012
5000m	John Carson	14:56.6	Prince Andrew	1982
4 x 100m		43.26*	Cobequid Education Center	2014
4 x 400m		3:26.09*	Cobequid Education Center	2014
Shot Put (5.44 kg)	Chris Meisner	16.48m	Lunenburg Jr/Sr	2001
Shot Put (6kg)	Peter Millman	16.17m	Cobequid Education Center	2012
Discus (1.616kg)	Chris Meisner	49.22m	Lunenburg Jr/Sr	2000
Discus (1.75kg)	Peter Millman	49.76m	Cobequid Education Center	2012
Javelin (800g)	Adam Wolkins	61.64m	Shelburne	2005
High Jump	Tim Wrigley	2.06m	Middleton	1981
Long Jump	Dave Lucas	7.15m	Annapolis	1956
Triple Jump	Howie Jackson	14.25m	Bridgetown	1964
Pole Vault	Dominic Bricault	3.85m	Ecole du Carrefour	1996

*electronic timing

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Non-Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (39")	Keith Suryer	14.6	C.P. Allen	1997
100m	Patrick Benjamin	11.0	Cole Harbour	1997
200m	David Paxton	22.9	South Colchester	1999
400m	Joel Dalrymple	52.2	C.P. Allen	1997
800m	Andrew Dunbrack	2:03.6	C.P. Allen	1997
1500m	Eric Gillis	4:17.2	Dr. J.H. Gillis	1999
5000m	Danny Rizcallah	16:08.8	Halifax West	1999
4 x 100m		45.6	South Colchester	1999
4 x 400m		3:38.2	Forest Heights	1997