

**Canadian Junior/Senior
Combined Events
Championship**
Ottawa, Canada
June 19-21, 2015



Technical Package

(version 28 April 2015)



1 General Information

1.1 Local Organizing Committee (LOC)

LOC Chairman / Meet Director:	Andy McInnis
Assistant Meet Director:	Ryan Rowat
Athletics Canada Technical Director:	Scott MacDonald
Technical Officials Manager:	Ken Porter
Facilities Manager:	Anne Lapointe
Technical Volunteers Manager:	John Burchill
Accommodations/Transport Manager:	Paul Bedard
Technical Field Events / Equipment:	Joe Burke
Volunteer Support / Security:	Marla McInnis

1.2 General Programme

Date	Time	Event	Place
Wednesday 17 June	14:00-18:00	General Training	Terry Fox AF
Thursday June 18	12:00	Technical Meeting Senior Championship	TBA
	14:00-18:00	General Training	Terry Fox AF
Friday 19 June	10:00-17:00	Day 1 Senior Competition	Terry Fox AF
	12:00	Youth/Junior Technical Meeting	Terry Fox AF
Saturday 20 June	10:00-18:00	Day 2 Senior /Day 1 Youth/Junior Competition	Terry Fox AF
Sunday 21 June	10:00-17:00	Day 2 Youth/Junior Competition	Terry Fox AF

1.3 Final BBQ

A BBQ for participants will take place Saturday 20 June following the completion of the senior men's decathlon.

2. Accommodation

The LOC will be making accommodation arrangements for athletes and team officials at a yet to be determined hotel. The hotel will be open for the championships on 17 June. If competitors are planning to arrive in Ottawa earlier than 17 June, please contact the LOC (capitalcup@ottawalions.com) well in advance to make sure specific arrangements are made.

2.1 Teams

2.1.1 Hotel

Teams shall be accommodated at location to be determined.

2.1.2 Costs

The LOC will secure group rates for double room suites for the period of 4 nights during the period of the Championships: check-in on 17 June and check-out on 21 June. Additional costs will be applicable in the following cases:

- Stay outside the official period
- Single room
- Extra officials.

For cases of supplementary stay, please be advised we will provide costs as soon as they become available.

2.1.3 Reservations

Reservations will be the responsibility of participating athletes.

3. Transportation

Transportation between the Championship accommodation and the stadium will be arranged by the LOC bus service. A detailed specific timetable will be posted on notice boards at the hotel.

3.1 Travel Times

A championship bus will transport athletes from the hotel to the stadium. The approximate travel time is 15 mins.

4. Information Centres

4.1 Technical Information Centre (TIC):

The location of the Technical Information Centre (TIC) will be identified at the Technical Meetings scheduled for Thursday June 18 and Friday June 19 at the Championship hotel.

Starting Lists will be posted daily at the TIC; a copy will be given to Team Leaders. Results and scoring updates will be posted once each event has been concluded. All results will be posted by LIVE RESULTS on Athletics Canada's web site and the Championship Home Page.

4.2. Championship Information Board

This will be situated in the hotel and shall display the following:

- All official communications to the teams, including Start Lists and Results
- Information for issues relating to accommodation, meals, transport and the Championships in general.

5. Competition and Training Venues, Equipment and Implements

5.1 Terry Fox Athletic Facility

The Canadian Junior/Senior Combined Events Championship will take place at Terry Fox Athletic Facility, Mooney's Bay Park, 2960 Riverside Drive, Ottawa. This was the venue of the 2001 Jeux de la Francophonie and the 2012, 2013 and 2014 Panamerican Combined Events Cup and offers adequate facilities for the competition, warm up and training.

The venue is a Mondo track, installed in 2010, with 8 lanes in both the straight and oval.

Track – Mondo Super X – IAAF Class II Certified Facility
2 - LJ runways – Mondo
2 - PV runways – Mondo
2 - SP circles – Concrete
2 - DT circles – Concrete
2 - JT runways – Mondo

Spike lengths – 7mm for all events

**** Proper replacement spikes will be available for those athletes whose footwear is not compliant. Organizers will NOT BE RESPONSIBLE for the changing of spikes****

The warm-up facilities will be a grassed soccer pitch adjacent to the track, which also includes a 3 lane 90 meter straightaway (Mondo) with adjacent washrooms and medical area.

5.2 Athlete Control Centre (ACC) or Call Room

The ACC will be located within the vicinity of the Track and will be properly identified during the Technical Meeting. All athletes must report to the ACC or Call Room bearing their Championship identification and competition bibs as provided by the LOC for the first event for each day of competition.

5.3 Training

The Terry Fox Athletic Facility will be the sole dedicated training venue, which will operate from June 16 (after 5pm). In case of earlier arrivals, it will be possible to use the Terry Fox Athletic Facility where training sessions will be organized as required.

5.4 Sports Equipment

5.4.1 Vaulting Poles

Decathlon Pole Vault: Poles from the LOC / Local Club will be made available for rental to decathletes at a cost of CAD \$150 per athlete, **payable at the technical meeting**. Athletes should directly contact the LOC for an inventory of poles and to make arrangements at capitalcup@ottawalions.com.

5.5 Implements

5.5.1 Official Implements

The LOC will provide official implements for the competition.

5.5.2 Personal Implements

Personal Implements will be allowed, providing that:

- they are readily identifiable and are IAAF certified
- they are not already on the official list
- they have been checked for compliance with IAAF Rules
- they are made available to all the other athletes until the end of the Final

The checking procedure will be as follows:

Checking	Location & Time	Return
Personal Throwing Implements are to be checked prior to the event. When submitted, a receipt will be given.	Technical Information Centre no later than 18:00 the day before the event.	Implements are returned in exchange for the receipt after the event's Final at the Technical Information Centre

6 Entries and Final Confirmation

6.1 Entry Standards and Entry Rules

The 2015 Canadian Junior/Senior Combined Events Championship will not feature an entry standard.

6.2 Registration

Athletes wishing to enter the Canadian Junior and Senior Championships are to do so through Trackie.ca after May 1, and pay the CAD \$50.00 entry fee.

6.3 Final Confirmations

Upon arrival each team will be provided with a set of entry lists to confirm their entries and individual event seed performances. These sheets must be filled out and submitted at the Technical Meeting at 12:00 PM.

7 Competition Procedures

7.1 Technical Meeting

The Senior Technical Meeting will take place at 12:00 PM on Thursday 18 June at a location to be determined. The Junior Technical Meeting will take place at 12:00 PM on Friday 19

June at the Terry Fox Athletic Facility. The meeting locations will be posted in the main entrance area of the Championship Hotel. Translation will be provided consecutively in Spanish. Translation in both French and Portuguese will be provided if requested in advance (24 hours notice).

7.2 Athletes Bib's

7.2.1 General

All athletes will receive three bibs as follows:

- Two bibs for the competition vest, one of which will carry the athlete's name and must be worn on the chest
- One bib for the bag

The bibs (and the necessary safety pins) shall be distributed during the Technical Meeting. Bibs which are not collected shall be taken to the Stadium ACC. Bibs must be worn in accordance with IAAF Rules and must not be cut, folded or obscured in any way.

7.2.2 Vertical Jumps

In the Pole Vault and High Jump, athletes can decide to wear only one bib on the front OR on the back. In this case it must be the bib with the name.

7.2.3 Hip Numbers for Track Events

For Track Events athletes will also be given two adhesive hip numbers at the start line. The hip numbers must be secured to both sides of the athlete's shorts/legs.

7.3 Personal Belongings

A strict inspection shall be made on illegal and prohibited items during check-in for each day's competition at the ACC, which athletes may have in their possession. Cassette recorders, radios, CD/MP3 players, mobile phones, cameras, etc. are not permitted at event sites.

7.4 Protests and Appeals

Protests and Appeals shall be handled according to IAAF Rule 146, an extract of which appears hereunder. Protests and appeals shall be handled by the TIC at the Stadium.

8 Medical Services

8.1 General

Medical Services will be provided to the participants of the Canadian Junior/Senior Combined Events Championship in accordance with the IAAF Competition Medical Guidelines. All medical issues will be handled and/or supervised by physicians trained in sports medicine (general practitioner or specialist in internal medicine) as well as by orthopedic surgeons.

First Aid treatments for acute injuries and emergency situations at the Championship Facility will be provided by the LOC free-of-charge for all accredited team members. Any further costs incurred must be paid by the patient and/or their teams through appropriate medical

insurance coverage. It is strongly advised that each accredited person has its own medical insurance. Teams are also responsible for sufficient medical insurance to cover, for example, any treatment in a hospital, non-urgent treatment, or emergency transport for their team members.

9 Doping Control

The Organizing Committee shall reserve the right to conduct anti-doping tests considered necessary in compliance with the Anti-Doping Control requested by IAAF rules. All competitors must be available for testing when requested

10 Awards

Canadian Championship medals will also be presented to the top three finishers from Canada in both the junior and senior heptathlon and decathlon.

11 Weather Conditions

Average June weather conditions in Ottawa from 2010 until 2014

Date	Average Temperature (°C)	Average Precipitation (mm)
June 16	23.1	8.3
June 17	25.6	2.9
June 18	25.0	0.3
June 19	25.0	2.5
June 20	26.2	1.3
June 21	27.7	0.0

12 Schedule

Combined Events Competition Schedule

Tentative Schedule (as of April 16, 2015)

The Final Meet Schedule will be revised based on entries and presented at the Technical Meeting on Thursday June 18 and posted on the Championship Web Site

SENIOR DIVISION

Decathlon – Day 1 – (June 19th)	100m	Long Jump	Shot Put	High Jump	400m
	9:30am				
Decathlon – Day 2 – (June 20th)	110m Hurdles	Discus	Pole Vault	Javelin	1500m
	9:00am				
Heptathlon – Day 1 – (June 19th)	100m Hurdles	High Jump	Shot Put	200m	
	10:15am				
Heptathlon – Day 2 – (June 20th)	Long Jump	Javelin	800m		
	10:00am				

YOUTH/JUNIOR DIVISION

Decathlon – Day 1 - (June 20th)	100m	Long Jump	Shot Put	High Jump	400m
	9:00am				
Decathlon – Day 2 - (June 21st)	110m Hurdles	Discus	Pole Vault	Javelin	1500m
	9:00am				
Heptathlon – Day 1 – (June 20th)	100m Hurdles	High Jump	Shot Put	200m	
	10:00am				
Heptathlon – Day 2 – (June 21st)	Long Jump	Javelin	800m		
	9:00am				