



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

Athletics Manitoba Spring Open Tentative Schedule Schedule

Friday, May 8th, 2015

Track

5:30 pm	1500m Steeple 2000m Steeple 3000m Steeple	Midget Men & Women Youth Men & Women/Junior/Senior Women Junior/Senior Men
6:15 pm	110mh 100mh 80mh	Men Men/Women Men/Women
6:45 pm	150m 150m	Pee Wee/Bantam Men Pee Wee/Bantam Women
7:00 pm	200m 200m	Midget & up Men Midget & up Women
7:30 pm	600m	Pee Wee Men/Women
7:45 pm	800m 800m 800m 800m	Bantam/Midget/Special O Men Youth/Junior/Senior Men Bantam/Midget/Special O Women Youth/Junior/Senior Women
8:30 pm	4x400m 4x400m	Youth/Junior/Senior/Special O Men Youth/Junior/ Senior/Special O Women

Field

5:30 pm	Standing Long Jump	Pee Wee/Bantam Men and Women
6:00 pm	Javelin	Men & Women
6:00 pm	Pole Vault	Women
7:30 pm	Pole Vault	Men
6:00 pm	Long Jump	Midget/Youth/Junior/Senior Women
7:30 pm	Long Jump	Bantam/Special O Men and Women
8:15 pm	Long Jump	Midget/Youth/Junior/Senior Men
7:15 pm	Discus	Women
8:00 pm	Discus	Men



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Athletics Manitoba Spring Open Tentative Schedule May 9th, 2015

<u>Track</u>		
9:30 am	3000m	Youth & up Women
	3000m	Youth & up Men
10:15 am	2000m	Midget Women/Men
10:30 am	400m	Youth/Junior/Senior Men
	400m	Youth/Junior/Senior Women
10:50 am	80m	Pee Wee/Bantam Men
	80m	Pee Wee/Bantam Women
11:15 am	100m	Midget/Youth/Junior/Senior Men
	100m	Midget/Youth/Junior/Senior Women
11:45 am	200mh	Midget Men/Women
	300mh	Youth Men/Women
	400mh	Junior/Senior Men/Women
12:10 pm	1200m	Bantam/Midget Men
	1200m	Bantam/Midget Women
12:30 pm	300m	Bantam/Midget Men
	300m	Bantam/Midget Women
12:45 pm	1500m	Youth/Junior/Senior Men
	1500m	Youth/Junior/Senior Women
1:10 pm	4x100m	Men
1:20 pm	4x100m	Women
<u>Field</u>		
9:30 am	Long Jump	Pee Wee Men & Women
9:30 am	Shot Put	Special O Men & Women 3 attempts
10:30 am	Shot Put	Pee Wee/Bantam Men & Women 3 attempts
11:30 am	Shot Put	Midget/Youth/Junior/Senior Men
12:45 pm	Shot Put	Midget/ Youth/Junior/Senior Women
10:30 am	Triple Jump	Midget/Youth/Junior/Senior Women
11:45 am	Triple Jump	Midget/Youth/Junior/Senior Men
10:00 am	High Jump	Midget/Youth/Junior/Senior Men
11:30 pm	High Jump	Pee Wee & Bantam Women & Men
1:00 pm	High Jump	Midget/Youth/Junior/Senior Women
1:30 pm	Hammer	Midget/Youth/Junior/Senior Men & Women