# UofA Outdoor Challenge 

Foote Field on the campus of the University of Alberta
Sanctioned by Athletics Alberta
Saturday May $23^{\text {rd }}$, 2015

## Finalized Notes \& Schedule

Check in one hour prior to event to pick up number. All events will go as listed at the competition venue, except the 200 m
${ }^{* * * *}$ Important note for 200 m event ${ }^{* * *}$ The $\mathbf{2 0 0 m}$ will be reseeded 30 min prior to the event to ensure all lanes are appropriately full. If you do not intend on racing please inform the check in table promptly

## Website \& Updates

Please continually check http://www.trackie.com/online-registration/event.php?id=2113 for updates

## Timing \& Results

Contract service provided by EllisTimming http://www.ellistiming.ca/

## Preferred Lanes

Sprint Races: 4.5.3.6.2.7.8.1

Oval Races: $\quad 4.5 \cdot 3.6 .2 .7 .8 .1$

## Sprint Directions

100 m races will be run in the most favorable direction as determined by the Meet Director

## Packet Pick Up

There will be no packet pick up. Athletes must simply check in at the check in station to pick up their hip number

## Competition Warm Up

Warm up will be permitted on the competition track, providing it does not interfere with the events on the track or crosses the finish line

## Finalized Schedule:

Saturday May $23^{\text {rd }}$, 2015
Track Events:

| Time | Event | \# of Heats | Entries | Notes |
| :---: | :---: | :---: | :---: | :---: |
| 1:00 | $=100 \mathrm{mH}$ Women | One Timed Final | (2) |  |
| 1:10 | $=110 \mathrm{mH}$ Men | One Timed Final | (2) | youth \& jr specs |
| 1:15 | $=1500 \mathrm{~m}$ Women | One Section | (4) |  |
| 1:22 | $=1500 \mathrm{~m}$ Men | One Section | (5) |  |
| 1:40 | $=100 \mathrm{~m}$ Women Heats | Two Heats | (9) | 5 min per heat |
| 1:50 | $=100 \mathrm{~m}$ Men Heats | Two Heats | (11) | 5 min per heat |
| 2:05 | $=400 \mathrm{~m}$ Women | One Heat | (8) |  |
| 2:20 | $=400 \mathrm{~m}$ Men | One Heat | (5) |  |
| Track Break |  |  |  |  |
| 2:35 | $=100 \mathrm{~m}$ Women Final B |  |  |  |
| 2:50 | $=100 \mathrm{~m}$ Women Final A |  |  |  |
| 2:45 | $=100 \mathrm{~m}$ Men Final B |  |  |  |
| 2:50 | $=100 \mathrm{~m}$ Men Final A |  |  |  |
| 3:00 | $=800 \mathrm{~m}$ Women | One Section | (8) |  |
| 3:05 | $=800 \mathrm{~m}$ Men | One Section | (9) |  |
| 3:30 | $=400 \mathrm{~m}$ Hurdles Women | One Section | (1) |  |
| 3:35 | $=400 \mathrm{~m}$ Hurdles Men | One Section | (4) |  |
| 3:50 | $=200 \mathrm{~m}$ Women Timed Final | Two Section | (10) | Fast to slow, 5min per |
| 3:55 | $=200 \mathrm{~m}$ Men Timed Final | Two Section | (13) | Fast to slow, 5 min per |

## Field Events:

12:30 Field Events

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\text { Men's LJ (1) } \quad+\quad \text { Women } \mathrm{HJ}(2)
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1:30 Field Events

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Women LJ (3) + Men HJ (2)
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