

NCCP Sport Coach Clinic Flyer - Track and Field

Dates Friday, March 27, 2015, 6pm to 9pm
Saturday, March 28, 2015, 9am to 5pm
Sunday, March 29, 2015, 9am to 5pm



Course The NCCP Sport Coach course (formerly Level 1) is a great introduction to coaching track and field. The course will cover teaching progressions, long term athlete development, practice planning, error detection and correction, safety, rules and more. Events covered will include sprints, hurdles, middle distance, relays, long jump, triple jump, high jump, shot put, javelin and discus.

Location Chippewa Secondary School, 539 Chippewa St West, North Bay, Ontario P1B 6G8

Coordinator Brian Risk

Instructor Brian Risk is an NCCP Level 5 coach and has been assigned to 14 national teams. He is a published author, has 30+ years of coaching experience, retired teacher, retired National Pole Vault Development Chair for Canada, and Master Course Conductor/contributing author for the NCCP program.

Cost The cost is \$160 for Athletics Ontario registered coaches and \$170 for non-registered Athletics Ontario coaches.

Manuals All participants will receive comprehensive technical manuals

Register [www.???? to register online](#)

Age You must be at least 16 years of age to register for this course.

Activity This is an activity based workshop. You are encouraged to participate in the activities as best you can but participation is not mandatory. You should dress for light activity.

Cancel This course requires a minimum number of coaches to run.

Demo's It is always nice to have some student-athlete volunteers at the course to serve as demonstrators. Please check with the coordinator above if you have any volunteers.

More info Brian Risk 705-497-8779 or risk@vianet.ca