

**2015 FLYING ANGELS INDOOR CLASSIC
TRACK MEET
(Revised 1.25.2015)**

Toronto Track & Field Centre, York University
231 Ian MacDonald Boulevard
Toronto, Ontario, Canada M3J 3L9
Sunday, February 1, 2015

Hosted by: Flying Angels Track & Field Club
Sanctioned by: Ontario Minor Track Association
Website: flyingangelsindoorclassic.webs.com
Meet Director: Earl Letford (416) 562-0898 / track@flyingangels.ca

Eligibility: Clubs, Schools, Associations, Federations, Teams, and Individuals are eligible to compete.
Non-MTA members are required to pay the \$5 MTA daily insurance fee

AGE DIVISIONS

Pee Wee	(PG, PB)	born in 2009 & Younger
Mite	(MG, MB)	born in 2007-2008
Tyke	(TG, TB)	born in 2005-2006
Atom	(AG, AB)	born in 2003-2004
MTA Senior	(SG, SB)	born in 2001-2002

DIVISION

Pee Wee	EVENTS OFFERED 60m, 200m
Mite	60m, 200m, 400m, 800m, 60mH (12"), LJ, SP (1.5 kg), 4x200
Tyke	60m, 200m, 400m, 800m, 1500m, 60mH (18"), LJ, HJ, SP (2.0 kg), 4x200
Atom	60m, 200m, 400m, 800m, 1500m, 60mH (24"), LJ, TJ, HJ, SP (2.78 kg), 4x200
MTA Senior	60m, 200m, 400m, 800m, 1500m, 60mH (24"), LJ, TJ, HJ, SP (3.0 kg), 4x200

ENTRY INFORMATION AND INSTRUCTIONS

Online Entries Complete online entries at www.trackiereg.com

Hy-Tek Entries Complete entries using Hy-Tek Team Manager.
The events file may be found at minortrack.org.
Email the completed entries to entries@flyingangels.ca

No Excel, Mail, or faxed entries accepted

Entry Deadline Wednesday, January 28, 2014

Entry Fees \$10.00 per individual event
\$20.00 per relay
Late entries are not accepted
Please make cheque payable to **Flying Angels Track & Field Academy**

FLYING ANGELS INDOOR CLASSIC

PACKET PICKUP

Coaches should pick up their team's meet packet at the registration room located upstairs at the Toronto Track & Field Center beginning at **8:30 am**.

MEET ADMISSION

All entry to the indoor track will be by wrist bands.

Wrist bands for athletes and coaches will be distributed with the team's packet.

Each team will be allotted 1 coaches wrist band for every 10 athletes registered.

EVENT SCHEDULE

A tentative schedule is enclosed.

The schedule is a rolling schedule with the morning session commencing at **10:00 am** and the afternoon session starting at **2:00 pm**

Events will begin immediately at the conclusion of the previous event.

HEAT SHEETS & RESULTS

Performance lists will be posted on the website **minortrack.org** beginning Thursday, January 29, 2015.

Heat Sheets and results will be posted on the south wall and upstairs behind the stands.

ATHLETE CHECK-IN

All athletes must check in directly to their event when the event is called.

AWARDS

A team trophy will be presented to the top five teams with the most combined team points

Flying Angels Indoor Classic medals will be presented to the 1st, 2nd, and 3rd place finishers in each event

SCORING

This is a scoring meet. The points are awarded as follows: 1st – 10 points, 2nd – 8 points, 3rd – 6 points, 4th – 5 points, 5th – 4 points, 6th – 3 points, 7th – 2 points, 8th place – 1 point

STARTING BLOCKS

All starting blocks are provided by the host

FIELD EVENTS

All athletes in the long jump, triple jump, and shot put get **three attempts only**.

Competitors in the Mite, Tyke, and Atom Long Jump will use the 1-metre take off zone.

DIRECTION TO TORONTO TRACK & FIELD CENTRE

- Follow Highway 401 to Highway 400 North
- Follow Highway 400 north to the Steeles Avenue exit.
- Go East (left) on Steeles, past Jane Street to the second set of lights.
- Turn right on Founders Road
- Take immediate first left entrance to parking lot.
- Follow the sidewalk west to the front of the Track and Field Centre.

PARKING

There is ample parking in the parking lot located east of the Track & Field Centre.

FURTHER INFORMATION

For further information, contact Earl Letford at **(416) 562-0898**

**2015 FLYING ANGELS INDOOR CLASSIC
SUNDAY, FEBRUARY 1, 2015**

**SCHEDULE OF EVENTS
(Revised 1.25.2015)**

10:00 AM - MORNING SESSION

TRACK EVENTS

1500m Finals
TG, TB, AG, AB, SG, SB

60m Heats or Finals
PG, PB, MG, MB, TG, TB, AG, AB, SG, SB

400m Finals
MG, MB, TG, TB, AG, AB, SG, SB

60m Hurdles Heats or Finals
MG, MB, TG, TB, AG, AB, SG, SB

LUNCH BREAK

FIELD EVENTS

Long Jump (Pit 1) SB
Long Jump (Pit 2) AB
High Jump TB
Shot Put MB
Shot Put TB

Long Jump (Pit 1) TB
Long Jump (Pit 2) MB
High Jump AB
Shot Put AB

Triple Jump AB & SB
High Jump SB
Shot Put SB

LUNCH BREAK

2:00 PM - AFTERNOON SESSION

60m Hurdles Finals (if necessary)
MG, MB, TG, TB, AG, AB, SG, SB

60m Finals (if necessary)
PG, PB, MG, MB, TG, TB, AG, AB, SG, SB

800m Timed Finals
MG, MB, TG, TB, AG, AB, SG, SB

200m Timed Finals
PG, PB, MG, MB, TG, TB, AG, AB, SG, SB

4x200 Relay
MG, MB, TG, TB, AG, AB, SG, SB

Long Jump (Pit 1) SG
Long Jump (Pit 2) AG
High Jump TG
Shot Put MG
Shot Put TG

Long Jump (Pit 1) TG
Long Jump (Pit 2) MG
High Jump AG
Shot Put AG

Triple Jump AG & SG
High Jump SG
Shot Put SG

- All competitors in the Long Jump, Triple Jump, and Shot Put will receive three (3) attempts only
- Competitors in the Mite, Tyke, and Atom Long Jump will use the 1-metre take off zone.



MINOR TRACK ASSOCIATION

SANCTIONED AND REQUIRED BY:

MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2015 Flying Angels Indoor Classic Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association of Ontario
Flying Angels Youth Organization
City of Toronto
Toronto Track & Field Centre
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____	_____	_____
Date	Print Name	Signature (If under 18, parent or guardian or Power of Attorney to sign below.)

_____	_____	_____
Date	Print Name	Signature of Legal Guardian