



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave. Winnipeg, MB. R3B 2Z6 • Tel: 204-925-5745 • Fax: 204-925-5792
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Athletics Manitoba Indoor Last Chance Meet

Friday, November 28th, 2014

6:00 pm

Max Bell Fieldhouse, University of Manitoba

Tentative Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

Track

6:00 pm	60m	Open Men
6:45 pm	60m	Open Women
7:30 pm	1200m	Midget & Under Men
7:35 pm	1200m	Midget & Under Women
7:45 pm	400m	Youth & up Men
8:05 pm	400m	Youth & up Women
8:25 pm	300m	Bantam & Midget Men
8:35 pm	300m	Bantam & Midget Women
8:45 pm	1500m	Youth & up Men
9:00 pm	1500m	Youth & up Women
9:15 pm	4x400m	Youth & up Men & Women

Field

6:00 pm	Pole Vault	Midget & up Women
6:00 pm	Long Jump	Pee Wee/Bantam Men
6:00 pm	Triple Jump	Midget & up Men
6:30 pm	Long Jump	Pee Wee/Bantam Women
7:30 pm	Pole Vault	Midget & up Men
7:30 pm	Triple Jump	Midget & up Women
7:45 pm	Weight Throw	Youth & up Men
8:45 pm	Weight Throw	Youth & up Women





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Athletics Manitoba Indoor Last Chance Meet

Saturday, November 29th, 2014

9:00 am

Max Bell Fieldhouse, University of Manitoba

Tentative Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule******

Track

9:00 am	60mh	Open Men (Including Pentathlon)
9:15 am	60mh	Open Women (Including Pentathlon)
9:30 am	2000m	Midget Men & Women
9:40 am	3000m	Open Men
9:55 am	3000m	Open Women
10:05 am	200m	Open Men
10:35 am	200m	Open Women
11:00 am	150m	Open Men Midget and older
11:20 am	150m	Open Women Midget and older
11:40 am	600m	Open Men
12:10 pm	600m	Open Women
12:30 pm	4x200m	Midget & Up Men & Women
1:15 pm/TBA**	800m/1000m	Pentathlon Men & Women

30mins after completion of previous event

Field

9:00 am	Standing Long Jump	Pee Wee/Bantam Men (outside pit)
9:30 am	High Jump	Bantam & up Women (includes Pentathlon)
9:30 am	Long Jump	Junior, Senior & Pentathlon Men
10:15 am	Standing Long Jump	Pee Wee/Bantam Women (outside pit)
10:35 am	Shot Put	Men (includes Pentathlon)
10:40 am	Long Jump	Midget & Youth Men
11:45 am	Shot Put	Women (includes Pentathlon)
11:35 am	High Jump	Bantam & up Men (includes Pentathlon)
12:30 am	Long Jump	Midget & up Women (includes Pentathlon)

