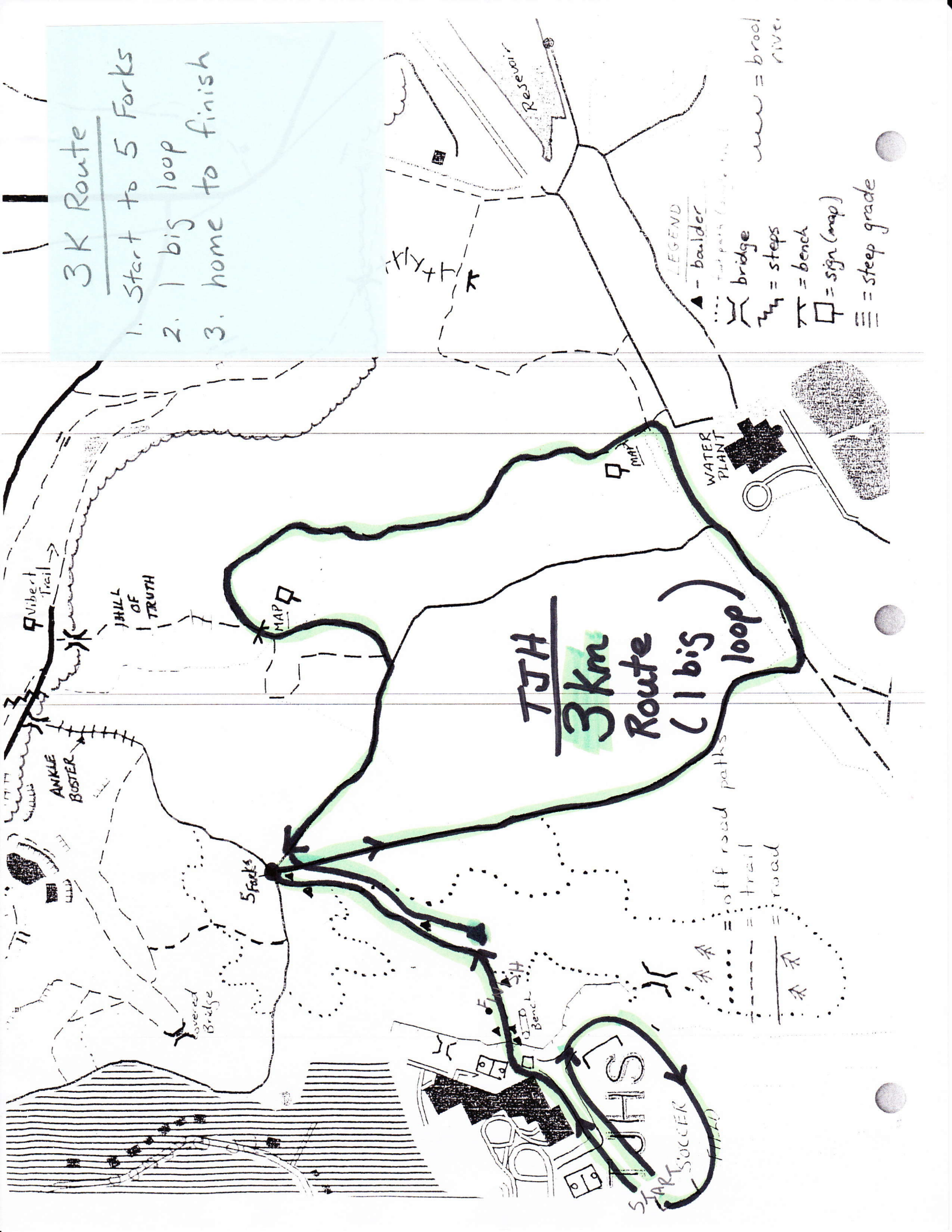


3K Route

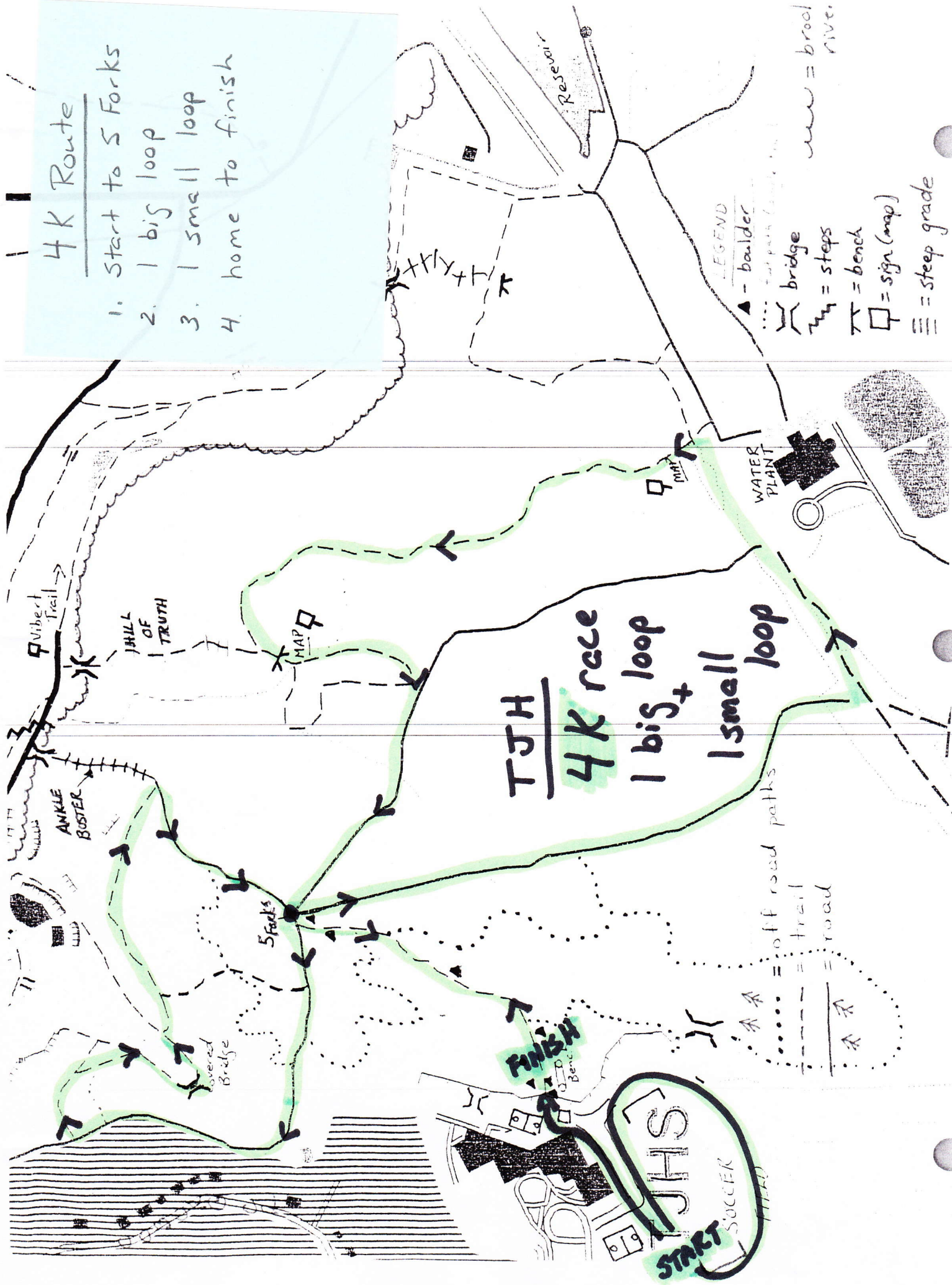
1. Start to 5 Forks
2. 1 big loop
3. home to finish



TJH
3Km
Route
(1 big loop)

4K Route

1. Start to 5 Forks
2. 1 big loop
3. 1 small loop
4. home to finish



TJH
4K race
1 big loop
1 small loop

LEGEND

- ▲ = boulder
 - = off road paths
 - = trail
 - = road
 - ~ = bridge
 - v = steps
 - = bench
 - = sign (map)
 - == = steep grade
- w = brook river.

START
SOCCER

FINISH

5 Forks

HILL OF TRUTH

WATER PLANT

ANKLE BUSTER

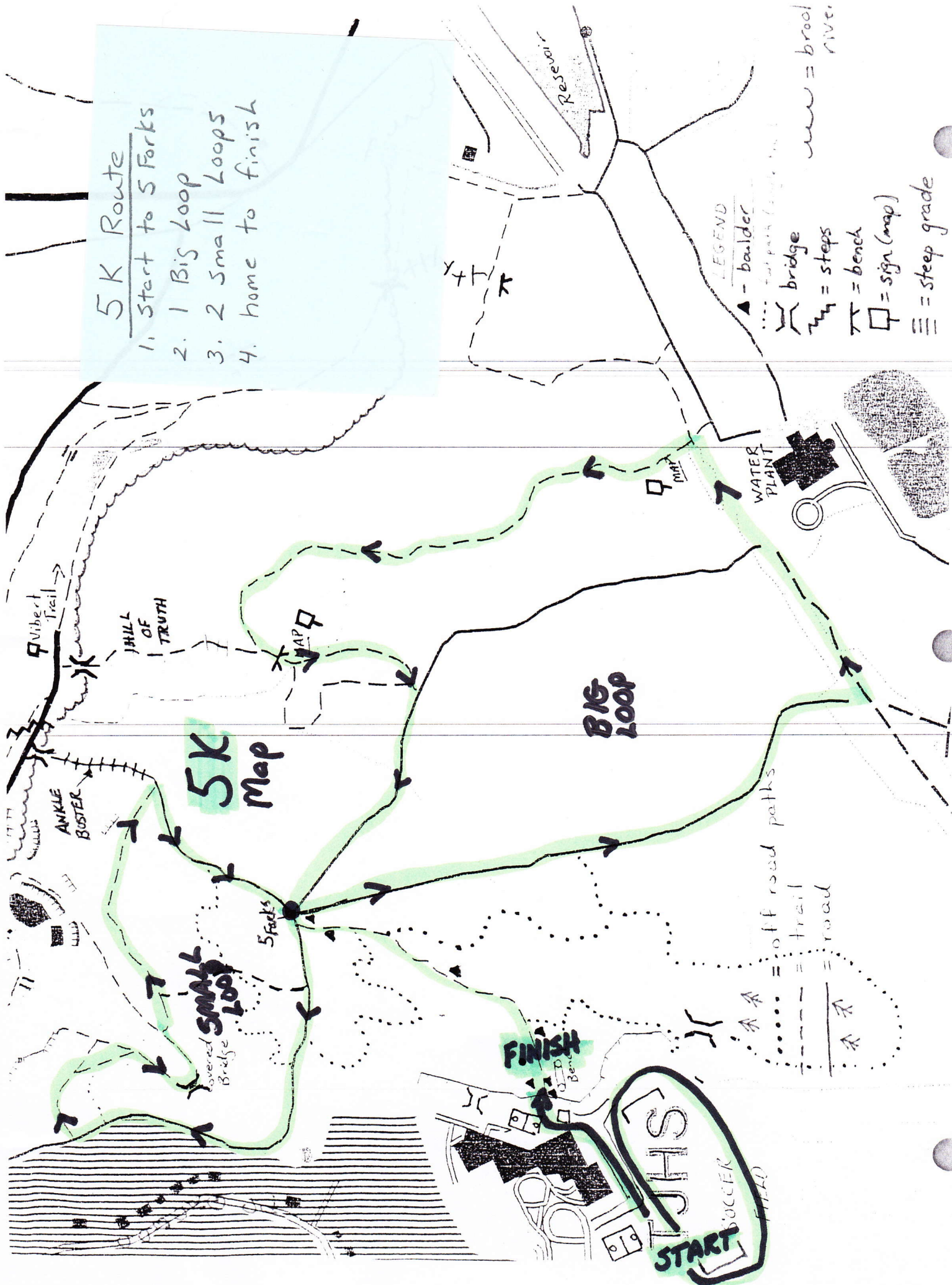
Vibert Trail

MAP

Bench

5 K Route

1. Start to 5 Forks
2. 1 Big Loop
3. 2 Small Loops
4. home to finish



LEGEND

- ▲ = boulder
- = off road paths
- - - = trail
- = road
- ⌋ = bridge
- ⌋ = steps
- ⌋ = bench
- = sign (map)
- ≡ = steep grade
- ~~~~ = brook
- ~~~~ = river

5K Map

BIG LOOP

SMALL LOOPS

FINISH

START

WATER PLANT

Reservoir

HILL OF TRUTH

Vibert Trail

ANKLE BUSTER

5 Forks

JHS SOCCER FIELD

Bench

7K Route

1. Start to S Forks
2. 1 big loop
3. 1 little loop
4. 1 big loop
5. 1 little loop
6. home to finish

7K Map

Small Loop

BIG Loop

S Forks

FINISH

START

LEGEND

- ▲ = boulder
- = trail path (single line)
- == = bridge
- ~ = steps
- ⌵ = bench
- = sign (map)
- ≡ = steep grade

~ = brook
river

WATER PLANT

Reservoir

HILL OF TRUTH

ANKLE BUSTER

Vibert Trail

covered Bridge

- = off road paths
- = trail
- = road