

2014 Capital Region X-Country Championships**Point Pleasant Park, Halifax****Rankings****Event 6 Men 7k CC Senior**

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Name	Year	School	Finals	Points
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1 #81 Jono Aske		Charles P. Allen	25:14	1
2 #114 Harrison Callaghan		Citadel High	26:05	2
3 #121 Elias Hirsch		Citadel High	26:06	3
4 #89 Brett Himmelman		Charles P. Allen	26:20	4
5 #104 Jon Wadden		Charles P. Allen	26:27	5
6 #412 Ryan Pero		Lockview High	26:42	6
7 #478 Luke Ahern		Prince Andrew	26:53	7
8 #373 Alec Freeman		Halifax West	26:57	8
9 #387 Chris Lee		J.L. Ilsley	27:01	9
10 #96 Garrett O'Brien		Charles P. Allen	27:05	10
11 #90 Matt Laforrest		Charles P. Allen	27:13	11
12 #170 Mark McTaggart		Dartmouth High	27:18	12
13 #125 Blair Miller		Citadel High	27:22	13
14 #366 Jacob Steele		Halifax Grammar	27:30	14
15 #416 Mark Wiseman		Lockview High	27:40	15
16 #238 Mark Biddulph		Fountain Academy	27:41	16
17 #123 Connor Legge		Citadel High	27:46	17
18 #360 Andrew Linton		Halifax Grammar	28:07	18
19 #411 Josh Nowen		Lockview High	28:28	19
20 #350 Joe Edgerton		Halifax Grammar	28:33	20
21 #129 Matt Workman		Citadel High	28:34	21
22 #176 Jack Were		Dartmouth High	28:42	22
23 #403 Mark Firth		Lockview High	28:44	23
24 #410 Austin Muchinson		Lockview High	28:54	24
25 #379 Austin White		Halifax West	28:57	25
26 #88 Stephen Goodyear		Charles P. Allen	29:15	26
27 #178 Kody Fahie		Eastern Shore	30:39	27
28 #384 Ali Fazeli		J.L. Ilsley	31:03	28
29 #367 Krish Thapar		Halifax Grammar	31:04	29
30 #389 Elijah Stratton		J.L. Ilsley	31:07	30
31 #182 Daniel Nussey		Eastern Shore	31:08	31
32 #243 Oisin Heavey		Fountain Academy	32:11	32
33 #252 Robert Sapp		Fountain Academy	32:18	33
34 #94 Jared McCallum		Charles P. Allen	32:32	34
35 #383 Cameron Farmer		J.L. Ilsley	32:42	35
36 #3 Henry Huang		Armbrae Academy	33:10	36
37 #288 Jack Meek		George P. Vanier	33:12	37
38 #41 Tom Schneider		Auburn Drive	33:40	38
39 #106 Stephen Bradbury		Charles P. Allen	33:53	39
40 #35 Toni Lushiku		Auburn Drive	34:24	40
41 #372 David Farber		Halifax West	35:12	41
42 #109 Ryan Macdonald		Charles P. Allen	35:14	42
43 #254 David Xiong		Fountain Academy	35:23	43
44 #181 Ethienne Graveline		Eastern Shore	35:28	44
45 #458 Evan Colwell		Newbridge Academy	38:38	45
46 #169 Jalmar McGinnis		Dartmouth High	39:02	46
47 #369 Kyle Barnable		Halifax West	39:08	47

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Charles P. Allen Total Time: 1:45:06.00 Average: 26:16.50	20	1	4	5	10	11	26	34		
2	Citadel High Total Time: 1:47:19.00 Average: 26:49.75	35	2	3	13	17	21				
3	Lockview High Total Time: 1:51:34.00 Average: 27:53.50	63	6	15	19	23	24				
4	Halifax Grammar School Total Time: 1:55:14.00 Average: 28:48.50	81	14	18	20	29					
5	J.L. Ilsley Total Time: 2:01:53.00 Average: 30:28.25	102	9	28	30	35					
6	Halifax West Total Time: 2:10:14.00 Average: 32:33.50	121	8	25	41	47					
7	Fountain Academy Total Time: 2:07:33.00 Average: 31:53.25	124	16	32	33	43					