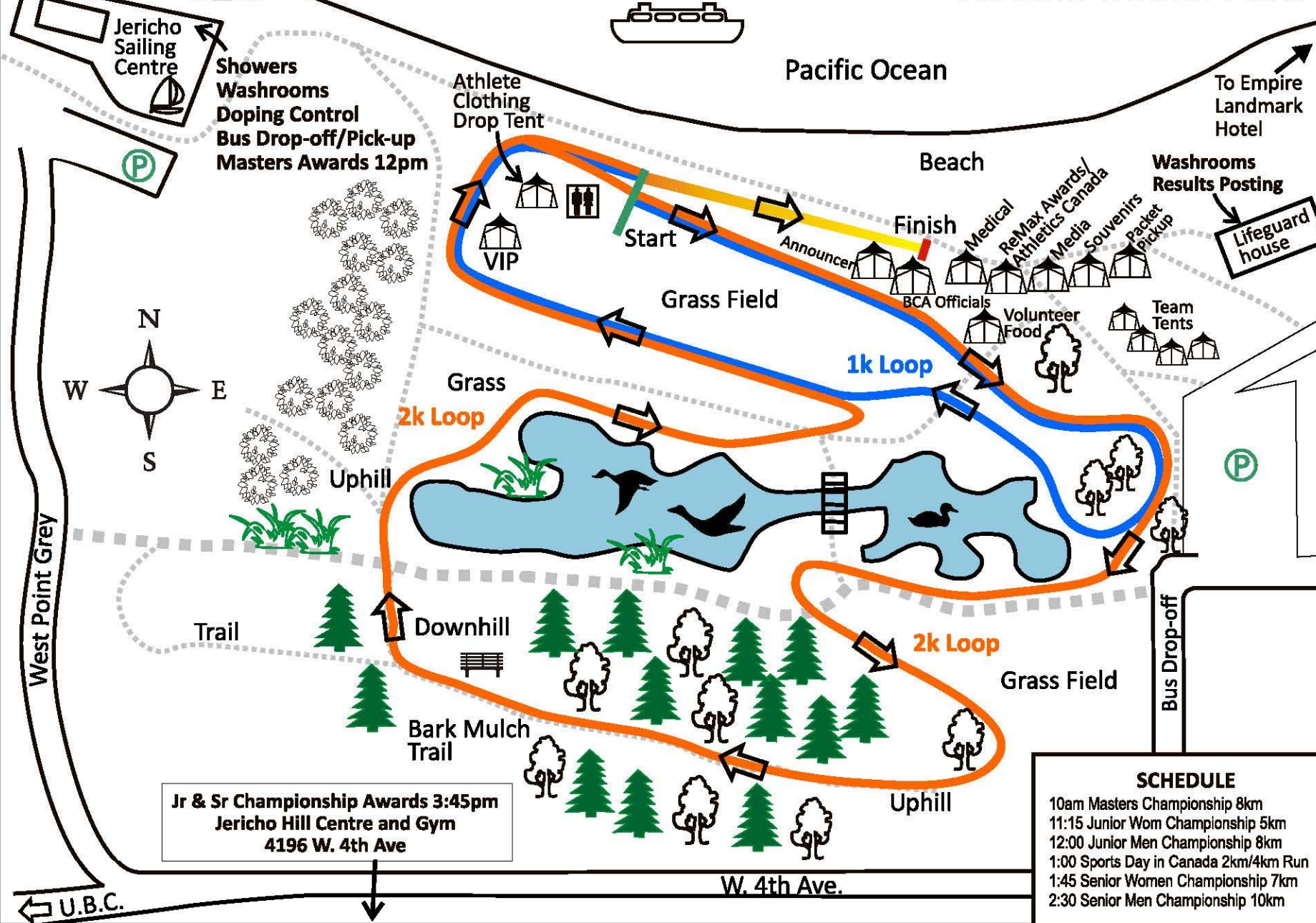


# 2013 CANADIAN CROSS COUNTRY CHAMPIONSHIPS - VANCOUVER

## Jericho Beach Park



**Jr & Sr Championship Awards 3:45pm**  
 Jericho Hill Centre and Gym  
 4196 W. 4th Ave

SCHEDULE	
10am	Masters Championship 8km
11:15	Junior Wom Championship 5km
12:00	Junior Men Championship 8km
1:00	Sports Day in Canada 2km/4km Run
1:45	Senior Women Championship 7km
2:30	Senior Men Championship 10km