BC ATHLETICS JUNIOR DEVELOPMENT TRACK \& FIELD CHAMPIONSHIPS

## July 25, 26, 27, 2014

Hosted by
Universal Athletics Club

## Entry Deadline, July 18, 2014, 10:00 PM.

Meet Director: Jessie Dosanjh unisports2000@hotmail.com
Meet Manager: Sue Kydd, kskydd@shaw.ca

## Meet Venues:

- IMPORTANT, this event will be held at two separate facilities.
- All Friday events will be held at South Surrey Athletic Park, 1460020 Ave, Surrey, BC
- All Saturday and Sunday events will be held at Bear Creek Park, 13750 88 ${ }^{\text {th }}$ Ave, Surrey


## Club Volunteering:

- It is the policy of JD Championship meets that EACH PARTICIPATING CLUB provides volunteers to help at the meet. Clubs will be expected to have enough volunteers to help a BCA Official run an event if they have 10 or more athletes entered in the meet. Small clubs will be paired with other small clubs. Volunteering assignments will be emailed to clubs prior to the meet.


## Athlete Eligibility:

- ALL ATHLETES MUST BE CURRENT JUNIOR DEVELOPMENT MEMBERS OF BC ATHLETICS.
- No Supporting, Day of Event, or School Club Members are eligible


## Entry Information:

- $\$ 7.00$ per event $\$ 8.00$ per relay. Late Fees $\$ 15.00$ and may not be seeded.
- All entries to http://www.trackie.com/online-registration/
- Late entries (after July 18) emailed to Shirley Young chedro@telus.net and must paid before the package is collected.
- Athletes must register by event number only.
- Athletes will be seeded by performances listed on entry form.
- Relay registrations will be taken by noon the day of race.


## Age Divisions:

- All BCA Athletes aged 9-13 and born in 2001-2005 competing in single age groups.


## Package Pick-up:

- Packages will be available for pick-up on Friday evening, July 25, 2014 after 4:30 p.m. and after 8:00 a.m. Saturday July 26, and Sunday July 27, 2014 at the track.


## Coaches Meeting:

- To be held Friday, 5:30 p.m. Saturday and Sunday, 8:30 a.m.


## Awards:

- BC Athletics Medals for $1^{\text {st }}, 2^{\text {nd }} .3^{\text {rd. }}$ Ribbons for $4^{\text {th }}$ to $8^{\text {th, }}$
- Awards may be picked up 30 minutes after results are posted.
- Unclaimed awards will not be mailed out.


## Results:



- Posted at meet and available on BC Athletics Website after meet


# BC ATHLETICS JUNIOR DEVELOPMENT TRACK \& FIELD CHAMPIONSHIPS 

## Meet Rules:

- IAAF rules with BC Athletics Junior Development variations.


## Competition Areas/Uniforms:

- The infield is OUT OF BOUNDS.
- Only Athletes and officials are permitted in the competition area.
- Club singlets must be worn during competition.
- Competition numbers to be worn on the front at all times.


## Equipment:

- All equipment, with the exception of pole vault poles, will be supplied by Universal Athletics.
- Athletes wishing to use their personal throwing equipment must have implements weighed in by a BCA official.
- Any personal equipment weighed in becomes the property of the event and can be used by any athlete during that event.
- Starting Blocks will not be used
- Break-away hurdles will be used.


## Marshalling:

- All field events will marshal at their venue.
- All track events must check in at the marshalling tent, and will be taken to the start line.


## Conflicting Events:

- To avoid missing jumps or races, athletes should report to BOTH events.
- BCA officials will TRY to facilitate athletes doing both events. Athletes cannot "catch up" on missed rounds of throws/jumps, nor move into different races and compete with other age groups.


## Facilities:

- Spike lengths are 7 mm with the exception of 9 mm for javelin and high jump.
- Synthetic/Polyurethane track, jump and javelin run ups.
- Concrete throwing surfaces
- Finish Lynx Electronic Timing System
- Concession on site, operated by Universal Athletics.


## Protests:

- Coaches, athletes or parents should attempt to verbally resolve the concern with the event chief, if not resolved the concern will be taken to the referee. If still not resolved it may become a formal protest.
- A formal protest shall be in writing accompanied by $\$ 25.00$ cash and received within 30 minutes of the posting of the results of the event. If the protest is upheld, the fee will be returned.


## Jury Of Appeal:

- A jury, comprised of one BC Athletics official, and two coaches who do not have a conflict of interest in the protest, will be asked to resolve any dispute during the meet. Their decision will be final.


# BC ATHLETICS JUNIOR DEVELOPMENT TRACK \& FIELD CHAMPIONSHIPS 

## Track Events:

## Scheduling of Track Events:

- All Track Events will be run Oldest to Youngest with Females going first.
- Age groups for distance events may be combined, but males and females will not compete together except possibly in Racewalk.


## Seeding:

- Athletes will be seeded for heats and timed finals according to seed times. In the case of timed finals, sections will be seeded with the fastest seeds in the same section and the fastest section competing last. IT IS THE RESPONSIBILITY OF THE CLUB REGISTRARS or CLUB COACHES TO FILL OUT SEED TIMES ON THE ENTRY FORM, AND THAT SEED TIMES ARE ACCURATE. Athletes without seed times will be placed in unseeded heats and may be at a disadvantage.


## Preliminary Heats:

- Heats will be held in the $60 \mathrm{M} \mathrm{100M}$ and 200 M events. All other Track events will be run as timed finals.
- The winner of each heat, plus the next fastest times to fill eight lanes will proceed to the final.


## Relays:

- Clubs may form teams from various age groups but the team must run in the age category of the oldest member. Males and females will not be combined on relay teams
- Medley relays are 200, 200, 200, 600, and are run by ages 11-13 only.
- Mixed Teams may be made up of unattached athletes and athletes from clubs who cannot field a four member team. Club Team participation takes precedence over running for a mixed team.
- Club Teams and Mixed Teams may run against each other but will be awarded separately.


## Field Events

## Throws:

- Each athlete is permitted 3 throws.


## Horizontal Jumps:

- Each athlete is permitted 3 jumps.

- There shall be no more than 2 takeoff boards in Triple Jump


## Vertical Jumps:

- 3 consecutive failed attempts eliminates an athlete.
- Pole Vault official will determine start height at event time.
- The bar is to be raised by 5 cm in HJ and 10 cm for PV each time until one competitor remains in the competition.
- Breaking ties for first place is not required for any JD competitions.


## BC ATHLETICS JUNIOR DEVELOPMENT TRACK \& FIELD CHAMPIONSHIPS

## Club Volunteer Sign-Up

## The success of this competition depends on clubs contributing volunteers to help run events.

## Volunteer Info Deadline, July 16, 2014, 10:00 PM

- BC Athletics Officials will be in charge of all events, and will direct new volunteers. Volunteers will not be left alone to run an event.
- It is a policy of the Junior Development Championship Meets that each participating club take responsibility for organizing enough volunteers at their assigned event to work with the BCA Official.
- Clubs will be expected to have enough volunteers on their own if they have 10 or more athletes entered in the meet.
- Small clubs will be paired with other small clubs and will share the duties of their event. They should organize their volunteers to cover the event for the entire Championships.
- Clubs must schedule their volunteers at events by competition groups, not a set amount of time. (for example: 10 and 11 year old girls Discus, NOT from 11-1:00)
- Volunteers must not leave an event in progress, that is unfair to the BCA officials.


## Please fill out, scan and return this form to Sue Kydd, kskydd@shaw.ca Or <br> Send ALL the information in an e-mail to Sue Kydd

Name of Club:
Club Representative in Charge of Volunteers at the Meet:
Club Representative Telephone:
Club Representative E mail:
Number of officials/adults accompanying your club:
Number of club athletes participating in the meet:


## BC ATHLETICS JUNIOR DEVELOPMENT TRACK \& FIELD CHAMPIONSHIPS

| Track Events for the BCJD Championships, July 25, 26, 27, 2 2014 |  |  |
| :---: | :---: | :---: |
| Event <br> Time/Day <br> Friday, 25th | At South Surrey Athletic Park * See Address in Field Notes | Oldest to Youngest |
| 5:30 PM | Coaches Meeting |  |
| 6:00 PM | 60 Meter Heats |  |
| 7:00 PM | 300 Meters Timed Finals | 11 to 9 Year Olds |
| 7:30 PM | 60 Meters Finals | 13 to 12 Year Olds |


| Time/Day |
| :---: | :---: | :---: |
| Saturday, 26th | At Bear Creek Park * See Address in Field Notes $\quad$| Age Groups |
| :---: |
| 8:30 AM |


| Time/Day |
| :---: |
| Sunday, 27th |

8:30 AM

| $8: 30 \mathrm{AM}$ | Coaches Meeting |  |
| :---: | :---: | :---: |
| $9: 00 \mathrm{AM}$ | 200 Meter Heats | 13 to 11 Year Olds |
| 10:15 AM | 1000 M Timed Finals | 11 to 9 Year Olds |
| $11: 00 \mathrm{AM}$ | 1200 M Timed Finals | 13 to 12 Year Olds |
| 11:45 PM | 200 Meter Finals | 13 to 11 Year Olds |
| 12:30 PM | 800 Meter Racewalk Timed Finals | 12 to Year Olds |
| $12: 45 \mathrm{PM}$ | 1500 Meter Racewalk Timed Finals | 13 Year Olds |
| $1: 15 \mathrm{PM}$ | 200 Meter Hurdles Timed Finals | 13 to 12 Year Olds |
| $2: 00 \mathrm{PM}$ | $4 \times 100$ Meter Relay Timed Finals | 13 to 9 Year Olds |

## Track Notes:

- Events will run from oldest to youngest with girls first in each age group
- If there are 8 or fewer athletes in a sprint event, then that event will be run as a final at the scheduled heat time
- Racewalk age groups will be combined as required



## Hurdle Numbers \& Heights

| $9 \mathrm{M} / \mathrm{F}$ | 60 Meter Hurdles | 6 Hurdles x 21" | 10/11 M/F | 60 Meter Hurdles | 6 Hurdles x 24" |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $12 \mathrm{M} / \mathrm{F}$ | 80 Meter Hurdles | 8 Hurdles x $27{ }^{\prime \prime}$ | $13 \mathrm{M} / \mathrm{F}$ | 80 Meter Hurdles | 8 Hurdles x 30 " |
|  |  |  |  |  | $8 \& 7.5$ between |
| $12 \mathrm{M} / \mathrm{F}$ | 200 Meter Hurdles | 5 Hurdles x 24" | $13 \mathrm{M} / \mathrm{F}$ | 200 Meter Hurdles | 5 Hurdles x $27{ }^{\prime \prime}$ |

## BC ATHLETICS JUNIOR DEVELOPMENT <br> TRACK \& FIELD CHAMPIONSHIPS

Field Events for the BCJD Championships, July 25, 26, 27, 2014

|  | LJ Pit 1 | LJ Pit 2 | TJ Pit 2 | HJ 1 | PV | SP | JAV | DIS | HAM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 F | Sun 11:00 am |  |  | Sun 9:00 am |  | Sat 1:00 pm |  |  |  |
| 10 F | Sun 10:00 am |  |  | Fri 6:00 pm |  | Sat 2:00 pm | Sun 1:15 pm | Sat 11:00 am |  |
| 11 F | Fri 6:00 pm |  |  | Sun 1:30 pm |  | Sat 3:00 pm | Sun 11:00 am | Sat 12:00 pm |  |
| 12 F |  | Fri 6:00 pm |  | Sat 12:00 pm |  | Sat 4:00 pm | Sun 2:30 pm | Sat 2:30 pm | Sun 10:30 am |
| 13 F | Sun 12:30 pm |  | Sun 9:00 am | Sat 10:30 am | Fri 6:00 pm | Fri 7:00 pm | Sat 4:30 pm | Sat 1:15 pm | Sun 10:30 am |
|  |  |  |  |  |  |  |  |  |  |
| 9 M | Sun 9:00 am |  |  | Sun 10:30 am |  | Sat 9:00 am |  |  |  |
| 10 M |  | Sun 11:00 am |  | Sat 1:30 pm |  | Sat 10:00 am | Sun 9:00 am | Fri 6:00 pm |  |
| 11 M |  | Sun 12:30 pm |  | Sat 9:00 am |  | Sat 11:00 am | Sun 10:00 am | Fri 7:00 pm |  |
| 12 M |  | Sun 2:00 pm |  | Sat 3:00 pm |  | Sat 12:00 pm | Sun 12:15 pm | Sat 9:00 am | Sun 9:00 am |
| 13 M | Sun 2:30 pm |  | Sun 10:00 am | Sun 12:00 pm | Fri 6:00 pm | Fri 6:00 pm | Sat 3:30 pm | Sat 10:00 am | Sun 9:00 am |

## Field Notes:

Friday night events will be held at:
South Surrey Athletic Park,
14600-20 Ave. Surrey, BC
Saturday \& Sunday events will be held at:
Bear Creek Park,
13750-88 Ave. Surrey BC
Friday night has a drinks/light snacks only concession with a full concession on Saturday and Sunday

Clubs and individuals responsible for picking up awards which will be available 30 minutes after the events have been posted. Unclaimed awards will not be mailed out
Events can be moved up 30 minutes.

## Starting Heights for High Jump

| Age | Gender | Height |
| :---: | :---: | :---: |
| 9 | F | 0.80 M |
| 9 | M | 0.85 M |
| 10 | F | 0.90 M |
| 10 | M | 0.95 M |
| 11 | F | 1.00 M |
| 11 | M | 1.05 M |
| 12 | F | 1.05 M |
| 12 | M | 1.10 M |
| 13 | F | 1.15 M |
| 13 | M | 1.20 M |

## Implement Weights

## Shot Put

9 to $11 \mathrm{M} / \mathrm{F} \quad 2 \mathrm{~kg}$ 12 to $13 \mathrm{M} / \mathrm{F} \quad 3 \mathrm{~kg}$

## Javelin

10 to $11 \mathrm{M} / \mathrm{F} 400 \mathrm{~g}$
12 to $13 \mathrm{~F} \quad 400 \mathrm{~g}$ 12 to $13 \mathrm{M} \quad 500 \mathrm{~g}$

## Discus

10 to $11 \mathrm{M} / \mathrm{F} \quad 750 \mathrm{~g}$ 12 to $13 \mathrm{~F} \quad 750 \mathrm{~g}$ 12 to $13 \mathrm{M} \quad 1 \mathrm{~kg}$

## Hammer

12 to $13 \mathrm{M} / \mathrm{F} \quad 3 \mathrm{~kg}$

Pole Vault Official will determine start height at event time.

