



## 2014 Atlantic Championships

### Final Schedule

| <b>Day 1 Track - Saturday, August 2nd</b> |                |              |              |                |                 |  |
|---|----------------|--------------|--------------|----------------|-----------------|--|
| <b>Time</b>                               | <b>Entries</b> | <b>Heats</b> | <b>Event</b> | <b>Section</b> | <b>Category</b> |  |
| 1:00                                      | 0:10           | 3            | 1            | 100m           | Dec/Oct         | Male - Youth, Junior, Senior           |
| 1:10                                      | 0:05           | 2            | 1            | 80mH 30"       | Pent            | Female - Midget                        |
| 1:15                                      | 0:05           | 2            | 1            | 80mH 30"       | TSF             | Female-Bantam                          |
| 1:20                                      | 0:05           | 2            | 1            | 80mH 30"       | TSF             | Female - Midget                        |
| 1:25                                      | 0:05           | 1            | 1            | 100mH 30"      | Hept            | Female - Youth                         |
| 1:30                                      | 0:05           | 9            | 2            | 100mH 30"      | TSF             | Female - Youth                         |
| 1:35                                      | 0:05           | 2            | 1            | 100mH 33"      | Pent            | Male - Midget                          |
| 1:40                                      | 0:05           | 4            | 1            | 100mH 33"      | TSF             | Male - Midget                          |
| 1:45                                      | 0:05           | 3            | 1            | 100mH 33"      | TSF             | Female - Junior, Senior                |
| 1:50                                      | 0:05           | 4            | 1            | 110mH 36"      | TSF             | Male - Youth                           |
| 1:55                                      | 0:05           | 1            | 1            | 110mH 39"      | TSF             | Male - Junior                          |
| 2:00                                      | 0:30           | 49           | 7            | 100m           | Heats / Vagues  | Male - Midget, Youth, Junior, Senior   |
| 2:30                                      | 0:25           | 42           | 6            | 100m           | Heats /Vagues   | Female - Midget, Youth, Junior, Senior |
| 2:55                                      | 0:05           | 3            | 1            | 80m            | Tet             | Male & Female - Bantam                 |
| 3:00                                      | 0:05           | 7            | 1            | 60m            | Tet             | Male & Female - PeeWee                 |
| 3:05                                      | 0:10           | 9            | 1            | 1200m          | TSF             | Male - Bantam, Midget                  |
| 3:15                                      | 0:10           | 11           | 1            | 1200m          | TSF             | Female - Bantam, Midget                |
| 3:25                                      | 0:10           | 12           | 1            | 1500m          | TSF             | Male - Youth, Junior, Senior           |
| 3:35                                      | 0:10           | 8            | 1            | 1500m          | TSF             | Female - Youth, Junior, Senior         |
| 3:45                                      | 0:20           | 32           | 4            | 100m           | Final /Finale   | Male - Midget, Youth, Junior, Senior   |
| 4:05                                      | 0:15           | 32           | 4            | 100m           | Final /Finale   | Female - Midget, Youth, Junior, Senior |
| 4:20                                      | 0:05           | 7            | 1            | 80m            | Final /Finale   | Male - Bantam                          |
| 4:25                                      | 0:05           | 3            | 1            | 80m            | Final /Finale   | Female - Bantam                        |
| 4:30                                      | 0:30           |              |              | Break          |                 |  |
| 5:00                                      | 0:15           | 27           | 4            | 400m           | TSF             | Male - Youth, Junior, Senior           |
| 5:15                                      | 0:10           | 15           | 2            | 400m           | TSF             | Female - Youth, Junior, Senior         |
| 5:25                                      | 0:10           | 9            | 2            | 300m           | TSF             | Male - Midget                          |
| 5:35                                      | 0:10           | 9            | 2            | 300m           | TSF             | Female - Midget                        |
| 5:45                                      | 0:10           | 10           | 1            | 600m           | Tet             | Male & Female - PeeWee, Bantam         |
| 5:55                                      | 0:10           | 1            | 1            | 1500m SC 30"   | Final / Finale  | Male - Midget                          |
| 6:05                                      | 0:10           | 4            | 1            | 1500m SC 30"   | Final / Finale  | Female - Midget                        |
| 6:15                                      | 0:10           | 2            | 1            | 2000m SC 30"   | Final / Finale  | Female - Youth, Junior                 |
| 6:25                                      | 0:15           | 2            | 1            | 2000m SC 33"   | Final / Finale  | Male - Youth                           |
| 6:40                                      | 0:15           | 1            | 1            | 3000m SC 36"   | Final / Finale  | Male - Junior, Senior                  |

|      |      |    |   |        |      |                                |
|------|------|----|---|--------|------|--------------------------------|
| 6:55 | 0:05 | 1  | 1 | 200m   | Hept | Female - Youth, Junior, Senior |
| 7:00 | 0:05 | 2  | 1 | 1000m  | Pent | Male - Midget                  |
| 7:05 | 0:05 | 2  | 1 | 800m   | Pent | Female - Midget                |
| 7:10 | 0:05 | 3  | 1 | 400m   | Dec  | Male - Junior, Senior          |
| 7:15 | 0:10 | 11 | 2 | 4x100m | TSF  | Male- All                      |
| 7:25 |      | 14 | 2 | 4x100m | TSF  | Female -All                    |

### **Day 2 Track - Sunday, August 3rd**

|       |      |    |   |                 |               |  |
|-------|------|----|---|-----------------|---------------|--|
| 9:00  | 0:05 | 1  | 1 | 110mH 39"       | Dec           | Male - Junior                          |
| 9:05  | 0:05 | 2  | 1 | 110mH 42"       | Dec           | Male - Senior                          |
| 9:10  | 0:05 | 4  | 1 | 100m Wheelchair | Final/Finale  |  |
| 9:15  | 0:20 | 3  | 1 | 5000m           | Final/Finale  | Male - Junior Senior                   |
| 9:35  | 0:15 | 5  | 1 | 3000m           | Final/Finale  | Male - Youth                           |
| 9:50  | 0:15 | 4  | 1 | 3000m           | Final/Finale  | Female - Youth                         |
| 10:05 | 0:10 | 6  | 1 | 2000m           | Final/Finale  | Male - Midget                          |
| 10:15 | 0:10 | 6  | 1 | 2000m           | Final/Finale  | Female - Midget                        |
| 10:25 | 0:10 | 1  | 1 | 1000m           | Final/Finale  | Male & Female - PeeWee                 |
| 10:35 | 0:05 | 2  | 1 | 200m Wheelchair | Final/Finale  |  |
| 10:40 | 0:25 | 46 | 6 | 200m            | Heats /Vagues | Male - Midget, Youth, Junior, Senior   |
| 11:05 | 0:25 | 48 | 6 | 200m            | Heats /Vagues | Female - Midget, Youth, Junior, Senior |
| 11:30 | 0:10 | 13 | 2 | 150m            | Heats/Vagues  | Female - Bantam & Bantam               |
| 11:40 | 0:05 | 6  | 1 | 800m            | TSF           | Male - Bantam, Midget                  |
| 11:45 | 0:05 | 12 | 1 | 800m            | TSF           | Male - Youth, Junior                   |
| 11:50 | 0:05 | 10 | 1 | 800m            | TSF           | Male - Junior, Senior, Masters         |
| 11:55 | 0:05 | 11 | 1 | 800m            | TSF           | Female - Banntam, Midget               |
| 12:00 | 0:05 | 10 | 1 | 800m            | TSF           | Female - Youth, Junior, Senior         |
| 12:05 | 0:15 | 2  | 1 | 800m Wheelchair | TSF           | Wheelchair                             |
| 12:20 | 0:05 | 3  | 1 | 300mH 33"       | TSF           | Male - Youth                           |
| 12:25 | 0:05 | 6  | 1 | 300mH 30"       | TSF           | Female - Youth                         |
| 12:30 | 0:10 | 3  | 1 | 200mH 30"       | TSF           | Male - Bantam, Midget                  |
| 12:40 | 0:10 | 5  | 1 | 200mH 30"       | TSF           | Female - Bantam, Midget                |
| 12:50 | 0:15 | 32 | 4 | 200m            | Final/Finale  | Male - Midget, Youth, Junior, Senior   |
| 13:05 | 0:15 | 32 | 4 | 200m            | Final/Finale  | Female - Midget, Youth, Junior, Senior |
| 13:20 | 0:05 | 3  | 1 | 150m            | Final/Finale  | Male - Bantam                          |
| 13:25 | 0:05 | 8  | 1 | 150m            | Final/Finale  | Female - Bantam                        |
| 13:30 | 0:05 | 2  | 1 | 400m Wheelchair | Final/Finale  |  |
| 13:35 | 0:05 | 1  | 1 | 800m            | Hept          | Female - Youth                         |
| 13:40 | 0:05 | 3  | 1 | 1500m           | Dec           | Male - Junior, Senior                  |
| 13:45 | 0:10 | 10 | 2 | 4x400m          | TSF           | Male -All                              |
| 13:55 |      | 9  | 2 | 4x400m          | TSF           | Female -All                            |

## Day 1 Field - Saturday, August 2nd

|      | Long Jump<br>Longueur                  | High Jump<br>Hauteur                                     | Shot put Poids                 | Javelin<br>Javelot                                 | Discus  |
|------|--|--|--------------------------------|--|---|
|      |  |  |                                |  | Disque  |
| 1:00 |  |  |                                | Female -<br>Bantam,<br>Midget (11)                 | Male - Youth,<br>Junior,<br>Senior,<br>Masters (19) |
| 1:15 |  |  |                                |  |   |
| 1:30 |  |  |                                |  |   |
| 1:45 | Male - Pent, Dec (5)                   |  |                                |  |   |
| 2:00 |  |  |                                | Male - Bantam,<br>Midget, Youth<br>(16)            |   |
| 2:15 | Male - Youth (17)                      | Female - Pent,<br>Hep (3)                                |                                |  |   |
| 2:30 |  |  | Male - Pent,<br>Dec (5)        | Female - Youth, Junior,<br>Senior,<br>Masters (12) |   |
| 2:45 |  |  |                                |  |   |
| 3:00 |  | Female - Youth, Junior,<br>Senior (11)                   | Female - Pent,<br>Hep (3)      | Male - Junior,<br>Senior,<br>Masters (13)          |   |
| 3:15 |  |  |                                |  |   |
| 3:30 | Male &<br>Female - Tet<br>(10)         |  |                                |  |   |
| 3:45 | Junior, Senior,<br>Masters (8)         |  | Male &<br>Female - Tet<br>(10) |  |   |
| 4:00 |  |  |                                |  |   |
| 4:15 |  |  |                                |  |   |
| 4:30 | Female - Pent<br>(2)                   |  |                                |  | Female -<br>Bantam,<br>Midget (10)                  |
| 4:45 |  | Male - Pent,<br>Dec (5)                                  |                                |  |   |
| 5:00 | Female - Bantam,<br>Midget (22)        |  |                                | Female - Youth, Junior,<br>Senior,<br>Masters (13) |   |
| 5:15 |  |  |                                |  |   |
| 5:30 |  |  |                                |  |   |
| 5:45 |  | Male - Midget, Youth,<br>Junior, Senior,<br>Masters (16) |                                |  | Male -<br>Bantam,<br>Midget (10)                    |
| 6:00 |  |  |                                |  |   |
| 6:15 | Female - Youth, Junior,<br>Senior (24) |  |                                |  |   |
| 6:30 |  |  |                                |  |   |
| 6:45 |  |  |                                |  |   |
| 7:00 |  |  |                                |  |   |
| 7:15 |  |  |                                |  |   |
| 7:30 |  |  |                                |  |   |

## Day 2 Field - Sunday, August 3rd

|       | Long Jump<br>Longueur               | Triple Jump                                 | High Jump<br>Hauteur                 | Shot put<br>Poids                          | Javelin<br>Javelot | Pole Vault<br>S. Perche | Hammer<br>Disque<br>Marteau                                  |
|-------|-------------------------------------|---|--------------------------------------|--|--------------------|-------------------------|--|
| 9:00  | Male - Pee Wee, Bantam, Midget (16) |   | Female - PeeWee, Bantam, Midget (10) | Female - Junior, Senior, Masters (14)      |                    |                         |  |
| 9:15  |                                     |   |                                      |  |                    |                         |  |
| 9:30  |                                     |   |                                      |  |                    |                         | Male -Dec (3)  |
| 9:45  |                                     |   |                                      |  |                    |                         |  |
| 10:00 |                                     |   |                                      |  |                    |                         | Male - Bantam, Midget, Youth, Junior, Senior. Masters (13)   |
| 10:15 | Female -Hept #5 (1)                 |   |                                      |  |                    |                         |  |
| 10:30 |                                     |   |                                      | Female - Bantam, Midget, Youth (18)        |                    | Male -Dec (3)           |  |
| 10:45 |                                     |   |                                      |  |                    |                         |  |
| 11:00 |                                     | Female - Midget, Youth, Junior, Senior (17) |                                      |  |                    |                         |  |
| 11:15 |                                     |   |                                      |  |                    |                         |  |
| 11:30 |                                     |   |                                      |  |                    |                         |  |
| 11:45 |                                     |   |                                      |  |                    |                         |  |
| 12:00 |                                     |   |                                      | Male - Bantam, Midget, Youth (18)          | Female -Hept (1)   |                         | Female - Bantam, Midget, Youth, Junior, Senior, Masters (13) |
| 12:15 |                                     |   |                                      |  | Male -Dec (3)      |                         |  |
| 12:30 | Male - Midget (11)                  |   |                                      |  |                    |                         |  |
| 12:45 |                                     |   |                                      |  |                    |                         |  |
| 13:00 |                                     | Male - Youth, Junior, Senior (12)           |                                      | Male - Youth, Junior, Senior, Masters (13) |                    |                         |  |
| 13:15 |                                     |   |                                      |  |                    |                         |  |
| 13:30 |                                     |   |                                      |  |                    |                         |  |
| 13:45 |                                     |   |                                      |  |                    |                         |  |