



2014



Atlantic Athletics Championships Championnats atlantiques d'athlétisme

Date: August 2nd & 3rd, 2014

Lieu: Beazly Field – Dartmouth, Nouvelle-Écosse

Sanctionné et organisé par: Athlétisme Nouvelle-Écosse

Installation:

La surface du Beazly Field a été refaite en 2012 et elle a 8 couloirs. Les crampons doivent être des pyramides de 7mm maximum; les aiguilles ne sont pas permises. Des pyramides seront disponibles pour la vente sur le site. Une cantine sera aussi sur les lieux.

Inscription:

Les catégories d'âge seront : minime (2003 ou après); benjamine ('01-'02); cadet ('99-'00); jeune ('97-'98); junior ('95-'96), sénior ('92-'80, et vétéran ('79 ou avant).

- Enregistrez-vous en ligne à www.trackiereg.ca
- 20\$ par athlète, maximum de 5 épreuves
- **La date limite pour s'inscrire est mardi le 29 juillet 2014 à 23h59.**
- **Les inscriptions après ceci seront de 40\$/athlète et se termineront le jeudi 31 juillet 2014 à 23h59.**
- Questions ou corrections peuvent être envoyées à Jonathan Doucette à coach@athleticsnovascotia.ca

Information technique:

- Compétition sanctionné par Athlétisme Nouvelle-Écosse, et tous les règlements de compétition de l'IAAF seront utilisés.
- Le chronométrage électronique sera utilisé pour tous les événements de piste.
- Les blocs de départ ne seront pas utiliser pour les catégories de minime et benjamin.

Classification

- Toutes les performances de classification doivent être accompli dans la période du 1 mai 2013 au 22 juillet 2014. SVP inscrire les bonnes performances. Les inscriptions qui n'auront pas de performance d'inscrit seront traités comme les plus basses performances et seront traités ainsi.

Chambre d'appel :

- Épreuves de pelouse : Se présenter à l'officiel de l'épreuve au moins 30 minutes avant le début de l'épreuve.
- Épreuves de piste : Se présenter à la chambre d'appel au moins 20 minutes avant le début de l'épreuve.

Horaire :

- **Horaire tentative est si jointe, mais l'horaire finale serait publié mercredi, le 24 juillet.**

Prix : Des prix seront présentés au top 3 athlètes de chaque catégorie d'âge dans chaque épreuve.

Date: August 2nd & 3rd, 2014

Place: Beazly Field - Dartmouth, NS

Sanctioned and organized by: Athletics NS

Facility: Beazly Field

The Beazly Field facility is an 8 lane synthetic surface, re-surfaced in 2012. Spikes must be pyramids of a maximum length of 7mm; needle spikes will not be permitted. Pyramid spikes will be available for sale on site. Canteen will be available on site.

Registration:

Categories for the meet will be: pee wee (2003 or after); bantam ('01-'02); midget ('99-'00); youth ('97-'98); junior ('95-'96); senior ('92-'80); and, master ('79 and before).

- Register on-line through: www.trackiereg.ca
- \$20/athlete. Maximum of 5 events.
- **Registration deadline is 11:59pm on Tuesday, July 29th, 2014.**
- **Late entries will be \$40/athlete with the last registration date ending at 11:59pm on Thursday, July 31st, 2014.**
- Questions or corrections can be emailed to Jonathan Doucette: coach@athleticsnovascotia.ca

Technical Information:

- Competition sanctioned by Athletics Nova Scotia, and all IAAF competition rules will be in effect.
- Photo-electric timing will be used for all track events.
- No starting blocks will be used for pee wee and bantam categories.

Seeding:

- Please register with accurate performances, all seed performances must have been achieved during the period between May 1 2013 and July 29th, 2014. Unseeded entries will be treated as the lowest seed times and assigned accordingly.

Marshalling:

- Field events: Please check in with the official at the event site a minimum of 30 minutes prior to the start of the event.
Track events: Please check in at the marshalling tent a minimum of 20 minutes prior to the start of the event.

Schedule

- **The tentative schedule is attached, but the final schedule will be published Wednesday, July 30th.**

Awards: Awards will be presented to the top 3 finishers in each age category.

Le Championnat atlantique de club

Il y aura un championnat des clubs et le pointage sera calculé comme suit:

1^{er} - 9 points; 2^e - 7 points; 3^e - 6 points; 4^e - 5 points; 5^e - 4 points; 6^e - 3 points; 7^e - 2 points; 8^e - 1 point

Seuls les clubs affiliés avec Athlétisme Canada sont éligibles au pointage par club. Seulement 2 athlètes par épreuves peuvent marquer des points pour leur équipe. Une bannière sera remise au club ayant amassé le plus de points. Cette équipe sera nommée le Champion Atlantique d'athlétisme 2014.

Logement :



\$91+ taxe

Dartmouth, NÉ

456 Windmill Rd.

(902) 463-9900

Réservations de groupe sous "Athletics Nova Scotia"

Must book by July 24th at which times block will be released



\$85+taxe

Dartmouth Oceanview Hotel

65 King Street

Dartmouth, Nova Scotia

B2Y 4C2

Réservations de groupe sous "Athletics Nova Scotia"

Dalhousie et St. Mary's University offrent aussi du logement l'été. Voir les liens ci-dessous pour plus d'information.



One University. One World. Yours.

Protests:

All protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. Cost \$50.00 to be returned if the protest is upheld.

The Atlantic Club Championship

There will be a club championship and points will be allocated as follows:

1st - 9 points; 2nd - 7 points; 3rd - 6 points; 4th - 5 points;

5th - 4 points; 6th - 3 points; 7th - 2 points; 8th - 1 point

Only clubs registered with Athletics Canada are eligible for club points. Only 2 athletes per event can score points for their team. A banner will be presented to the club having scored the most points. This team will be named 2014 Athletics Atlantic Champion.

Accommodations:



\$91+ tax

Dartmouth, NS

456 Windmill Rd.

(902) 463-9900

Group booking under "Athletics Nova Scotia"

Must book by July 24th at which times block will be released



\$85+tax

Dartmouth Oceanview Hotel

65 King Street

Dartmouth, Nova Scotia

B2Y 4C2

Group booking under "Athletics Nova Scotia"

Dalhousie and St. Mary's University also offer accommodations throughout the summer. Please see the links below for more information.



One University. One World. Yours.

Events and specifications / Épreuves et les spécifications

	Pee Wee / Mosquito	Bantam / Benjamin	Midget / Cadet	Youth / Jeune	Junior / Junior	Senior / Sénior
60m	Tetrathlon					
80m		✓				
100m			✓	✓	✓	✓
150m	✓	✓				
200m			✓	✓	✓	✓
300m			✓			
400m				✓	✓	✓
600m	Tetrathlon					
800m		✓	✓	✓	✓	
1000m	✓					
1200m		✓	✓			
1500m				✓	✓	✓
2000m			✓			
3000m				✓	✓	✓
5000m					✓	✓
80m/100m/110m Hurdles / Haies		F – 80m 76cm M – 80m 76cm	F – 80m 76cm M – 100m 84cm	F – 100m 76cm M – 110m 91cm	F – 100m 84cm M – 110m 99cm	F – 100m 84cm M – 110m 107cm
200m/300m/400m Hurdles / Haies		F – 200m 76cm M – 200m 76cm	F – 200m 76cm M – 200m 76cm	F – 300m 76cm M – 300m 84cm	F – 400m 76cm M – 400m 91cm	F – 400m 76cm M – 400m 91cm
1500m/2000m/3000m Steeple Chase			1500m 76cm	F – 2000m 76cm M – 2000m 84cm	F – 2000m 76cm M – 3000m 91cm	F – 3000m 76cm M – 3000m 91cm
4x100m	✓	✓	✓	✓	✓	✓
4x400m				✓	✓	✓
Medlay Relai s (400-200-200-800m)			✓			
High Jump / Hauteur	✓	✓	✓	✓	✓	✓
Long Jump / Longueur	Tetrathlon	✓	✓	✓	✓	✓
Triple Jump / Triple-saut			✓	✓	✓	✓
Pole Vault / Perche			✓	✓	✓	✓
Shot Put / Poids	Tetrathlon F & M - 2kg	F – 3kg M – 3kg	F – 3kg M - 4kg	F – 3kg M – 5kg	F – 4kg M – 6kg	F – 4kg M – 7.26kg
Discus / Disque		F – 750g M – 750g	F – 1kg M – 1kg	F – 1kg M – 1.5kg	F – 1kg M – 1.75kg	F – 1kg M – 2kg
Javelin / Javelot		F – 400g M – 400g	F – 500g M – 600kg	F – 500g M – 700g	F – 600g M – 800g	F – 600g M – 800g
Hammer / Marteau			F – 3kg M - 4kg	F – 3kg M – 5kg	F – 4kg M – 6kg	F – 4kg M – 7.26kg
Multi Event	Tetrathlon (60m-LJ-SP-600m)	Tetrathlon (80m-LJ-SP-800m)	Pentathlon	F-Hept M- Oct	F-Hept M-Dec	F-Hept M-Dec

Masters will follow CMAA specifications where possible. / Les veterans suivront les spécifications CMAA ou possible.

TENTATIVE SCHEDULE OF EVENTS (Subject to change based on entries Final Schedule available on July 31st)
HORAIRE PRÉLIMINAIRE DES ÉPREUVES (Sujet à des modifications)

Day 1 Track - Saturday, August 2nd				
13:00	0:10	100m	Dec/Oct	Male - Youth, Junior, Senior
13:10	0:05	80mH 30"	Pent	Female - Midget
13:15	0:05	80mH 30"	TSF	Male-Bantam
13:20	0:05	80mH 30"	TSF	Female-Bantam
13:25	0:05	80mH 30"	TSF	Female - Midget
13:30	0:05	100mH 33"	Pent	Male - Midget
13:35	0:05	100mH 33"	TSF	Male - Midget
13:40	0:05	100mH 30"	Hept	Female - Youth
13:45	0:05	100mH 30"	TSF	Female - Youth
13:50	0:05	100mH 33"	Hept	Female - Junior, Senior
13:55	0:05	100mH 33"	TSF	Female - Junior, Senior
14:00	0:05	110mH 36"	TSF	Male - Youth
14:05	0:05	110mH 39"	TSF	Male - Junior
14:10	0:05	110mH 42"	TSF	Male - Senior
14:15	0:25	100m	Heats / Vagues	Male - Midget, Youth, Junior, Senior
14:40	0:25	100m	Heats /Vagues	Female - Midget, Youth, Junior, Senior
15:05	0:05	80m	Heats /Vagues	Male - Bantam
15:10	0:05	80m	Heats /Vagues	Female - Bantam
15:15	0:10	80m	Tet	Male & Female - Bantam
15:25	0:05	60m	Tet	Male & Female - PeeWee
15:30	0:15	1200m	TSF	Male - Bantam, Midget
15:45	0:10	1200m	TSF	Female - Bantam, Midget
15:55	0:10	1500m	TSF	Male - Youth, Junior, Senior
16:05	0:10	1500m	TSF	Female - Youth, Junior, Senior
16:15	0:05	1500m Wheelchair	TSF	
16:20	0:20	100m	Final /Finale	Male - Midget, Youth, Junior, Senior
16:40	0:15	100m	Final /Finale	Female - Midget, Youth, Junior, Senior
16:55	0:05	80m	Final /Finale	Male - Bantam
17:00	0:05	80m	Final /Finale	Female - Bantam
17:00	0:20	Break		
17:20	0:15	400m	TSF	Male - Youth, Junior, Senior
17:35	0:15	400m	TSF	Female - Youth, Junior, Senior
17:50	0:05	400m	Oct	Male - Youth
17:55	0:10	300m	TSF	Male - Youth
18:05	0:10	300m	TSF	Female - Youth
18:15	0:10	600m	Tet	Male & Female - PeeWee, Bantam
18:25	0:10	1500m SC 30"	Final / Finale	Male - Midget
18:35	0:10	1500m SC 30"	Final / Finale	Female - Midget
18:45	0:10	2000m SC 30"	Final / Finale	Female - Youth, Junior
18:55	0:15	3000m SC 30"	Final / Finale	Female - Senior
19:10	0:15	2000m SC 36"	Final / Finale	Male - Youth
19:25	0:15	3000m SC 36"	Final / Finale	Male - Junior, Senior
19:40	0:05	200m	Hept	Female - Youth, Junior, Senior
19:45	0:05	1000m	Pent	Male - Midget
19:50	0:05	800m	Pent	Female - Midget
19:55	0:05	400m	Dec/Oct	Male - Junior, Senior
20:00	0:05	4x100m	TSF	Male- All
20:05		4x100m	TSF	Female -All

Day 2 Track - Sunday, August 3rd

9:00	0:05	110mH 36"	Oct	Male - Youth
10:00	0:05	110mH 39"	Dec	Male - Junior
11:00	0:05	110mH 42"	Dec	Male - Senior
12:00	0:05	100m Wheelchair	Final/Finale	
13:00	0:20	5000m	Final/Finale	Male - Junior Senior
14:00	0:25	5000m	Final/Finale	Female -Junior, Senior
15:00	0:15	3000m	Final/Finale	Male - Youth
15:15	0:15	3000m	Final/Finale	Female - Youth
15:30	0:10	2000m	Final/Finale	Male - Youth
15:40	0:10	2000m	Final/Finale	Female - Youth
15:50	0:10	1000m	Final/Finale	Male & Female - PeeWee
16:00	0:05	200m Wheelchair	Final/Finale	
16:05	0:25	200m	Heats /Vagues	Male - Midget, Youth, Junior, Senior
16:30	0:25	200m	Heats /Vagues	Female - Midget, Youth, Junior, Senior
16:55	0:10	150m	Heats/Vagues	Male - Bantam
17:05	0:05	150m	Heats/Vagues	Female - Bantam
17:10	0:05	150m	TSF	Male & Female - PeeWee
17:15	0:15	800m	TSF	Male - Midget, Youth, Junior, Senior
17:30	0:15	800m	TSF	Female - Midget, Youth, Junior, Senior
17:45	0:15	800m	TSF	Wheelchair
18:00	0:15	400mH 36"	TSF	Male - Junior Senior
18:15	0:05	300mH 33"	TSF	Male - Youth
18:20	0:05	400mH 30"	TSF	Female -Junior, Senior
18:25	0:05	300mH 30"	TSF	Female - Youth
18:30	0:10	200mH 30"	TSF	Male - Bantam, Midget
18:40	0:10	200mH 30"	TSF	Female - Bantam, Midget
18:50	0:15	200m	Final/Finale	Male - Midget, Youth, Junior, Senior
19:05	0:15	200m	Final/Finale	Female - Midget, Youth, Junior, Senior
19:20	0:05	150m	Final/Finale	Male - Bantam
19:25	0:05	150m	Final/Finale	Female - Bantam
19:25	0:05	400m Wheelchair	Final/Finale	
19:30	0:05	800m	Hept	Female - Youth, Junior, Senior
19:35	0:05	1000m	Oct	Male - Youth
19:40	0:05	1500m	Dec	Male - Junior, Senior
19:45	0:10	4x400m	TSF	Male -All
19:55		4x400m	TSF	Female -All

Day 1 Field - Saturday, August 2nd

	Long Jump Longueur	High Jump Hauteur	Shot put Poids	Javelin Javelot	Discus Disque
1:00		Male - PeeWee, Bantam, Midget		Female - Bantam, Midget	
1:15					
1:30					
1:45	Male - Pent, Oct, Dec				Male - Youth, Junior, Senior
2:00					
2:15	Male - Youth, Junior, Senior	Male - Pent, Oct, Dec			
2:30					
2:45				Male - Bantam, Midget	
3:00		Male - Youth, Junior, Senior	Male - Pent, Oct, Dec		Female - Youth, Junior, Senior
3:15	Male & Female - Tet				
3:30					
3:45	Male & Female - PeeWee, Bantam		Male - Pent, Oct, Dec		
4:00			Male & Female - Tet	Male - Youth, Junior, Senior	
4:15					
4:30					
4:45		Male - Pent, Oct, Dec			
5:00	Female - Pent				
5:15	Female - Bantam, Midget				Female - Bantam, Midget
5:30					
5:45		Male - Youth, Junior, Senior		Female - Youth, Junior, Senior	
6:00					
6:15	Female - Youth, Junior, Senior				
6:30					Male - Bantam, Midget
6:45					
7:00					

Day 2 Field - Saturday, August 2nd

	Long Jump Longueur	Triple Jump	High Jump Hauteur	Shot put Poids	Javelin Javelot	Pole Vault S. Perche	Discus / Hammer Disque Marteau
9:00	Male - Bantam, Midget		Female - PeeWee, Bantam, Midget	Female - Youth, Junior, Senior			
9:15							
9:30							Male -Dec
9:45							
10:00							Male - Bantam, Midget, Youth, Junior, Senior
10:15	Female - Hept						
10:30							
10:45			Male -Oct	Female - Bantam, Midget		Male -Dec	
11:00		Female - Midget, Youth, Junior, Senior					
11:15							
11:30							
11:45				Male - Bantam, Midget	Female - Hept	Male - Midget, Youth, Junior, Senior	
12:00							
12:15							
12:30		Male - Midget, Youth, Junior, Senior					
12:45							
13:00				Male - Youth, Junior, Senior		Female - Midget, Youth, Junior, Senior	
13:15							
13:30							
13:45							