



NACAC U23 Small Group Coaching Mentorship **Event Observation and Skill Analysis Professional Development**

Friday August 8th – Saturday August 9th, 2014

Tournament Capital Centre, 910 McGill Road, Kamloops, BC V2C 6N6

Hosted by BC Athletics and Athletics Canada

Watch the NACAC U23 Championships through the eyes of an Expert Coach! Ideal for the high school coach, club coach, or budding National Team coach who wants to enhance their technical abilities through event observation and skill analysis. With only 5-6 coaches per group, this 2-day Professional Development opportunity will provide you with an in-depth look into the technical aspects of your event group, give you some insight into being a National Team coach, and connect you to other like-minded coaches from across the country.

Mentor Coaches = Les Gramantik and Derek Evely

Tentative Schedule:

Thursday August 7th, 2014

6pm – Package pick up and attend Panel Discussion

Friday August 8th, 2014 – Day 1

9-11am – Athlete and Coach Event Plans

11-1pm – Lunch

1-3pm - Video Analysis and Observation Plans

3-8pm - Event Observation and Skill Analysis with Mentor (dinner catered upstairs)

Saturday August 9th, 2014 – Day 2

10-12noon – Video Analysis Debrief (with Mentor in event groups)

12-1pm – Lunch

1-3pm - Games Experience and Athlete Plan Follow-up

3-9pm - Event Observation and Skill Analysis with Mentor (dinner catered upstairs)

- Costs:**
- **\$400.00 + GST** – for Athletics Canada Provincial Branch Coach Members
 - Includes \$250 registration fee, 3 nights of shared accommodation, breakfasts, and dinners
 - When booking your own travel, please try to arrive at Thompson Rivers University before 5pm on Thursday and you might want to stay for the finals on Sunday (last event starts at 12:40)

Registration is Now Open!

- Click here to register for the [NACAC Mentorship](#)
- Limited to 5-6 per group
- Registration Criteria includes:
 - Current AC Coach member and preferably coaching U23 athletes
 - NCCP Club Coach suggested
 - Coaches who have had athletes selected to youth/Jr national teams are encouraged to apply

For more information on this opportunity please contact Jennifer Schutz at jennifer.schutz@bcathletics.org.