

**2014 Athletics Nova Scotia Legion Team Selection Criteria  
Nova Scotia/Nunavut Command**



1) 2014 Team Standards



2014 Legion Team Standards			
Midget			
Female		Male	
Event	Standard	Event	Standard
100m	12.92	100m	11.96
200m	26.42	200m	24.04
300m	42.48	300m	38.14
400m	60.08	400m	53.68
800m	02:20.83	800m	02:05.04
1200m	03:48.03	1200m	03:22.00
1500m	04:51.88	1500m	04:18.56
2000m	06:51.14	2000m	06:00.02
3000m	10:47.15	3000m	09:25.29
1500mSC (76cm)	05:14.41	1500mSC (84cm)	04:38.25
80mH (76cm)	12.53	100mH (84cm)	14.68
200mH(76cm)	29.81	200mH(84cm)	26.96
Long Jump	4.93	Long Jump	5.74
Triple Jump	10.60	Triple Jump	11.99
High Jump	1.50	High Jump	1.71
Pole Vault	2.58	Pole Vault	3.30
Shot Put (3kg)	10.50	Shot Put (4kg)	13.87
Discus (1kg)	30.17	Discus (1kg)	40.89
Hammer (3kg)	40.76	Hammer (4kg)	44.55
Javelin (500g)	33.85	Javelin (600g)	42.36
Pentathlon	2899	Pentathlon	2452
Youth			
Female		Male	
Event	Standard	Event	Standard

100m	12.46	100m	11.23
200m	25.70	200m	22.71
400m	58.34	400m	50.65
800m	02:18.39	800m	01:56.43
1500m	04:46.88	1500m	04:04.55
3000m	10:32.30	3000m	08:57.87
2000mSC	07:29.59	2000mSC(84cm)	06:17.69
100mH	14.86	100mH (91cm)	15.31
300mH	45.45	300mH (84cm)	40.63
Long Jump	5.14	Long Jump	6.38
Triple Jump	10.78	Triple Jump	13.03
High Jump	1.55	High Jump	1.84
Pole Vault	3.11	Pole Vault	3.69
Shot Put (3kg)	12.63	Shot Put (5kg)	14.65
Discus (1kg)	33.97	Discus (1.5kg)	43.85
Hammer(3kg)	43.59	Hammer (5kg)	51.25
Javelin (500g)	39.00	Javelin (700g)	51.60
Heptathlon	4304	Octathlon	4878

\*Standards are based on the 10<sup>th</sup> place at the Canadian Legion Championships or half of the field

## 2) Athlete eligibility:

a. All athletes must meet competitor eligibility requirements as established by the National Legion Track and Field Program.

b. Athletes must be an Athletics Nova Scotia member on the date the performance was achieved for that performance to be considered during the selection process with the exception of the NSSAF Championships. Performances from the 2014 NSSAF High School Provincial Championships or other provincial or equivalent state high school championship meets will be accepted if the athlete is an Athletics NS member within ten days following the completion of that meet. The 2014 Legion Team Selection Committee will determine the eligibility of meets outside of Nova Scotia or Canada.

c. Athletes must be an Athletics Nova Scotia member by the registration deadline for the 2014 Athletics NS Legion Selection Meet, July 1<sup>st</sup> 2014.

d. Athletes must submit a completed Athletics NS Legion Team Application Form to the designated area before the end of the final day of the 2014 Athletics NS Legion Team Selection Meet.

i. Athletes must meet the age requirements (be born between 1997 and 2001 inclusive).

ii. Athletes must submit proof of age with the Athletics NS Legion Application Form.

e. All athletes must compete at the 2014 Athletics NS Legion Selection Meet as an Athletics Nova Scotia member to be eligible for the 2014 Athletics NS Legion Team, except for extraordinary circumstances where:

i. The athlete is competing at an Athletics Canada event at the same time. (National Team, Canadian junior Championships etc.)

ii. The athlete is unable to compete for other extenuating circumstance including but not limited to a death in the family.

In the above cases, the following must occur:

- i. The athlete must apply for exemption at least two weeks in advance of the event, submitted to the Legion Team Head Coach.
  - ii. The application will be reviewed by an Athletics NS-appointed exemption committee and a recommendation will be made to the Athletics NS board of directors. The board will approve or disapprove of the recommendation. This decision is final.
  - iii. The exemption committee will include the Athletics NS Executive Director, Athletics NS Director of Coaching, a Legion representative, and a delegated board member.
  - iv. The decision will be presented to the athlete within seven days of submission of the exemption application
  - v. This decision will be communicated to the Athletics NS membership, before the start of the Legion Selection Meet, by the Athletics NS Executive Director.
- f. The athlete must remain competition ready. Injury following fulfillment of these criteria may result in de-selection should it preclude readiness for competition at the 2014 National Legion Meet.
- i. Athletes are expected to share information regarding injury to the Legion Team Staff, who will consult with all Legion Team staff and act appropriately.
  - ii. Final determination will be made by the Athletics NS Board of directors upon receiving recommendation from the Legion team coaching staff based on reasonable expectation of readiness to compete at the 2014 National Legion Meet.

### 3) Performance qualification:

- a. All performances for all events must be attained at Athletics Nova Scotia (or other IAAF) sanctioned outdoor meets.
- b. The qualifying period for each event begins on **March 1, 2014 and ends at the completion of the event at the 2014 Athletics NS Legion Selection Meet**. Only performances achieved outdoors during this period are eligible for consideration.

*c. "Event equivalent standards" will ONLY be used from the NSSAF championships (example: the NSSAF 1500m times will qualify for the Legion 1200m because there is no 1200m in the NSSAF). In all other cases, only performances in the new Legion events will be considered for team selection. This also applies to the new throws implement weights.*

### 4) Team Selection Process

- a. A maximum of two athletes per individual event will be selected to the Athletics NS Provincial Legion Team.
- b. A maximum of four athletes per relay team will be selected to the Athletics NS Provincial Legion Team. After the full Athletics NS Provincial Legion Team has been named, additional athletes may be named to the relay teams from athletes already selected to the Athletics NS Provincial Legion Team at the discretion of the Legion team coaches.
- c. A maximum of 38 athletes will be named to the Athletics NS Provincial Legion Team.
  - i. A maximum of 25 male athletes will be named to the Athletics NS Provincial Legion Team
  - ii. A maximum of 25 female athletes will be named to the Athletics NS Provincial Legion Team

- iii. A maximum of 25 Midget athletes will be named to the Athletics NS Provincial Legion Team.
- iv. A maximum of 25 Youth athletes will be named to the Athletics NS Provincial Legion Team.

### **5) Individual Athlete Selection Process**

a. Each event an eligible athlete has applied for on their Athletics NS Legion Team application form will constitute an event application.

b. Each event application will be placed in one of the four selection criteria groups as defined below.  
Selection Criteria Groups

i. The first selection criteria group will be comprised of event applications in which the athlete has been granted exemption from competing at the Athletics NS Legion Selection Meet (see 2e.) and whose best eligible performance, submitted by the end of the 2014 Athletics NS Legion Selection Meet, ranks them first or second in that event against other event applicants

ii. The second selection criteria group will be comprised of event applications in which the athlete has won the event at the 2014 Athletics NS Legion Selection Meet and has achieved that event's A Standard within the qualifying period.

iii. The third selection criteria group will be comprised of event applications in which the athlete has finished second in the event at the 2014 Athletics NS Legion Selection Meet and has achieved that event's A Standard within the qualifying period.

iv. The fourth selection criteria group will be comprised of event applications in which the athlete has won the event at the 2014 Athletics NS Legion Selection Meet and has achieved that event's A Standard within the qualifying period with an illegal wind reading up to a maximum of 4.0m/s.

v. The fifth selection criteria group will be comprised of event applications in which the athlete has finished second in the event at the 2014 Athletics NS Legion Selection Meet and has achieved that event's A Standard within the qualifying period with an illegal wind reading up to a maximum of 4.0m/s.

vi. The sixth selection criteria group will be comprised of all remaining event applications that will be ranked in order based on the performance's percentage from the "A" standard

\*Please note that no performances over 4.0m/s can be used for selection purposes\*

c. The event application order will be determined by two factors:

i. All event applications in lower numbered selection criteria groups will be considered before any event applications in higher numbered selection criteria groups

ii. Within the selection criteria groups, event applications will be ordered based on the performance's percentage from the "A" standard. Percentage from standard is calculated as indicated: (Performance - Standard) / Standard.

d. The selection committee will review, in order, each event application until the team complement is reached.

i. For each event application the selection committee will determine if any of the following conditions have been met. If any of these conditions have been met the athlete cannot be

selected in that event and the committee will move to the next event application. If none of the conditions have been met the athlete will be named to the team in that event:

ii. the event has been filled to capacity

iii. the team complement for the athlete's gender has been filled to capacity

iv. the team has been filled to capacity

e. Each event application can only qualify an athlete for the specific event indicated on the event application. After all events have been filled by the 38 team members, staff will have the ability to fill remaining events from within the teams 38 athletes.

f. Relay teams will be filled, where, possible from, athletes already selected to the team. There will be no athletes selected to the team for relay only purposes.

g. Previous reports on an athlete's behavior in Athletics NS sanctioned meets and on team trips will be considered during the selection process. The Athletics NS Board of Directors reserves the right to deny an athlete selection to the team or to remove an athlete from the team based on these reports.

## **6) Athlete Commitment**

b. The Athletics Nova Scotia Legion Team Program has a number of components. Attendance at each is mandatory\*. Athletes and staff applying to be on the Legion team must commit to the following three dates:

- **Legion Team Trials July 5-6**
- **National Legion Track and Field Camp and Meet, Langley BC (August 14-18, 2014)**
- **Legion Team Day Camp - Date and Location TBC**

c. All athletes must travel to and from the National Legion Championships on team transportation. Parents may not provide alternate transportation arrangements before or after the meet.