





Anglophone East School District Athletic Championships June 10th and 11th, 2014 U de M Stadium Moncton, NB

Elementary Meet: Tuesday, June 10th 2014 (10:00a.m. to 3:30p.m.)

Middle School Meet: Tuesday, June 10th, 2014 (4:00p.m. to 8:00p.m.) and Wednesday, June, 11th (10:00 a.m. to 4:00 p.m.)

Middle School Discus: Monday, June 9th at 4 pm at Anna Melanfant School

Time to spring into another track and field season! You are invited to register your school for the ASD-E annual Track Meet at the University of Moncton Stadium. Please read the technical package for all of the competition details and the tentative meet schedule. All registrations will be completed online at TrackieReg. Link for TrackieReg tutorial: http://www.trackie.com/online-registration/tutorials.php?tut=1

Facility:

The track is an all-weather rubber surface. Spikes can be a maximum length of 7mm pyramid or tree styles only, no needles permitted.

Registration:

Categories for the meet will be: Elementary (Grades 3-5); Middle School (Grade 6 and Grade7/8).

- Register on-line through: www.trackiereg.ca
- \$5 per athlete: Make cheque out to Minister of Finance and send to Joe Grondin at District Office.
- Registration deadline is 11:59pm on Wednesday, June 4th, 2014.
- Questions or corrections can be emailed to Steve LeBlanc at: <u>TeamAtlantic@yahoo.ca</u> or Tanya Thibeau tanya.thibeau@nbed.nb.ca

Technical Information:

- Competition sanctioned by Athletics New Brunswick.
- Photo-electric timing will be used for all track events.
- Athletes will receive 3 trials only in long jump, triple jump and shot put.
- IAAF competition rules will be in effect.
- Points Scored: 1st 8pts, 2nd 7pts, 3rd 6 pts, 4th 5pts, 5th 4pts, 6th 3pts, 7th 2pts, 8th 1pt
- Championship trophies will be awarded for Middle School "large school" and "small school" divisions.
- Students must be trained for their events. See standards for high jump and discus throw.

There is a sample schedule is attached, but Steve is drafting us up a schedule for next week. I will forward it as soon as I receive it and I will post it on TrackieReg.

The final schedule will be published Monday, June 9th.

| | Track Meet Coach to do list: | Done |
|-------|--|------|
| 1. | Register your school via email to tanya.thibeau@nbed.nb.ca | |
| | School Name, Meet Level, Email, and Cell Phone # (which is important during meet | |
| | to communicate via text when locating athletes or if issues arise) | |
| | Payment : | TBA |
| | Details will follow as we may be using the online payment method in Trackie | |
| | Reg. | |
| 2. | Pay your registration fee online (\$5/athlete) at TrackieReg | |
| | or | |
| | Check Payable to: Minister of Finance / Send: Riverview East School (RES) | |
| 3. | Secure TrackieReg for only ASD-E students: | |
| | (If more than one coach is registering your athletes online, or if you have two | |
| | email accounts that you will use for TrackieReg Send Tanya any additional | |
| | email account(s) you will be using for Trackie Reg. | |
| 4. | Register team by Wed, June 4 th in Trackie Reg. | |
| | http://www.trackie.com/online-registration/ | |
| Watcl | n tutorial: http://www.trackie.com/online-registration/tutorials.php?tut=1 | |
| | Submit Media Form to Tanya via email and bring a copy of your Media Form to | |
| | the meet in case you have to speak with a reporter. Send a list with: | |
| | School Name, Student Name, Gender and Grade Level (some names are unisex) | |
| 6. | Bring your first aid kit and emergency information for your athletes. | |
| | Book your bus and arrange your student transportation home. | |
| | Make copies of your registration forms and bring a final schedule with you. | |
| | Ensure you have enough supervision for the meet day. | |
| | . Do not bring any equipment to the meet. | |
| | . Help us keep the grounds clean during the meet - includes team clothing etc. | |
| | (Lost and found goes to the Salvation Army 5 days after the meet). | |
| 12 | . Teacher/Supervisor must be the last team member to leave the meet. | |
| | . All Schools must wear uniforms. | |
| | . All Schools should bring a sign to their camp to help officials locate your team. | |
| | . The deadline to submit all entries is Wednesday, June 4 th at 11:59pm. | |
| 16 | . Monday, June 9 th at <mark>11:59 am</mark> is the final deadline for changes/scratches. | |
| ŀ | lave a blast…we only have one meet a year, but kids remember it for a lifetime⊕ | |

Contact:
Tanya Thibeau
tanya.thibeau@nbed.nb.ca,
(C) 875-4138, (O) 856 -3507

ASD- E Track Events and Specifications

| | Elementary | Grade 6 | Grade 7/8 |
|-------------------------|------------|----------|----------------|
| 60m | ✓ | | |
| 80m | | ✓ | |
| 100m | | | ✓ |
| 150m | ✓ TF | ✓ | |
| 200m | | | ✓ |
| 300m | | | √ TF |
| 400m | | | |
| 600m | ✓ TF | | |
| 800m | | ✓ TF | ✓ TF |
| 1000m | | | |
| 1200m | | ✓ TF | √ TF |
| High Jump | | ✓ | ✓ |
| Long Jump | ✓ | ✓ | ✓ |
| Triple Jump | | | ✓ |
| Shot Put | F – 2kg | F – 3kg | F – 4kg |
| | M – 2kg | M – 3kg | M – 4kg |
| Discus | | | F – 1.61lbs |
| Discus | | | M – 1.61lbs or |
| | | | 7.50g |
| 4 x 100m Relay | ✓ | ✓ | ✓ |
| 4 x 50m Shuttle Relay | ✓ | | |
| 800m medley | ~ | ✓ | ✓ |
| (200, 100, 100, 400) | | • | • |
| TF = Timed Final | | | |
| | | | |
| | | | |

Limits and Standards

Elementary Entry Limits:

- Relays one boys/girls team per relay per school
- School: 3 boys and 3 girls in all events per school
- Athlete: 2 individual events and 2 relays per athlete

Middle School Entry Limits:

- Relays one boys/girls team per relay per school
- **School:** 3 male and 3 female athletes for track events. 2 male and 2 female for field events (LJ, TJ, HJ, SP, DT).
- Athlete 3 individual events and 2 relays per athlete

Discus Standard:

- **NEW:** Athlete must be able to throw: 10m male/female
- 750g or 1.61lbs

High Jump Standard:

- **NEW:** Entry height athlete must be able to jump: Gr. 6 1.00m, Gr. 7/8 1.15m
- 2 fouls

Points Scored:

• 1st - 8pts, 2nd - 7pts, 3rd-6 pts, 4th-5pts, 5th - 4pts, 6th - 3pts, 7th - 2pts, 8th - 1pt

Triple Jump:

Grade 7/8 event