

2014 Antigonish Highland Games and Athletics NS Provincial Championships

Day 1

		Track	Entries	Heats		High Jump	Throw Cage	Shot Put	Horizontal Jumps	Javelin
0:05	10:00	80 mh F – Midget 30"	4	1	Prelims	HJ - Male-All (9)		SP-Female-All (17)	LJ-Female - All (19)	
0:05	10:05	80mh F - Pent	1	1	Multi					
0:05	10:10	100 mh F – Youth 30"	3	1	Prelims					
0:05	10:15	100 mh M- Midget 33"	2	1	Multi					
0:05	10:20	100 mh M- Midget 33"	1	1	Prelims					
0:05	10:25	110 mh M- Youth 36"	1	1	Prelims					
0:05	10:30	110 mh M – Junior – 39"	1	1	Prelims					
0:05	10:35	80 mh M - Bantam 30"	1	1	Finals					
0:05	10:40	80 mh F – Midget 30"	4	1	Finals					
0:05	10:45	100 mh F – Youth 30"	3	1	Finals					
0:05	10:50	100 mh M- Midget 33"	1	1	Finals					
0:05	10:55	110 mh M- Youth 36"	1	1	Finals					
0:10	11:00	110 mh M – Junior – 39"	1	1	Finals					
0:10	11:10	400 m F All	11	2	Finals	HJ - Female - Pent (1)				
0:10	11:20	400 m M All	10	2	Finals			SP-Male-All (16)		
0:05	11:30	400 Wheel Chair	3	1						
0:05	11:35	300 m F – Midget	4	1	Prelims				LJ - Male -Pent (2)	
0:05	11:40	300 m M - Midget	4	1	Finals					
0:10	11:45	100 m F - Special Athletes	No Blocks		Finals					
0:10	11:55	100 m M – Special Athletes	No Blocks		Finals					
0:15	12:05	Awards - All Completed Events			Finals					
	16:00	Break								
0:10	16:00	2000 m F – Midget	6	1	Finals					
0:10	16:10	2000 m M – Midget	3	1	Finals					
0:15	16:20	3000 m F – All	4	1	Finals					
0:15	16:35	3000 m M - All	6	1	Finals				LJ-Male - All (17)	Jav- Female-All (13)
0:25	16:50	5000 m M Jr- Sen	3	1	Finals			SP-Male/ Female-Pent (3)		
0:05	17:15	80 m F/M – Bantam No Blocks	5	1	Finals					
0:05	17:15	100 m Wheel chair	3	1	Finals					
0:15	17:20	100 m F – All	23	3	Prelims					
0:20	17:35	100 m M – All	20	3	Prelims	HJ-Male-Pent (2)				
0:10	17:55	800 m F – All	13	2	Finals					
0:10	18:05	800 m M- All	14	2	Finals					
0:10	18:15	200 m F - Special Athletes	No Blocks		Finals				LJ - Female-Pent (1)	
0:10	18:25	200 m M – Special Athletes	No Blocks		Finals	HJ- Female - All (11)				
0:10	18:35	1000m-M-Pent	1	1	Multi		Hammer - M/F (12)			
0:05	18:45	800m -F-Pent	1	1	Multi					
0:05	18:50	100 m F – Midget		1	Finals					
0:05	18:55	100 m F - Youth		1	Finals				TJ - Female - (7)	

0:05	19:00	100 m F - Jr-Sen		1	Finals					
0:05	19:05	100 m M – Midget		1	Finals					
0:05	19:10	100 m M - Youth		1	Finals					
0:05	19:15	100 m M - Jr-Sen		1	Finals					
0:10	19:20	Elite Mile Invitational F/M		2	Finals					
	19:30	Awards - ALL			Finals					
0:10	19:30	4 x 100 relay – F All			Finals					
	19:40	4 x 100 relay – M All			Finals					

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Day 2

		Track	Entries	Heats		High Jump	Throw Cage	Shot Put	Horizontal Jumps	Javelin
0:10	9:00	60 m F/M RJT	12	2	Multi					Jav-Male-All (14)
0:10	9:10	1500 m SC – F Midget	3	1	Finals					
0:15	9:20	3000 m SC – M – Jr – Sen	1	1	Finals					
0:15	9:35	200 m F- All	18	3	Prelims				LJ - RJT (12)	
0:20	9:50	200 m M – All	23	3	Prelims					
0:05	10:10	200 m Wheelchair	3	1	Prelims		Discus-Female-All (11)			
0:10	10:15	1200 m F - Bantam/Midget	9	1	Finals					
0:10	10:25	1200 m M - Bantam/Midget	6	1	Finals					
0:10	10:35	1500 m F – Y-J-S	7	1	Finals					
0:10	10:45	1500 m M – Y-J-S	11	1	Finals			SP - RJT (12)	TJ-Male-All (6)	
0:05	10:55	150 m F – Bantam	No Blocks		Finals					
0:05	11:00	150 m M – Bantam	No Blocks		Finals		Discus-Male-All (22)			
0:05	11:05	200 m F – Midget		1	Finals					
0:05	11:10	200 m F – Youth		1	Finals					
0:05	11:15	200 m F – Jr- Sen		1	Finals					
0:05	11:20	200 m M – Midget		1	Finals					
0:05	11:25	200 m M – Youth		1	Finals					
0:05	11:30	200 m M – Jr- Sen		1	Finals					
0:10	11:35	600 m - RJT		1	Multi					
0:05	11:45	200mh F – Bantam/Midget 30"	2	1	Finals					
0:05	11:50	200mh M – Bantam/Midget 30"	1	1	Finals					
0:05	11:55	300mh F - Youth 30"	2	1	Finals					
0:05	12:00	400mh F - Jun 36"	1	1	Finals					
0:05	12:05	Medley relay (400,200,200,800)			Finals					
	12:10	Awards (All Events)			ALL					

RJT - events

60
Long Jump
Shot Put
600

RJT - '03 or later

B = Bantam '01-'02

M = Midget '99-'00

Y = Youth '97-'98

J = Junior '95-'96

S = Senior '94+

Master 35+

Master event

400

Invitational

Mile

[illegible]