



**Athletics NS Warm-Up May 9, 2015**

**Draft Schedule**

Event	Gender	Age	Heats	Time	Event	Gender
					High Jump	F
3000m	F	Youth +	TSF	10:00	High Jump	M
3000m	M	Youth +	TSF	10:15		
2000m	F	Bantam-Midget	TSF	10:30		
2000m	M	Bantam-Midget	TSF	10:45	Long Jump	M
80mH 30"	F	Midget	TSF	11:00	Long Jump	F
100mH 30"	F	Youth	TSF	11:15	SLJ	M&F
100mH 33"	F	Junior	TSF	11:30		
110mH 36"	M	Youth	TSF	11:45	Triple Jump	M
110mH 39"	M	Junior	TSF	12:00	Triple Jump	F
800m	F	All	TSF	12:15		
800m	M	All	TSF	12:25	Shot Put	F
80m	M&F	Peewee- Bantam	TSF	12:35	Shot Put	M
100m	M&F	Wheelchair	TSF	12:45	Discus	F
100m	F	Midget +	TSF	12:55	Discus	M
100m	M	Midget +	TSF	13:05	Hammer	Mixed
400m	M	Wheelchair	TSF	13:15	Javelin	Mixed
400m	F	Youth +	TSF	13:25	Shot Put, Discus, Javelin	Seated
400m	M	Youth +	TSF	13:35		
300m	F	Midget	TSF	13:45		
300m	M	Midget	TSF	13:55		
2000mSC 36"	M	Youth	TSF	14:10		
2000mSC 30"	F	Youth-Junior	TSF	14:25		
1500mSC 30"	F	Midget	TSF	14:40		
1500mSC 30"	M	Midget	TSF	14:55		
600m	M&F	Peewee- Bantam	TSF	15:10		
1500m	F	Youth +	TSF	15:20		
1500m	M	Youth +	TSF	15:35		
1200m	F	Bantam-Midget	TSF	15:50		
1200m	M	Bantam-Midget	TSF	16:05		
200mH	F	Midget	TSF	16:20		
200mH	M	Midget	TSF	16:30		
300mH	F	Youth	TSF	16:40		
300mH	M	Youth	TSF	16:50		
400mH	M	Junior-Senior	TSF	17:00		
150m	M&F	Bantam	TSF	17:10		
200m	M	Wheelchair	TSF	17:20		
200m	F	Midget +	TSF	17:30		

200m	M	Midget +	TSF	17:40		
4x100m	Mixed	All	TSF	17:50		
4x400m	Mixed	All	TSF	18:10		


