

Athletics NS May 9th Warm Up Open



Hosted and Sanctioned: Athletics Nova Scotia

Meet Director: Rich Lehman and Anitra Stevens

Date: Saturday, May 9th, 2015

Event Site: - Beazley Field, Dartmouth, NS

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Washrooms are available on-site.

Timing: FinishLynx Photoelectric timing

Age Categories:

All categories from RJTW to Masters will be offered

Events:

100m,150m,200m,300m,400m,800m,1200m,1500m,2000m,3000m,200mH,
300mH,400mH,1500mSC,2000mSC,3000mSC, 4x100m,4x400m, Long Jump, Triple Jump, High
Jump, Hammer, Discus, Shot Put, Javelin

Registration:

Please visit [TrackieReg](#) to register

Registration deadline is Tuesday, May 5, 2015

Schedule:

The schedule is subject to change based on entries. View schedule link for tentative schedule.

The final schedule will be posted by Thursday, May 7st, 2015.

Seeding

Please include accurate seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events. Unseeded entries will be treated as the lowest seed times and assigned accordingly.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

Scratches

Scratches will be accepted via TrackeReg until the registration deadline.

Registration:

Entries must be received by 11:59 p.m. Tuesday, April 30th, 2014

School and clubs - \$200 per team (payable on site)

Individual Members - \$20 (payable online)

Individual Non Members - \$30 (payable online)

No charge for additional events

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Entry fees **must** be paid before an athlete can compete in the meet. Please designate one person from your school/club to pick up the entry package and pay all fees.

Check in and Bib # Pick-up: Beginning at 9:00 a.m. on Saturday, May 9th 2015

Inquiries: athletics@sportnovascotia.ca