

"Battle of the Border" High School Track Meet

Saturday, April 26th, 2014

Hillside Track, Kamloops, BC

BATTLE OF THE BORDER INVITATIONAL - SCHEDULE

Note: Schedule is considered "flexible" and may have to be altered depending on numbers of entries. However, the meet will not begin before posted starting time. It will be a 'rolling schedule': as soon as one event is done, the next one will begin in the order shown below.

Track Events Schedule

1. 3000m Jr/Sr Girls	9:30 am
2. 3000m Jr/Sr Boys	9:45 am
3. 100m 8 Girls	10:05 am
4. 100m 8 Boys	10:15 am
5. 100m Jr Girls	10:25 am
6. 100m Jr Boys	10:35 am
7. 100m Sr Women	10:45 am
8. 100m Sr Men	10:55 am
9. 1500m 8,Jr Girls	11:05 am
10. 1500m 8,Jr Boys	11:15 am
11. 1500m Sr. Women	11:25 am
12. 1500m Sr. Men	11:35 am
13. 400m 8 Girls	11:45 am
14. 400m 8 Boys	11:55 am
15. 400m Jr Girls	12:05 pm
16. 400m Jr Boys	12:15 pm
17. 400m Sr. Women	12:25 pm
18. 400m Sr. Men	12:35 pm
19. 80mH 8,Jr Girls	12:45 pm
20. 100mH 8,Jr Boys, Sr. Women	12:55 pm
21. 110mH Sr Men	1:05 pm
22. 200m 8 Girls	1:15 pm
23. 200m 8 Boys	1:25 pm
24. 200m Jr Girls	1:35 pm
25. 200m Jr Boys	1:45 pm
26. 200m Sr. Women	1:55 pm
27. 200m Sr. Men	2:05 pm
28. 800m 8,Jr Girls	2:15 pm
29. 800m 8,Jr Boys	2:25 pm
30. 800m Sr. Women	2:35 pm
31. 800m Sr. Men	2:45 pm
32. 1500m SC Jr.,Sr. Women	2:55 pm
33. 2000m SC Jr.,Sr. Men	3:05 pm
BATTLE OF THE BORDER RELAYS	
*31. 4X100 8,Jr. Girls	3:15 pm
*32. 4X100 8,Jr. Boys	3:25 pm
*33. 4X100 Sr Women	3:35 pm
*34. 4x100 Sr Men	3:45 pm

* Schools are welcome and encouraged to combine teams to form faster relay squads.

Field Events Schedule

Please note that the start times are NOT fixed. Any changes in these start times will be announced over the PA. Every attempt will be made to give 2 warm-up and 3 attempts for each throwing event.

	<i>HJ</i>	<i>TJ</i>	<i>LJ</i>	<i>SP</i>	<i>DT</i>	<i>HT</i>	<i>JT</i>
40. 8, jr boys	10:00	10:00 <i>Pit 1</i>	1:00 <i>Pit 1</i>	9:30	2:00 <i>Circle 2</i>		10:15
41. 8, jr girls	11:00	10:00 <i>Pit 2</i>	1:00 <i>Pit 2</i>	11:30	12:30 <i>Circle 2</i>		9:30
42. Sr boys	12:00	10:00 <i>Pit 1</i>	12:00 <i>Pit 1</i>	10:30	2:30 <i>Circle 1</i>		11:45
43. Sr girls	1:00	10:00 <i>Pit 2</i>	12:00 <i>Pit 2</i>	12:30	3:30 <i>Circle 1</i>		11:00
44.						12:45	
45.						1:45	
						<i>all boys</i>	
						<i>all girls</i>	

* Note: There will be pole vault offered for boys and girls starting at 12:00pm

Visit www.kamloopstrackandfield.ca and www.revelstoketrack.ca for full results

BATTLE OF THE BORDER **IMPLEMENT AND HURDLE** **SPECS**

HURDLES

F-Gr. 8 and Jr. – 80m – 30"

F-Sr. – 100m – 33"

M-Gr. 8 and Jr. – 100m – 33"

M-Sr. – 110m – 39"

SHOT PUT

F-Gr. 8 and Jr. – 3 kg.

F- Sr. – 4 kg.

M-Gr. 8 – 4 kg.

M – Jr. – 5 kg

M-Sr. – 6 kg

DISCUS

F-Gr. 8, Jr., and Sr. – all 1 kg.

M-Gr. 8 – 1 Kg.

M- Jr. – 1.5 Kg.

M-Sr. – 1.75 kg.

JAVELIN

F-Gr. 8 and Jr.– 500 g.

F- Sr.– 600 g.

M- Grade 8 – 600 grams

M-Jr. – 700 grams

M-Sr. – 800 grams

HAMMER

F-Gr. 8 and Jr. – 3 kg.

F- Sr. – 4 kg.

M-Gr. 8. – 4 kg.

M-Jr. – 5 kg.

M-Sr. – 6 kg.