

## Athletics NS Espoir Trials and Open Meet - 2016-06-18

Metropolitan Field  
Meet Program

## Event 1 Mixed 18-74 5000 Meter Run (4)

Saturday 2016-06-18 - 10:00 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	43	Wach, Graeme	M95	Halifast Athletics	16:00.00
2	85	Ferguson, Warren	M95	Unattached	16:40.00
3	129	Vaughan, Meghan	W98	Valley Athletics	20:33.00
4	132	Williams, Ralph	M52	Valley Athletics	21:47.00

## Event 2 Women 14-15 2000 Meter Run (3)

Saturday 2016-06-18 - 10:25 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	1	Lowther, Lauren	01	Antigonish T	7:02.32
2	136	Burke, Tanna	01	Yhz Track &	7:12.52
3	135	Boucher, Mikayla	02	Yhz Track &	7:13.35

## Event 3 Men 14-15 2000 Meter Run (5)

Saturday 2016-06-18 - 10:35 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	18	Boudreau, Brody	01	Halifast Athletics	6:00.00
2	15	Somers, Drew	01	Chebucto Athletics	6:10.00
3	114	Fuller, Jesse	01	Valley Athletics	6:30.00
4	110	Baker, Tyler	02	Valley Athletics	6:35.00
5	131	Watts, William	01	Valley Athletics	6:46.00

## Event 4 Men 16-17 3000 Meter Run (2)

Saturday 2016-06-18 - 10:45 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	112	Benoit, Jacob	00	Valley Athletics	9:36.61
2	126	Shankel, Jonah	99	Valley Athletics	9:49.95

## Event 5 Women 12-13 80 Meter Hurdles 30" (1)

Saturday 2016-06-18 - 11:00 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	123	O'Leary, Haley	03	Valley Athletics	18.98

## Event 6 Men 12-13 80 Meter Hurdles 30" (1)

Saturday 2016-06-18 - 11:05 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	119	James, Zachary	03	Valley Athletics	15.29

## Event 7 Women 14-15 80 Meter Hurdles 30" (4)

Saturday 2016-06-18 - 11:10 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	20	Cameron, Gael	01	Halifast Athletics	16.81
4	41	Sweeney, Sierra	02	Halifast Athletics	12.12
5	124	O'Leary, Taylor	01	Valley Athletics	14.35
6	122	Meades, Grace	01	Valley Athletics	14:33.00

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## Event 8 Women 16-17 100 Meter Hurdles 30" (1)

Saturday 2016-06-18 - 11:15 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	115	Harris-Shanks, Brynn	00	Valley Athletics	19.00

## Event 9 Women 18-34 100 Meter Hurdles 33" (1)

Saturday 2016-06-18 - 11:20 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	49	Graham, Megan	98	Pictou Count	15.93

## Event 10 Men 14-15 100 Meter Hurdles 33" (3)

Saturday 2016-06-18 - 11:25 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	121	Lowe, Zachary	01	Valley Athletics	16.41
4	146	Stover-Evong, Sacha	01	Yhz Track &	15.10
5	4	Landry, Nick	01	Bluenose Ath	15.14

## Event 11 Men 16-17 110 Meter Hurdles 36" (4)

Saturday 2016-06-18 - 11:30 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	140	Kammelu, Lotanna	00	Yhz Track &	17.00
4	14	Smith, Ben	00	Chebucto Athletics	15.00
5	50	Hughes, Eric	00	Pictou Count	15.50
6	118	James, Noah	00	Valley Athletics	17.00

## Event 12 Men 20-34 110 Meter Hurdles 42" (1)

Saturday 2016-06-18 - 10:35 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	13	Musoke, Matthew	94	Chebucto Athletics	15.50

## Event 13 Men 20-34 3000 Meter Steeplechase 36" (1)

Saturday 2016-06-18 - 11:55 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	85	Ferguson, Warren	95	Unattached	10:15.00

## Event 14 Men 16-17 2000 Meter Steeplechase 33" (2)

Saturday 2016-06-18 - 12:10 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	67	Cunningham, Ethan	00	Southwest No	7:11.04
2	59	Simpson, Raymond	00	Pictou Count	6:40.00

## Event 15 Women 14-15 1500 Meter Steeplechase 30" (2)

Saturday 2016-06-18 - 12:25 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	62	Walton, Rachel	01	Pictou Count	5:45.00
2	111	Benoit, Eileen	02	Valley Athletics	6:18.06

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## Event 16 Men 14-15 1500 Meter Steeplechase 30" (1)

Saturday 2016-06-18 - 12:25 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	105	Pirie, Liam	02	Unattached N	5:10.00

## Event 17 Women 12-34 800 Meter Run (7)

Saturday 2016-06-18 - 12:35 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	64	Mattinson, Emma	03	Pugwash Track Club	2:49.10
2	44	Zaki, Leila	98	Halifax Athletics	2:29.00
3	1	Lowther, Lauren	01	Antigonish T	2:27.43
4	113	Chisholm, Paige	98	Valley Athletics	2:25.00
5	98	Benson, Kianna	01	Unattached N	2:24.00
6	12	Manuel, Stephanie	98	Chebucto Athletics	2:21.65
7	145	McClure, Maggie	98	Yhz Track &	2:15.48

## Event 18 Men 12-69 800 Meter Run (9)

Saturday 2016-06-18 - 12:40 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	46	Cameron, Duncan	01	Pictou Count	2:27.60
2	67	Cunningham, Ethan	00	Southwest No	2:24.00
3	121	Lowe, Zachary	01	Valley Athletics	2:19.76
4	130	Vaughan, Mitchel	01	Valley Athletics	2:10.24
5	100	Faucher, Claude	67	Unattached N	2:08.36
6	5	McKay, Colin	99	Bluenose Ath	2:06.00
7	127	Shankel, Noah	97	Valley Athletics	2:01.05
8	69	Grimshaw-Surette, Hudson	98	Southwest No	1:56.00
9	34	Manuel, Adam	95	Halifax Athletics	1:53.00

## Event 19 Women 12-13 80 Meter Dash (2)

Saturday 2016-06-18 - 1:05 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	143	Majury, Cate	03	Yhz Track &	12.27
5	142	King, Megan	03	Yhz Track &	12.81

## Event 20 Men 12-13 80 Meter Dash (1)

Saturday 2016-06-18 - 1:10 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	25	Franklin-Smith, Kwamé	04	Halifax Athletics	12.00

## Event 21 Women 14-64 100 Meter Dash (9)

Saturday 2016-06-18 - 1:15 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>					
2	116	Harris-Shanks, Marley	02	Valley Athletics	30.00
3	35	McPhee, Cate	02	Halifax Athletics	13.60
4	41	Sweeney, Sierra	02	Halifax Athletics	12.66
5	47	Cromwell, Taylor	01	Pictou Count	12.98
6	28	Henneberry, Samantha	01	Halifax Athletics	13.50

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## Section 2 of 2 Timed Finals...(Event 21 Women 14-64 100 Meter Dash (9))

3	39	Simmons, Phoebe	96	Halifax Athletics	12.56
4	65	Mattinson, Taylor	00	Pugwash Track Club	12.42
5	23	Doolan, Hannah	98	Halifax Athletics	12.55
6	19	Brown, Trinity	00	Halifax Athletics	12.61

## Event 22 Men 14-44 100 Meter Dash (14)

Saturday 2016-06-18 - 1:25 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 3 Timed Finals</b>					
2	138	Ghanai, Ayman	01	Yhz Track &	14.50
3	51	Kirwan, Logan	02	Pictou Count	11.93
4	48	Decoff, Broden	01	Pictou Count	11.50
5	22	Davison, Luke	99	Halifax Athletics	11.77
6	140	Kammelu, Lotanna	00	Yhz Track &	12.34
7	146	Stover-Evong, Sacha	01	Yhz Track &	13.30

## Section 2 of 3 Timed Finals

2	31	MacDonald, Liam	93	Halifax Athletics	12.27
3	7	Savage, Joshua	98	Bluenose Ath	10.91
4	109	West, Jonathan	97	Unattached N	10.53
5	30	Lunda, Joshua	95	Halifax Athletics	10.82
6	139	John, Jade	92	Yhz Track &	11.40
7	66	Parris, Zachary	99	Pugwash Track Club	11.62
8	40	Stewart, Jason	80	Halifax Athletics	13.16

## Section 3 of 3 Timed Finals

4	128	Shay, Ryan	94	Valley Athletics	18.98
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## Event 23 Women 18-34 100 Meter Dash Special Olym (4)

Saturday 2016-06-18 - 1:40 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	96	Waite, Sam		Unattached	NT
4	86	Harris, Brianna		Unattached	NT
5	89	Lumsden, Caitlen		Unattached	NT
6	90	Maclachlan, Joy		Unattached	NT

## Event 24 Men 18-34 100 Meter Dash Special Olym (8)

Saturday 2016-06-18 - 1:45 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	88	James, Anthony		Unattached	NT
2	87	Hicks, Jason		Unattached	NT
3	93	Peters, Donald		Unattached	NT
4	92	Paul, Angus		Unattached	NT
5	95	Rose, Corey		Unattached	NT
6	84	Clorey, Connor		Unattached	NT
7	94	Philmore, Caleb		Unattached	NT
8	91	Morris, Zavhary		Unattached	NT

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## Event 25 Women 16-34 400 Meter Dash (7)

Saturday 2016-06-18 - 1:55 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	11	Macneil, Sarah	99	Chebucto Athletics	1:15.41
2	65	Mattinson, Taylor	00	Pugwash Track Club	1:00.85
3	117	Hergett, Jane	99	Valley Athletics	1:00.34
4	17	Beaton, Heather	95	Halifax Athletics	57.59
5	147	Wilson, Edie	00	Yhz Track &	59.60
6	12	Manuel, Stephanie	98	Chebucto Athletics	1:00.60
7	144	Marchand, Lauryn	99	Yhz Track &	1:05.50

## Event 26 Men 16-34 400 Meter Dash (5)

Saturday 2016-06-18 - 2:00 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
2	5	McKay, Colin	99	Bluenose Ath	54.10
3	70	Symonds, Jacob	99	Southwest No	51.83
4	10	Collier, Peter	97	Chebucto Athletics	50.97
5	36	McPhee, Ewan	98	Halifax Athletics	51.59
6	33	Macqueen, Ben	99	Halifax Athletics	52.54

## Event 27 Women 14-15 300 Meter Dash (3)

Saturday 2016-06-18 - 2:05 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	122	Meades, Grace	01	Valley Athletics	52:33.00
4	62	Walton, Rachel	01	Pictou Count	45.44
5	124	O'Leary, Taylor	01	Valley Athletics	48.08

## Event 28 Men 14-15 300 Meter Dash (5)

Saturday 2016-06-18 - 2:10 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
2	46	Cameron, Duncan	01	Pictou Count	42:36.00
3	4	Landry, Nick	01	Bluenose Ath	41.66
4	121	Lowe, Zachary	01	Valley Athletics	41.00
5	48	Decoff, Broden	01	Pictou Count	41.40
6	133	Williamson, Robert	01	Valley Athletics	43.57

## Event 29 Women 16-34 1500 Meter Run (2)

Saturday 2016-06-18 - 2:15 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	113	Chisholm, Paige	98	Valley Athletics	5:03.00
2	57	Sandluck, Breanna	99	Pictou Count	5:06.00

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## Event 30 Men 16-34 1500 Meter Run (5)

Saturday 2016-06-18 - 2:20 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>					
1	52	Langille, Scott	97	Pictou Count	4:44.60
2	38	Russell, William	95	Halifax Athletics	4:30.00
3	69	Grimshaw-Surette, Hudson	98	Southwest No	4:00.00
4	112	Benoit, Jacob	00	Valley Athletics	4:28.84
<b>Section 2 of 2 Timed Finals</b>					
5	128	Shay, Ryan	94	Valley Athletics	4:00.00

## Event 31 Women 12-15 1200 Meter Run (7)

Saturday 2016-06-18 - 2:35 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	1	Lowther, Lauren	01	Antigonish T	3:58.00
2	136	Burke, Tanna	01	Yhz Track &	3:59.87
3	98	Benson, Kianna	01	Unattached N	4:00.00
4	135	Boucher, Mikayla	02	Yhz Track &	4:05.15
5	56	Sandluck, Allie	02	Pictou Count	4:06.00
6	111	Benoit, Eileen	02	Valley Athletics	4:09.05
7	20	Cameron, Gael	01	Halifax Athletics	4:54.73

## Event 32 Men 12-15 1200 Meter Run (3)

Saturday 2016-06-18 - 2:40 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	15	Somers, Drew	01	Chebucto Athletics	3:27.00
2	110	Baker, Tyler	02	Valley Athletics	3:45.00
3	131	Watts, William	01	Valley Athletics	4:06.00

## Event 33 Women 12-13 150 Meter Dash (2)

Saturday 2016-06-18 - 2:45 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	143	Majury, Cate	03	Yhz Track &	22.83
5	142	King, Megan	03	Yhz Track &	24.21

## Event 34 Men 12-13 150 Meter Dash (1)

Saturday 2016-06-18 - 2:50 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	25	Franklin-Smith, Kwamé	04	Halifax Athletics	15.00

## Event 35 Women 14-64 200 Meter Dash (14)

Saturday 2016-06-18 - 2:55 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 2 Timed Finals</b>					
2	108	Welch, Jo	56	Unattached N	36.00
3	35	McPhee, Cate	02	Halifax Athletics	29.45
4	41	Sweeney, Sierra	02	Halifax Athletics	26.82
5	47	Cromwell, Taylor	01	Pictou Count	27.41
6	28	Henneberry, Samantha	01	Halifax Athletics	28.17
7	116	Harris-Shanks, Marley	02	Valley Athletics	1:00.00

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## Section 2 of 2 Timed Finals...(Event 35 Women 14-64 200 Meter Dash (14))

1	144	Marchand, Lauryn	99	Yhz Track &	27.80
2	23	Doolan, Hannah	98	Halifast Athletics	26.60
3	26	Gashus, Sonja	93	Halifast Athletics	26.30
4	39	Simmons, Phoebe	96	Halifast Athletics	26.00
5	147	Wilson, Edie	00	Yhz Track &	26.20
6	65	Mattinson, Taylor	00	Pugwash Track Club	26.39
7	19	Brown, Trinity	00	Halifast Athletics	27.04
8	115	Harris-Shanks, Brynn	00	Valley Athletics	30.00

## Event 36 Men 14-34 200 Meter Dash (13)

Saturday 2016-06-18 - 3:05 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 3 Timed Finals</b>					
2	146	Stover-Evong, Sacha	01	Yhz Track &	25.40
3	48	Decoff, Broden	01	Pictou Count	24.00
4	70	Symonds, Jacob	99	Southwest No	23.30
5	33	Macqueen, Ben	99	Halifast Athletics	23.33
6	22	Davison, Luke	99	Halifast Athletics	23.82
7	51	Kirwan, Logan	02	Pictou Count	25.14
8	138	Ghanai, Ayman	01	Yhz Track &	27.80

## Section 2 of 3 Timed Finals

2	31	MacDonald, Liam	93	Halifast Athletics	23.80
3	7	Savage, Joshua	98	Bluenose Ath	22.71
4	30	Lunda, Joshua	95	Halifast Athletics	21.88
5	10	Collier, Peter	97	Chebucto Athletics	22.22
6	36	McPhee, Ewan	98	Halifast Athletics	23.60

## Section 3 of 3 Timed Finals

5	128	Shay, Ryan	94	Valley Athletics	35.08
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## Event 37 Women 18-34 200 Meter Dash Special Olym (4)

Saturday 2016-06-18 - 3:20 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	96	Waite, Sam		Unattached	NT
4	89	Lumsden, Caitlen		Unattached	NT
5	90	Maclachlan, Joy		Unattached	NT
6	86	Harris, Brianna		Unattached	NT

## Event 38 Men 18-34 200 Meter Dash Special Olym (8)

Saturday 2016-06-18 - 3:25 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	93	Peters, Donald		Unattached	NT
2	91	Morris, Zavhary		Unattached	NT
3	94	Philmore, Caleb		Unattached	NT
4	87	Hicks, Jason		Unattached	NT
5	84	Clorey, Connor		Unattached	NT
6	95	Rose, Corey		Unattached	NT
7	92	Paul, Angus		Unattached	NT
8	88	James, Anthony		Unattached	NT

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## Event 39 Women 14-15 200 Meter Hurdles 30" (5)

Saturday 2016-06-18 - 3:35 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
2	122	Meades, Grace	01	Valley Athletics	36:00.00
3	124	O'Leary, Taylor	01	Valley Athletics	35.02
4	41	Sweeney, Sierra	02	Halifax Athletics	30.35
5	62	Walton, Rachel	01	Pictou Count	33.64
6	20	Cameron, Gael	01	Halifax Athletics	38.00

## Event 40 Men 14-15 200 Meter Hurdles 30" (3)

Saturday 2016-06-18 - 3:40 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	4	Landry, Nick	01	Bluenose Ath	10:00.00
4	121	Lowe, Zachary	01	Valley Athletics	31.00
5	119	James, Zachary	03	Valley Athletics	33.34

## Event 41 Women 16-34 400 Meter Hurdles 30" (3)

Saturday 2016-06-18 - 3:50 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	49	Graham, Megan	98	Pictou Count	1:09.36
4	115	Harris-Shanks, Brynn	00	Valley Athletics	1:00.00
5	21	Comeau, Elizabeth	96	Halifax Athletics	1:05.00

## Event 42 Men 16-17 400 Meter Hurdles 33" (2)

Saturday 2016-06-18 - 3:55 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	118	James, Noah	00	Valley Athletics	1:01.56
5	50	Hughes, Eric	00	Pictou Count	1:02.00

## Event 43 Women 12-34 High Jump (9)

Saturday 2016-06-18 - 11:30 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	37	Munroe, Emily	02	Halifax Athletics	1.45m
2	64	Mattinson, Emma	03	Pugwash Track Club	1.36m
3	27	Grimshaw, Olivia	95	Halifax Athletics	1.55m
4	106	Van Den Heuvel, Riley	97	Unattached N	1.61m
5	99	Cullen, Macayla	95	Unattached N	1.67m
6	16	Tobin, Megan	97	Chebucto Athletics	1.60m
7	28	Henneberry, Samantha	01	Halifax Athletics	1.55m
8	137	Campbell, Maddie	00	Yhz Track &	1.55m
9	123	O'Leary, Haley	03	Valley Athletics	1.09m



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## Event 44 Men 12-34 High Jump (4)

Saturday 2016-06-18 - 12:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	24	Errington, Devin	93	Halifax Athletics	2.05m
2	58	Schmidt, Kaelan	98	Pictou Count	2.00m
3	68	D'Entremont, Dennie	98	Southwest No	1.90m
4	29	Kinch, Matthew	95	Halifax Athletics	1.85m

## Event 45 Women 12-34 Long Jump (10)

Saturday 2016-06-18 - 12:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	99	Cullen, Macayla	95	Unattached N	5.41m
2	143	Majury, Cate	03	Yhz Track &	3.36m
3	41	Sweeney, Sierra	02	Halifax Athletics	4.77m
4	63	Duynisveld, Maria	01	Pugwash Track Club	5.03m
5	141	Khan, Sydney	02	Yhz Track &	3.36m
6	106	Van Den Heuvel, Riley	97	Unattached N	4.94m
7	9	Fraser, Gabrielle	00	Central Nova	5.04m
8	101	Francis, Bailey	96	Unattached N	5.21m
9	32	Maclatchie, Kate	96	Halifax Athletics	5.50m
10	8	Fraser, Denver	00	Central Nova	5.27m

## Event 46 Men 12-44 Long Jump (11)

Saturday 2016-06-18 - 11:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	104	Myrick, Lee	78	Unattached N	5.70m
2	46	Cameron, Duncan	01	Pictou Count	4.48m
3	22	Davison, Luke	99	Halifax Athletics	5.90m
4	25	Franklin-Smith, Kwamé	04	Halifax Athletics	3.05m
5	78	Maclean, Lorne	00	Truro Lions	6.03m
6	10	Collier, Peter	97	Chebucto Athletics	6.80m
7	121	Lowe, Zachary	01	Valley Athletics	4.64m
8	97	Belyea, Stephen	96	Unattached N	6.57m
9	24	Errington, Devin	93	Halifax Athletics	6.64m
10	133	Williamson, Robert	01	Valley Athletics	5.28m
11	58	Schmidt, Kaelan	98	Pictou Count	6.54m

## Event 47 Women 12-34 Triple Jump (9)

Saturday 2016-06-18 - 2:15 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	9	Fraser, Gabrielle	00	Central Nova	11.19m
2	101	Francis, Bailey	96	Unattached N	11.23m
3	41	Sweeney, Sierra	02	Halifax Athletics	11.01m
4	124	O'Leary, Taylor	01	Valley Athletics	9.26m
5	28	Henneberry, Samantha	01	Halifax Athletics	9.49m
6	63	Duynisveld, Maria	01	Pugwash Track Club	10.73m
7	122	Meades, Grace	01	Valley Athletics	7.85m
8	2	Mekonnen, Magkda	00	Athle Sud-es	10.30m
9	8	Fraser, Denver	00	Central Nova	10.98m

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## Event 48 Men 12-34 Triple Jump (5)

Saturday 2016-06-18 - 1:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	97	Belyea, Stephen	96	Unattached N	13.80m
2	22	Davison, Luke	99	Halifax Athletics	12.44m
3	133	Williamson, Robert	01	Valley Athletics	11.01m
4	121	Lowe, Zachary	01	Valley Athletics	10.06m
5	78	Maclean, Lorne	00	Truro Lions	13.44m

## Event 49 Women 12-64 Hammer Throw (5)

Saturday 2016-06-18 - 2:00 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	79	McCarthy, Annie	00	Truro Lions	30.00m
2	107	Warren, Jane	55	Unattached N	12.57m
3	55	Reid, Jenna	01	Pictou Count	30.00m
4	42	Timmons, Ainslie	97	Halifax Athletics	45.00m
5	53	McLean, Tatum	99	Pictou Count	52.30m

## Event 50 Men 12-64 Hammer Throw (6)

Saturday 2016-06-18 - 2:00 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	104	Myrick, Lee	78	Unattached N	30.00m
2	80	McCarthy, Gregory	98	Truro Lions	47.00m
3	76	Hames, Sam	98	Truro Lions	45.00m
4	102	Jessome, Kirk	95	Unattached N	35.00m
5	71	Burris, Nathan	93	Truro Lions	49.00m
6	74	Grant, C J	01	Truro Lions	40.58m

## Event 51 Women 12-64 Javelin Throw (4)

Saturday 2016-06-18 - 3:00 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	54	Miller, Heath	00	Pictou Count	35.92m
2	107	Warren, Jane	55	Unattached N	12.70m
3	81	Quinn, Madelyn	00	Truro Lions	41.73m
4	55	Reid, Jenna	01	Pictou Count	35.25m

## Event 52 Men 12-74 Javelin Throw (10)

Saturday 2016-06-18 - 3:00 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	82	Sampson, Daniel	01	Truro Lions	41.89m
2	61	Temple, Jacob	00	Pictou Count	54.10m
3	60	Swain, Parker	02	Pictou Count	36.16m
4	83	Wood, Byron	98	Truro Lions	51.73m
5	75	Grant, Robert	99	Truro Lions	49.00m
6	3	Bollivar, Jaron	98	Bluenose Ath	52.85m
7	104	Myrick, Lee	78	Unattached N	48.00m
8	73	Flemming, Daniel	98	Truro Lions	44.25m
9	14	Smith, Ben	00	Chebucto Athletics	48.00m
10	72	Evans, Rowland	45	Truro Lions	36.00m

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## Event 53 Women 12-64 Shot Put (9)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	6	Mitton, Sarah	96	Bluenose Ath	14.20m
2	79	McCarthy, Annie	00	Truro Lions	9.00m
3	103	Kincaid-Webster, Mackay	01	Unattached N	9.90m
4	125	Perrin, Casey	92	Valley Athletics	3.45m
5	107	Warren, Jane	55	Unattached N	5.96m
6	120	Lejean, Pamela	84	Valley Athletics	4.46m
7	116	Harris-Shanks, Marley	02	Valley Athletics	5.75m
8	53	McLean, Tatum	99	Pictou Count	12.35m
9	54	Miller, Heath	00	Pictou Count	9.54m

## Event 54 Men 12-44 Shot Put (8)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	104	Myrick, Lee	78	Unattached N	11.00m
2	60	Swain, Parker	02	Pictou Count	12.94m
3	75	Grant, Robert	99	Truro Lions	13.92m
4	128	Shay, Ryan	94	Valley Athletics	6.11m
5	102	Jessome, Kirk	95	Unattached N	12.00m
6	74	Grant, C J	01	Truro Lions	11.92m
7	77	Jennings, Riley	97	Truro Lions	14.01m
8	80	McCarthy, Gregory	98	Truro Lions	14.50m

## Event 55 Women 12-64 Discus Throw (6)

Saturday 2016-06-18 - 12:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	42	Timmons, Ainslie	97	Halifast Athletics	35.00m
2	107	Warren, Jane	55	Unattached N	16.00m
3	137	Campbell, Maddie	00	Yhz Track &	31.16m
4	79	McCarthy, Annie	00	Truro Lions	28.00m
5	6	Mitton, Sarah	96	Bluenose Ath	25.00m
6	53	McLean, Tatum	99	Pictou Count	30.94m

## Event 56 Men 12-44 Discus Throw (8)

Saturday 2016-06-18 - 2:30 PM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	75	Grant, Robert	99	Truro Lions	35.52m
2	77	Jennings, Riley	97	Truro Lions	43.22m
3	45	Rawding, Alexander	96	Launchers AT	36.16m
4	104	Myrick, Lee	78	Unattached N	35.00m
5	60	Swain, Parker	02	Pictou Count	44.80m
6	74	Grant, C J	01	Truro Lions	36.22m
7	61	Temple, Jacob	00	Pictou Count	33.00m
8	76	Hames, Sam	98	Truro Lions	35.00m

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## Event 57 Tetrathlon: #1 Women 8-13 60 Meter Dash (2)

Saturday 2016-06-18 - 11:45 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	134	Boucher, Lia	05	Yhz Track &	NT
5	123	O'Leary, Haley	03	Valley Athletics	NT

## Event 57 Tetrathlon: #2 Women 8-13 Long Jump (2)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	123	O'Leary, Haley	03	Valley Athletics	ND
2	134	Boucher, Lia	05	Yhz Track &	ND

## Event 57 Tetrathlon: #3 Women 8-13 Shot Put 2kg (2)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	123	O'Leary, Haley	03	Valley Athletics	ND
2	134	Boucher, Lia	05	Yhz Track &	ND

## Event 57 Tetrathlon: #4 Women 8-13 600 Meter Run (2)

Saturday 2016-06-18 - 1:00 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	123	O'Leary, Haley	03	Valley Athletics	NT
2	134	Boucher, Lia	05	Yhz Track &	NT

## Event 58 Tetrathlon: #1 Men 8-13 60 Meter Dash (1)

Saturday 2016-06-18 - 11:45 AM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
4	119	James, Zachary	03	Valley Athletics	NT

## Event 58 Tetrathlon: #2 Men 8-13 Long Jump (1)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	119	James, Zachary	03	Valley Athletics	ND

## Event 58 Tetrathlon: #3 Men 8-13 Shot Put 2kg (1)

Saturday 2016-06-18 - 11:00 AM

Pos	Comp#	Name	Year	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	119	James, Zachary	03	Valley Athletics	ND

## Event 58 Tetrathlon: #4 Men 8-13 600 Meter Run (1)

Saturday 2016-06-18 - 1:00 PM

Lane	Comp#	Name	Year	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	119	James, Zachary	03	Valley Athletics	NT