

Atlantic Outdoor Track and Field Championships
July 22 and 23 - 2017 Stellarton, Nova Scotia

SATURDAY, July 23								
<u>Time</u>	<u>Athletes</u>	<u>Heats</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>	<u>Category</u>	<u>Note</u>	
14:00	13	1	1200m	F	F	Bantam, Midget		
14:05	9	1	1200m	F	M	Bantam, Midget		
14:15	2	1	100m	Dec	M	Youth, Junior, Senior		
14:25	6	1	80m H	F	F&M	Bantam, Masters 50-54	30"	
14:30	5	1	80m H	F	F	Midget, Masters 40-44	30"	
14:40	7	1	100m H	F	F	Youth, Hept	30"	
14:45	5	1	100m H	F	F	Junior, Senior, Hept	33"	
14:50	3	1	100m H	F	M	Midget	33"	
15:00	6	1	110m H	F	M	Youth	36"	
15:05	1	1	110m H	F	M	Junior	39"	
15:10	2	1	110m H	F	M	Senior	42"	
15:15			Opening Ceremonies and Medal Presentations					
15:30	14	1	1500m	F	F	Youth, Junior, Senior		
15:30	10	1	1500m	F	M	Masters		
15:40	1	1	1500m	F	M	Wheelchair		
15:50	9	1	80m	F	F	Bantam		
15:55	3	1	80m	F	M	Bantam		
16:00	9	2	100m	P	F	Midget		
16:10	12	1	100m	P	F	Youth, Junior, Senior		
16:15	8	1	100m	P	M	Midget		
16:20	15	2	100m	P	M	Youth		
16:30	18	3	100m	P	M	Junior, Senior , Special		
16:40	7	1	100m	P	M	Masters		
16:30	5	1	300m	F	F	Midget		
16:35	4	1	300m	F	M	Midget		
16:35	6	1	400m	F	F	Youth		
16:40	5	1	400m	F	F	Junior, Senior		
16:40	14	2	400m	F	M	Youth		
16:50	6	1	400m	F	M	Junior, Senior		
16:45	3	1	400m	F	M	Masters		
16:50	1	1	400m	F	M	Wheelchair		
16:55	8	1	100m	F	F	Midget		
17:00	8	1	100m	F	F	Youth		
17:05	2	1	100m	F	F	Junior, Senior		
17:10	8	1	100m	F	M	Midget		
17:15	8	1	100m	F	M	Youth		
17:20	3	1	100m	F	M	Junior		
17:25	8	1	100m	F	M	Senior		
17:30	7	1	100m	F	M	Masters		
17:35	3	1	200m	Hept	F	Youth, Junior		
17:40			4x100m	F	F	All		
17:50			4x100m	F	M	All		
18:00			Medal Presentations					

SUNDAY, July 24								
Time	Athletes	Heats	Event	Round		Category	Note	
8:00	2	1	5000m	F	F/M	Junior		
8:25	6	1	1500m SC	F	M/F	Midget	Water	
8:35	2	1	2000m SC	F	F	Youth	30"	
8:50	3	1	2000m SC	F	M	Youth	33"	
9:05	1	1	3000m SC	F	F	Junior	30"	
9:20	1	1	3000m SC	F	M	Junior	36"	
9:40	2	1	110mH	Dec	M	Junior	39"	
9:45	12	1	800m	F	F	Bantam, Midget, Masters		
9:50	10	1	800m	F	F	Youth, Junior, Senior		
9:55	6	1	800m	F	M	Midget		
10:00	9	1	800m	F	M	Youth		
10:05	8	1	800m	F	M	Junior, Senior, Masters		
10:15	5	1	200m H	F	F	Midget	30"	
10:20	3	1	200m H	F	M	Midget	30"	
10:25	4	1	400m H	F	F	Youth, Junior, Senior	30"	
10:35	3	1	400m H	F	M	Youth	33"	
10:40	2	1	400m H	F	M	Senior	36"	
10:50	20	3	200m	P	F	Midget, Youth		
11:05	10	2	200m	P	F	Junior, Senior, Special		
11:15	26	4	200m	P	M	Midget, Youth		
11:35	16	2	200m	P	M	Junior, Senior, Special		
11:45	11	2	200m	P	M	Masters		
11:55	1	1	200m	P	M	Wheelchair		
12:00			Lunch - Medal Presentations					
12:30	3	1	800m	Hept	F	Youth, Junior, Senior		
12:35	7	1	2000m	F	F	Midget		
12:45	5	1	2000m	F	M	Midget		
12:55	3	1	3000m	F	F	Youth, Junior		
13:10	7	1	3000m	F	M	Youth, Junior, Senior		
13:25	2	1	1500m	Dec	M	Youth, Junior, Senior		
13:35	13	2	150m	F	F	Bantam		
13:45	4	1	150m	F	M	Bantam		
13:50	8	1	200m	F	F	Midget		
13:55	8	1	200m	F	F	Youth		
14:00	3	1	200m	F	F	Junior		
14:05	5	1	200m	F	F	Senior		
14:10	8	1	200m	M	M	Midget		
14:15	8	1	200m	M	M	Youth		
14:20	4	1	200m	M	M	Junior		
14:25	8	1	200m	M	M	Senior		
14:30	11	2	200m	M	M	Masters		
14:35	5	1	200m	F	F&M	Special		
14:40			4x400m	F	F	All		
14:50			4x400m	F	M	All		
15:00			Medal Presentations					

Saturday, July 22/17 Field Events						
Time	Triple Jump	Long Jump	High Jump	Shot Put	Hammer	Javelin
14:00						
14:15						
14:30		Bantam, Midget - Female - (20)			All - Female - (12)	
14:45						
15:00						
15:15						
15:30		Decathlon	Hep (3)			
15:45	All - Male - (11)					
16:00		Bantam, Midget, Masters - Male - (7)				
16:15						
16:30				Hept, Dec (5)		
16:45			Youth, Junior, Senior - Male - (11)			
17:00					Bantam, Midget - Female & Male - (12)	
17:15						
17:30						
17:45						
18:00		Youth, Junior, Senior, Masters - Female - (16)	Decathlon			
18:15						
18:30				Seated Throws		
18:45			All - Female - (15)		All - Male - (13)	
19:00				Masters - Female - (8)		
19:15						

Sunday, July 23/17 Field Events						
Time	Triple Jump	Long Jump	Pole Vault	Shot Put	Discus	Javelin
9:00						
9:15		Heptathlon (3)				
9:30				Bantam, Midget, Youth, Junior - Female - (13)		Youth, Junior, Senior, Male - (12)
9:45						
10:00					Decathlon	
10:15	All - Female - (18)	Bantam, Midget, Youth - Male - (18)				Heptathlon(3)
10:30						
10:45					Bantam, Midget, Youth - Male - (17)	Seated Throws (1)
11:00				Decathlon		
11:15						
11:30						
11:45						
12:00						
12:15						
12:30						
12:45						
13:00		Junior, Senior, Masters - Male - (17)		Bantam, Midget, Youth - Male (13)	Seated Throws/Masters M&F (18)	
13:15						
13:30						
13:45						
14:00						Youth, Junior, Senior - Female - (10)
14:15						
14:30						
14:45						
15:00						Masters - M&F (20)

Atlantic Hershey Run Jump Throw Wheel					
July 22/17, Stellarton, Nova Scotia					
Time	Gender	Age	Event	# Athletes	# Heats
10:00	F	Mosquito	60m	17	3
10:10	F	Pee Wee	60m	24	3
10:20	F	Bantam	60m	22	3
10:30	M	Mosquito	60m	23	3
10:40	M	Pee Wee	60m	27	3
10:50	M	Bantam	60m	13	2
11:00	F	All	Shot Put	63	
11:30	M	All	Shot Put	63	
11:40	F	All	Long Jump	63	
12:10	M	All	Long Jump	63	
12:20	F	Mosquito	600m	17	1
12:30	F	Pee Wee	600m	24	2
12:40	F	Bantam	600m	22	2
12:50	M	Mosquito	600m	23	2
13:00	M	Pee Wee	600m	27	2
13:10	M	Bantam	600m	13	1

