



2016 ASEA Spring Opener - Track Schedule

Time	Event	Round	Category
9:30	5000m	Final	J/S/VM & J/S/VF
10:00	2000m	Final	MM & MF
10:15	3000m	Final	Y/J/S/VM & Y/J/S/VF
10:45	400m H	TSF	Y/J/S/VM & Y/J/S/VF
10:55	200m H	TSF	B/MM & B/MF
11:10	100m	Heats	M/Y/J/S/VM & M/Y/J/S/VF
11:30	80m	Heats	BM & BF
11:35	60m	Tet	A/PM & A/PF
11:45	800m	TSF	B/M/Y/J/S/VM & B/M/Y/J/S/VF
12:10	100m	Final	M/Y/J/S/VM & M/Y/J/S/VF
12:30	80m	Final	BM & BF
12:35	300m	Tet	AM & AF
12:40	600m	Tet	PM & PF

LUNCH

13:45	110m H	TSF	Y/J/S/VM
13:50	100m H	TSF	MM & Y/J/S/VF
14:00	80m H	TSF	MF & BM & BF
14:10	200m	TSF	M/Y/J/S/VM & M/Y/J/S/VF
14:30	150m	TSF	A/P/BM & A/P/BF
14:40	2000m SC	Final	YM
15:00	1200m	Final	B/MM & B/MF
15:10	1500m	Final	Y/J/S/VM & Y/J/S/VF
15:30	300m	TSF	MM & MF
15:40	400m	TSF	Y/J/S/VM & Y/J/S/VF