

FRIDAY FIELD EVENTS

	Shot Put	High Jump	Long Jump	Hammer	Weight Throw
3:00					Masters W
4:30		Midget Pent. W			Masters M
5:30			Midget Pent W		
6:00	Para Shot, Club Throw Midget Pent. W (by javelin 6:15pm)		Midget W	Masters W	
7:00			Midget M	Masters M	

SATURDAY FIELD EVENTS

	High Jump Pit A	High Jump Pit B	Long Jump Pit A	Long Jump Pit B	Pole Vault	Shot Put	Discus	Javelin
8:30			10 M				12,13 W	
9:00	Midget W	12 M		11 W	13M and 13W, Midget W, Midget M, Masters (under 3m)	Midget M		Masters M
9:30			10 W				12,13 M	
10:00	Masters M			12 G		10 M		
10:30		13 W	13M				Para	Masters W
11:00					Open M, Masters M (over 3m)	Midget W		
11:30		10W	Masters M				Midget, Youth Jr, Open M	13 M
12:00	Open M			12M		11 G		
12:30							10,11 B	Youth W
1:00		Masters W	Open W	13 W	Open W	12 G		
1:30	11W						Midget, Open W	Midget W
2:00			9 W	Masters W		11 B		
2:30		9 M					10,11 W	12 W
3:00			Open M	11 M		12 B		
3:30							Masters W	13 W
4:00						13 M		

4:30							Masters M	
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SUNDAY FIELD EVENTS

	High Jump Pit A	High Jump Pit B	Long Jump Pit B	Triple Jump Pit A	Triple Jump Pit B	Shot Put	Hammer	Javelin
8:30						9 M		
9:00				Masters W	Midget W		Para-Javelin	10, 11 M
9:30						Youth Jr, Open M		
10:00	9W	13M		13 W	Open W		12,13 M	10,11 W
10:30						Youth, Open W		
11:00				13 M	Open M		12, 13 W	Midget M
11:30	Midget M	10 M				Master W		
12:00				Midget M	13W		Midget, Youth W	Open W
12:30	11 M					Masters M		
1:00		Youth, Jr, Open W	9 M	Masters M			Jr, Open W	Jr Open, Men M
1:30						9G		
2:00	12 W					10G	Midget, Youth, Junior, Open Men	12 M
2:30								
3:00						13 G		

16-34 year olds will compete in field events in a single OPEN category EXCEPT

The following field events will have a Youth category (men and women)
Shot Put, Javelin, Hammer, Discus (only Men)

The following field events will have a Junior Category
Discus (Men), Hammer (Men), Shot Put (Men)

The remaining will be competing in a combined Open division (16+)