

Final Schedule of Events
Saturday, May 20th, 2017

Track Events

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| 5:00 p.m. | Women's 100m Heats |
| 5:15 p.m. | Men's 100m Heats |
| 5:30 p.m. | Women's 100mH Heats |
| 5:45 p.m. | Men's 110mH Heats |
| 6:00 p.m. | Women's 100m Final |
| 6:05 p.m. | Men's 100m Final |
| 6:15 p.m. | Men's 110mH Final |
| 6:25 p.m. | Women's 100mH Final |
| 6:35 p.m. | Women's 400m Timed Final |
| 6:45 p.m. | Men's 400m Timed Final |
| 7:00 p.m. | Women's 200m Heats |
| 7:10 p.m. | Men's 200m Heats |
| 7:30 p.m. | Welcoming Ceremonies |
| 7:45 p.m. | Elementary School 4 x 100m |
| 8:00 p.m. | Anobile Family Women's 400mH Timed Final |
| 8:10 p.m. | Loaring Family Men's 400mH Timed Final |
| 8:20 p.m. | Women's 800m Timed Final |
| 8:30 p.m. | Men's 800m Timed Final |
| 8:40 p.m. | Women's 200m Final |
| 8:45 p.m. | Men's 200m Final |
| 9:00 p.m. | Loaring Physio Women's 1500m Timed Final |
| 9:15 p.m. | Windsor Honda Men's 1500m Timed Final |

Field Events

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| 5:30 p.m. | Men's & Women's Hammer |
| 6:00p.m. | Men's High Jump Women's Pole Vault Men's & Women's Javelin Throw |
| 6:30pm | Women's & Men's Long Jump |
| 7:00 p.m. | Men's & Women's Discus Men's Long Jump Women's High Jump |
| 8:00 p.m. | Men's Pole Vault Men's & Women's Triple Jump Women's and Men's Shot Put |

