



## Table of Contents

1.0 Welcome to the 2017 Hershey Canadian Indoor Championships .....	3
2.0 Championship Contacts.....	3
3.0 Arrival in Montreal .....	3
3.1 Airport .....	3
3.2 train.....	3
3.3 Transportation of sport equipment .....	4
4.0 Championship Hotel.....	4
5.0 Transportation .....	4
6.0 Competition Information.....	5
6.1 Venue.....	5
7.0 Entry Rules .....	5
7.1 Entry qualification process .....	5
7.2 Eligibility of entry performances .....	5
7.3 entry system .....	5
7.4 Entry FEES.....	5
8.0 Schedule .....	6
9.0 Technical INFORMATION.....	6
9.1 Technical meeting.....	6
9.2 Starting heights and progressions.....	6
9.3 Implements .....	6
9.4 Bib Numbers.....	6
9.5 Registration / Technical information centre (TIC) .....	6
9.6 Results .....	7
10.0 Competition procedures .....	7
10.1 Warm-up Area.....	7
10.2 Call Room .....	7
10.3 Award Ceremonies .....	8
10.4 Mixed zone (media).....	8
10.5 Protests and appeals.....	8
11.0 Medical Services .....	8
12.0 Doping control.....	8

## 1.0 WELCOME TO THE 2017 HERSHEY CANADIAN INDOOR CHAMPIONSHIPS

Le centre Complexe sportif Claude-Robillard plays host to the 2017 Hershey Canadian Indoor Championships for Youth and Junior age category athletes. Please note that while the 2017 edition will feature select International events (Grand Prix d'Athlétisme de Montréal), these fields will be filled by invitation only and there will be no Open events. The meet will take place over two days – Saturday, February 18<sup>th</sup> and Sunday, February 19<sup>th</sup>, 2017.

All Athletics Canada members who meet the entry requirements are eligible to compete. A complete list of entry requirements are listed in Section 7.

Please note the following:

- Coaches are expected to register online prior to the entry deadline at a cost of \$20. Late coach registrations will be accepted on-site at a cost of \$30.
- Canadian coaches must be registered as a coach with the provincial/territorial branch of Athletics Canada where they currently reside/are actively coaching and provide a valid NCCP# in order to register and obtain coach accreditation.  
If you do not remember your NCCP# or need to obtain one, register with the Coaching Association of Canada at: <https://thelocker.coach.ca>
- Coach pass holders will have access to upper VIP area and will be able to enjoy two complimentary alcoholic beverages and light snacks
- Acceptable spike length is 7mm for all events, **no Christmas tree or needle (pin) spikes will be allowed.**
- There are no entry standards for this meet, but seed performances will be based on performances listed in Athletics Canada's rankings.

## 2.0 CHAMPIONSHIP CONTACTS

Host Organizing Committee

Abou Ngame - Chair  
[angame@athletisme.qc.ca](mailto:angame@athletisme.qc.ca)  
514 252 3041 ext. 3808

Technical Operations

Scott MacDonald - Technical Director  
[smacdonald@athletics.ca](mailto:smacdonald@athletics.ca)  
613 260 5580 ext. 3306

Entries

Andrew Cameron  
[acameron@athletics.ca](mailto:acameron@athletics.ca)  
613 260 5580 ext. 3320

## 3.0 ARRIVAL IN MONTREAL

### 3.1 AIRPORT

The Pierre Elliott Trudeau International Airport (YUL) is located 20km from downtown (approximately 30 minutes) and about 25 minutes from Complexe sportif Claude-Robillard. YUL is served by Air Canada, Porter, United Airlines, and many more.

### 3.2 TRAIN

The main [Montreal Train Station](#) is located in downtown Montreal. The train also makes a stop in Dorval at Pierre Elliott Trudeau International Airport. A free shuttle service takes passengers from the train stop in Dorval to the Airport. The Official Championship Hotel provides a complimentary 24-hour shuttle service from the airport to the hotel.

### 3.3 TRANSPORTATION OF SPORT EQUIPMENT

Clubs / athletes are responsible for the transportation of their equipment. Below is some basic information for the transportation of equipment, such as pole vault poles.

1. Travel with your equipment on your air carrier and transport to Complexe sportif Claude-Robillard. You will be able to store equipment at Claude-Robillard.
2. Ship directly to Montreal – using the following address:  
Hershey Indoor Championships  
C/O Abou Ngame  
Complexe sportif Claude-Robillard  
1000 avenue Émile Journault  
Montréal, QC, H2M 2E7

If you require a solution for shipment of equipment, please contact Joerg Hess:

BMCI Ltd. Global Sports Logistics  
P.O. Box 633  
Mt. Forest, ON, N0G 2L0  
(T) 519 323 4028 (M) 519 261 0546

### 4.0 CHAMPIONSHIP HOTEL

The official Championship hotel is the Courtyard Marriott, 7000 place Robert Joncas, Montreal, Quebec, H4M 2Z5. Tel: 514 339 5333.

Staying at the official Championship hotel provides many added benefits:

- Complimentary shuttle service from Montreal Airport
- Complimentary shuttle service from Hotel to competition site (Claude-Robillard)
- Includes complimentary hot breakfast buffet and WIFI

All reservations must be made by email at [reservations@mmtla.ca](mailto:reservations@mmtla.ca).

#### Single rooms

1 KING BED+SOFABED OR 2 QUEEN BEDS (SINGLE OCC)	Single occupancy	\$121 per night
1 KING BED+SOFABED OR 2 QUEEN BEDS (DOUBLE OCC)	Double occupancy	\$131 per night
1 KING BED+SOFABED OR 2 QUEEN BEDS (TRIPLE OCC)	Triple occupancy	\$141 per night
1 KING BED+SOFABED OR 2 QUEEN BEDS (QUAD OCC)	Quadruple occupancy	\$151 per night

### 5.0 TRANSPORTATION

A free shuttle service exists between Pierre Elliott Trudeau International airport and the official Championship Hotel, the Courtyard Marriott (see section 4.0). A complimentary shuttle between the Championship Hotel and Complexe sportif Claude-Robillard will be provided by the organizing committee.

Athletics Canada members can access preferred rental rates with National and Enterprise:

- [National](#)
- [Enterprise](#)

## 6.0 COMPETITION INFORMATION

### 6.1 VENUE

- 200m indoor (banked) – 6 lane straight available for warm up after event check-in
- Lanes – 8 lane straight, 4 lanes banked on both corners
- Surface – Mondo
- 1 long jump / triple jump runway. 13m board available for long jump; 9m and 10m triple jump line painted only
- 1 high jump apron
- 1 pole vault runway
- 1 circle and cage for shot put and weight throw
- Spike length – 7mm, no needle pin or Christmas tree

## 7.0 ENTRY RULES

### 7.1 ENTRY QUALIFICATION PROCESS

Athletes may enter in the age categories outlined below. Canadian athletes are required to meet the [citizenship eligibility criteria](#) (Rule 86) and must be current members (2016) of their applicable provincial branch of Athletics Canada in order to compete for medals.

Youth categories - born in 2000, 2001

Junior categories - born in 1998, 1999

### 7.2 ELIGIBILITY OF ENTRY PERFORMANCES

Athlete performances are sourced directly from Athletics Canada's rankings system. Only performances listed in the Athletics Canada rankings system will be eligible as seed performances in the Championships.

The Meet Director and / or Technical Delegate must vet international athlete performances. These performances should appear on the IAAF rankings.

Seed performances must appear in Athletics Canada's **INDOOR** rankings. The qualifying period is January 1, 2016 to February 12, 2017. No performances achieved before or after this period will be used for seeding purposes.

### 7.3 ENTRY SYSTEM

Registration will open November 9, 2016 for athletes and coaches through the [event webpage](#) at Athletics.ca. All entries and confirmations are the responsibility of the athlete, club or coach (including carded athletes). Entries are not completed until payment is received. The final entry deadline is February 13<sup>th</sup>, 2017 at 4:00 PM ET. No athlete entries will be accepted after this date, no exceptions. All entries are non-refundable. Phone entries must be done prior to the deadline and will be charged an additional \$5 per athlete.

### 7.4 ENTRY FEES

1 <sup>st</sup> event	2 <sup>nd</sup> event	Additional events	Relays (per team)	Coach
-----------------------	-----------------------	-------------------	-------------------	-------

\$60.00

\$50.00

\$15.00

\$50.00

\$20.00

Confirmed entries will be posted on the [event webpage](#).

## 8.0 SCHEDULE

The draft competition schedule will be found on the [event webpage](#). Please note, that this year's event will be a two-day meet taking place all day Saturday, with the International events that evening, and the Championship events continuing Sunday morning through late afternoon. Please note that the schedule is subject to change based on final entries. The final schedule will be available on the website after scratches are completed on Friday, February 17<sup>th</sup>. It is the responsibility of the athlete, coach and / or club to ensure all event participants are in the host city by the scheduled start time of the Championship to account for possible schedule adjustments at that time. The organizing committee is not responsible for athletes who book travel to arrive partway through the Championship only to find out they compete at a different time once schedule changes are made.

## 9.0 TECHNICAL INFORMATION

### 9.1 TECHNICAL MEETING

**NOTE: THERE WILL BE NO TECHNICAL MEETING** - All information will be available on the event webpage. Any questions concerning the conduct of the competition must be submitted to the Technical Information Centre (TIC) or by email to [smacdonald@athletics.ca](mailto:smacdonald@athletics.ca) by **Friday, February 17<sup>th</sup> at 12:00 p.m.** Final scratches are also due at this time!

Scratches must be submitted by email to [smacdonald@athletics.ca](mailto:smacdonald@athletics.ca) or will be taken at the TIC. **The deadline for scratches is Friday, February 17<sup>th</sup> at 12:00 p.m.** Athletes can still scratch after this deadline, however, heats will not be re-seeded. If an athlete does not scratch the evening before the event he/she is participating in, and does not present themselves to their event they will be disqualified from the rest of the competition (unless medical documentation can be provided.)

### 9.2 STARTING HEIGHTS AND PROGRESSIONS

The Technical Director will decide after the closing of entries on starting heights/progressions for the high jump and pole vault. The Technical Director will also determine the number of sections and advancements in each track events.

### 9.3 IMPLEMENTS

The organizing committee will make implements available. Personal implements will also be allowed, but must be checked in at least two hours prior to the event at the technical area next to the TIC.

### 9.4 BIB NUMBERS

Each athlete will receive two bibs, one with their name and one with a number. All athletes must wear the name bib on their chest, and the number on their back, except in high jump and pole vault where only one bib may be worn either on chest or back. Bib numbers will be distributed during the registration process; hip numbers will be provided at the Call Room.

### 9.5 REGISTRATION / TECHNICAL INFORMATION CENTRE (TIC)

Packages can be picked up at the Championship Hotel on Friday from 5:00 p.m. to 9:00 p.m.

Registration will be located at the TIC in the stadium on Saturday and Sunday.

1. Athletes and coaches pick up their registration at the Championship Hotel (Friday) or the TIC (Saturday, Sunday)
2. Technical Questions may be dropped off at the TIC
3. Questions that arise during the Championships may be answered at the TIC
4. All protests must be filed at the TIC
5. Results and start lists will be available at the TIC

#### TIC Hours of Operation

Friday 5:00 p.m. – 9:00 p.m. at the Marriott Courtyard  
Saturday 8:00 a.m. – 9:00 p.m. at the stadium  
Sunday 8:00 a.m. – 4:00 p.m. at the stadium

### 9.6 RESULTS

Results will be posted at the stadium on the wall adjacent to the TIC. Results and start lists will also be available on the [event webpage](#).

## 10.0 COMPETITION PROCEDURES

### 10.1 WARM-UP AREA

The warm-up area is in the double-gym across the hall from the track. Hurdles will be provided. Spikes may not be worn in the warm-up area. Athletes will not be permitted to use the competition track or field event sites except during authorized and published practice session and only the oval outside the straight stretches may be used.

### 10.2 CALL ROOM

All athletes must present themselves at the Call Room according to the scheduled check-in times. Two call rooms will be in operation; the first Call Room is in the warm up area where athletes are to present themselves prior to the closing time. The second Call Room is located at the track after athletes have been escorted from Call Room 1. From Call Room 2 they will be escorted to the event site for competition. Team Officials are not allowed to enter the Call Room. After closing time all athletes must be in the call room zone ready for entry to the stadium. **There will also be hurdles available on the straight stretch.** Hurdles will be provided with an extra ten minutes on the track after checking into the Call Room.

Athletes' Call Room reporting times will be according to the following schedule. All times are prior to the actual start time of the event (and not the heat number):

Event	Call Room Opens (minutes)	Call Room Closes (minutes)	Entry to Stadium to Call Room 2
Track events	30	20	10
60m/60m hurdles	35	25	20
High jump	60	50	40
Pole vault	80	70	60
Other field events	50	40	30
Relays	35	25	10

Once in the Call Room athletes will be identified by their bib number. Call Room officials will check the following in accordance with Athletics Canada rules:

- Bib numbers
- Shoes and spikes

- Uniform (Note: In accordance with national team policies, athletes are not permitted to wear their Team Canada uniforms during the Championships. Club, branch or sponsor uniforms can be worn)
- Bags (identification of and content of)
- Personal belongings: video and audio players, cameras, phones, radio transmitters, and electronic devices in general (except watches) are not permitted

### **10.3 AWARD CEREMONIES**

Awards will be presented on the upper concourse at the times noted in the final schedule.

### **10.4 MIXED ZONE (MEDIA)**

All athletes will be escorted out of the competition area through the media mixed zone upon completion of the event.

### **10.5 PROTESTS AND APPEALS**

Protests concerning the result or conduct of an event must be made at the TIC within 30 minutes of the official posting of the results of the event.

## **11.0 MEDICAL SERVICES**

A medical team will provide the necessary healthcare for the participants. The following health care and sports medicine services will be provided:

- Medical personnel at track side during the Championships
- Medical area where medical personnel are available throughout the Championships

There are limited places available for athletes who wish to bring their own medical staff, if you wish to apply for one of these places please contact Abou Ngame, Host Organizing Committee Chair, [aboungame@gmail.com](mailto:aboungame@gmail.com), 514 585 7320.

Medical and massage accreditation will not be available onsite.

## **12.0 DOPING CONTROL**

The Canadian Centre for Ethics in Sport (CCES) will administer doping control procedures. For more information on these policies visit [this page](#). Athletes identified for doping control will be met by doping control personnel at the mixed zone area at the conclusion of their event and escorted to the doping control office.