

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

Foote Field  
Meet Program

## Event 1 Women 100 Meter Dash Open (13)

## Top 16 Advance by Time

Friday 6/24/2016 - 5:45 PM

11.32 ! Olympic Standard  
 11.80 \$ World U20 Standard  
 11.80 # Nacac U23 Standard

| Lane                       | Comp# | Name                | Team               | Seed Time |
|----------------------------|-------|---------------------|--------------------|-----------|
| <b>Heat 1 of 2 Prelims</b> |       |                     |                    |           |
| 2                          | 35    | Sinnatamby, Tiana   | Edmonton Col       |           |
| 3                          | 89    | Sinnatamby, Tristan | Unattached         |           |
| 4                          | 12    | Jokic, Andrea       | Capital City       |           |
| 5                          | 88    | Pless, Shamelle     | Unattached         |           |
| 6                          | 71    | Walkeden, Leah      | Legacy Athletics   |           |
| 7                          | 113   | Mackie, Samantha    | Voleo Athletics    |           |
| <b>Heat 2 of 2 Prelims</b> |       |                     |                    |           |
| 1                          | 90    | Sithole, Kundi      | Unattached         |           |
| 2                          | 112   | Fofanah, Isatu      | Voleo Athletics    |           |
| 3                          | 10    | Gilmore, Quinn      | Capital City       |           |
| 4                          | 101   | Ens, Brittany       | Unattached Alberta |           |
| 5                          | 99    | Brown, Natasha      | Unattached Alberta |           |
| 6                          | 16    | Werner, Grace       | Capital City       |           |
| 7                          | 60    | Hitchings, Hailey   | Edmonton Thunder   |           |

## Event 2 Men 100 Meter Dash Open (17)

## Top 16 Advance by Time

Friday 6/24/2016 - 5:55 PM

10.16 ! Olympic Standard  
 10.50 # Nacac U23 Standard  
 10.55 \$ World U20 Standard

| Lane                       | Comp# | Name                    | Team               | Seed Time |
|----------------------------|-------|-------------------------|--------------------|-----------|
| <b>Heat 1 of 3 Prelims</b> |       |                         |                    |           |
| 1                          | 120   | Noyes, Ty               | Voleo Athletics    |           |
| 2                          | 26    | Murasiranwa, Kudakwashe | Capital City       |           |
| 3                          | 38    | King-Mckenzie, Michael  | Edmonton Col       |           |
| 4                          | 37    | Hubbard, Chuba          | Edmonton Col       |           |
| 5                          | 53    | Cocks, Mark             | Edmonton Int       |           |
| 6                          | 36    | Conteh, Kueku           | Edmonton Col       |           |
| <b>Heat 2 of 3 Prelims</b> |       |                         |                    |           |
| 1                          | 77    | Lazarenko, Tyler        | Legacy Athletics   |           |
| 2                          | 27    | Shamblaw, Adam          | Capital City       |           |
| 3                          | 106   | Olonisakin, Temitope    | Unattached Alberta |           |
| 4                          | 105   | Leblanc, Michael        | Unattached Alberta |           |
| 5                          | 103   | Harriott, Ian Jr        | Unattached Alberta |           |
| 6                          | 118   | Harris, Alex            | Voleo Athletics    |           |
| <b>Heat 3 of 3 Prelims</b> |       |                         |                    |           |
| 2                          | 28    | Simoko, Nigél           | Capital City       |           |
| 3                          | 33    | Posyluzny, Brayden      | Chinook Trac       |           |
| 4                          | 104   | Harriott, Tyree         | Unattached Alberta |           |
| 5                          | 25    | Moiba, Yembeh           | Capital City       |           |
| 6                          | 122   | Williams, Benjamin      | Voleo Athletics    |           |

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

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## Event 3 Women 200 Meter Dash Open (9)

## Top 8 Advance by Time

Saturday 6/25/2016 - 11:40 AM

23.20 ! Olympic Standard  
 24.20 \$ World U20 Standard  
 24.30 # Nacac U23 Standard

| Lane                       | Comp# | Name              | Team               | Seed Time |
|----------------------------|-------|-------------------|--------------------|-----------|
| <b>Heat 1 of 2 Prelims</b> |       |                   |                    |           |
| 2                          | 88    | Pless, Shamelle   | Unattached         |           |
| 3                          | 71    | Walkeden, Leah    | Legacy Athletics   |           |
| 4                          | 35    | Sinnatamby, Tiana | Edmonton Col       |           |
| 5                          | 14    | Muamba, Gracia    | Capital City       |           |
| <b>Heat 2 of 2 Prelims</b> |       |                   |                    |           |
| 1                          | 101   | Ens, Brittany     | Unattached Alberta |           |
| 2                          | 90    | Sithole, Kundi    | Unattached         |           |
| 3                          | 64    | Grenke, Cassandra | Legacy Athletics   |           |
| 4                          | 112   | Fofanah, Isatu    | Voleo Athletics    |           |
| 5                          | 99    | Brown, Natasha    | Unattached Alberta |           |

## Event 4 Men 200 Meter Dash Open (15)

## Top 16 Advance by Time

Saturday 6/25/2016 - 11:50 AM

20.50 ! Olympic Standard  
 21.35 \$ World U20 Standard  
 21.40 # Nacac U23 Standard

| Lane                       | Comp# | Name                    | Team               | Seed Time |
|----------------------------|-------|-------------------------|--------------------|-----------|
| <b>Heat 1 of 2 Prelims</b> |       |                         |                    |           |
| 1                          | 106   | Olonisakin, Temitope    | Unattached Alberta |           |
| 2                          | 36    | Conteh, Kueku           | Edmonton Col       |           |
| 3                          | 19    | Cole, Austin            | Capital City       |           |
| 4                          | 26    | Murasiranwa, Kudakwashe | Capital City       |           |
| 5                          | 27    | Shamblaw, Adam          | Capital City       |           |
| 6                          | 96    | Rolle, Thomas           | Unattached         |           |
| 7                          | 38    | King-Mckenzie, Michael  | Edmonton Col       |           |
| 8                          | 94    | Opio, John              | Unattached         |           |
| <b>Heat 2 of 2 Prelims</b> |       |                         |                    |           |
| 1                          | 59    | Mintz, Bruce            | Edmonton Masters   |           |
| 2                          | 104   | Harriott, Tyree         | Unattached Alberta |           |
| 3                          | 77    | Lazarenko, Tyler        | Legacy Athletics   |           |
| 4                          | 37    | Hubbard, Chuba          | Edmonton Col       |           |
| 5                          | 28    | Simoko, Nigel           | Capital City       |           |
| 6                          | 103   | Harriott, Ian Jr        | Unattached Alberta |           |
| 7                          | 39    | O'Gilvie, Liam          | Edmonton Col       |           |

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

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## Event 5 Women 400 Meter Dash Open (8)

## Top 8 Advance by Time

Friday 6/24/2016 - 8:05 PM

52.20 ! Olympic Standard  
 54.00 # Nacac U23 Standard  
 55.25 \$ World U20 Standard

| Lane                       | Comp# | Name                  | Team               | Seed Time |
|----------------------------|-------|-----------------------|--------------------|-----------|
| <b>Heat 1 of 1 Prelims</b> |       |                       |                    |           |
| 1                          | 87    | Huck, Laura           | Unattached         |           |
| 2                          | 8     | Ciesielski, Maegan    | Capital City       |           |
| 3                          | 11    | Isaac, Calla          | Capital City       |           |
| 4                          | 17    | Whiteman, Ashley      | Capital City       |           |
| 5                          | 9     | Clonfero, Daniella    | Capital City       |           |
| 6                          | 111   | Clarke, Kendra        | Voleo Athletics    |           |
| 7                          | 70    | Van Mulligen, Jessica | Legacy Athletics   |           |
| 8                          | 100   | Candace, Wonago       | Unattached Alberta |           |

## Event 6 Men 400 Meter Dash Open (12)

## Top 16 Advance by Time

Friday 6/24/2016 - 8:10 PM

45.40 ! Olympic Standard  
 47.70 \$ World U20 Standard  
 48.00 # Nacac U23 Standard

| Lane                       | Comp# | Name                  | Team             | Seed Time |
|----------------------------|-------|-----------------------|------------------|-----------|
| <b>Heat 1 of 2 Prelims</b> |       |                       |                  |           |
| 3                          | 80    | Van Mulligen, Matthew | Legacy Athletics |           |
| 4                          | 6     | Ratzlaff, Trent       | Caltaf Athle     |           |
| 5                          | 75    | Hansen, Jordan        | Legacy Athletics |           |
| 6                          | 121   | Swaby, Connor         | Voleo Athletics  |           |
| 7                          | 39    | O'Gilvie, Liam        | Edmonton Col     |           |
| 8                          | 18    | Boucher, Marin        | Capital City     |           |
| <b>Heat 2 of 2 Prelims</b> |       |                       |                  |           |
| 3                          | 22    | Hayes, Clayton        | Capital City     |           |
| 4                          | 109   | Aono, Michael         | Vancouver TH     |           |
| 5                          | 114   | Arop, Marco           | Voleo Athletics  |           |
| 6                          | 117   | Edwards, Nicoli       | Voleo Athletics  |           |
| 7                          | 119   | Li, Josh              | Voleo Athletics  |           |
| 8                          | 34    | Walker, Colin         | Dfc Track AN     |           |

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

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Meet Program

## Event 7 Women 800 Meter Run Open (12)

Saturday 6/25/2016 - 1:40 PM

2:01.50 ! Olympic Standard  
 2:06.00 # Nacac U23 Standard  
 2:09.20 \$ World U20 Standard

| Lane                               | Comp# | Name                      | Team              | Seed Time |
|------------------------------------|-------|---------------------------|-------------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |                           |                   |           |
| 1                                  | 2     | Galey, Jasmine            | Caltaf Athle      |           |
| 2                                  | 70    | Van Mulligen, Jessica     | Legacy Athletics  |           |
| 3                                  | 42    | Palmer, Chloe             | Edmonton Harriers |           |
| 4                                  | 67    | Lawley, Morgan            | Legacy Athletics  |           |
| 5                                  | 66    | Koopman, Leslie           | Legacy Athletics  |           |
| 6                                  | 65    | Ivec, Vanessa             | Legacy Athletics  |           |
| 7                                  | 3     | Neigel, Emma              | Caltaf Athle      |           |
| 8                                  | 83    | Baraskewich, Jessica      | U OF C Athle      |           |
| 9                                  | 8     | Ciesielski, Maegan        | Capital City      |           |
| 10                                 | 63    | Dolphin, Claire           | Legacy Athletics  |           |
| 11                                 | 40    | Ford, Madison             | Edmonton Harriers |           |
| 12                                 | 41    | Martynuik-Pombert, Nicole | Edmonton Harriers |           |

## Event 8 Men 800 Meter Run Open (10)

Saturday 6/25/2016 - 1:50 PM

1:46.00 ! Olympic Standard  
 1:49.00 # Nacac U23 Standard  
 1:49.50 \$ World U20 Standard

| Lane                               | Comp# | Name                  | Team               | Seed Time |
|------------------------------------|-------|-----------------------|--------------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |                       |                    |           |
| 1                                  | 102   | Erickson, Boyd        | Unattached Alberta |           |
| 2                                  | 31    | Zambonelli, Dylan     | Capital City       |           |
| 3                                  | 43    | Thiessen, Maximus     | Edmonton Harriers  |           |
| 4                                  | 86    | Quinn, Colton         | U OF C Athle       |           |
| 5                                  | 81    | Boland, Joseph        | Running Room       |           |
| 6                                  | 80    | Van Mulligen, Matthew | Legacy Athletics   |           |
| 7                                  | 4     | Dib, Abdelkader       | Caltaf Athle       |           |
| 8                                  | 74    | Fenske, Cameron       | Legacy Athletics   |           |
| 9                                  | 85    | Guidinger, Jonathan   | U OF C Athle       |           |
| 10                                 | 18    | Boucher, Marin        | Capital City       |           |

## Event 9 Women 1500 Meter Run Open (5)

Friday 6/24/2016 - 6:30 PM

4:07.00 ! Olympic Standard  
 4:22.00 # Nacac U23 Standard  
 4:28.20 \$ World U20 Standard

| Lane                               | Comp# | Name            | Team             | Seed Time |
|------------------------------------|-------|-----------------|------------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |                 |                  |           |
| 1                                  | 3     | Neigel, Emma    | Caltaf Athle     |           |
| 2                                  | 67    | Lawley, Morgan  | Legacy Athletics |           |
| 3                                  | 66    | Koopman, Leslie | Legacy Athletics |           |
| 4                                  | 69    | Vail, Caitlin   | Legacy Athletics |           |
| 5                                  | 63    | Dolphin, Claire | Legacy Athletics |           |

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

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## Event 10 Men 1500 Meter Run Open (11)

Friday 6/24/2016 - 6:37 PM

3:36.20 ! Olympic Standard  
 3:45.00 # Nacac U23 Standard  
 3:48.00 \$ World U20 Standard

| Lane                               | Comp# | Name             | Team             | Seed Time |
|------------------------------------|-------|------------------|------------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |                  |                  |           |
| 1                                  | 92    | Carlos, Shane    | Unattached       |           |
| 2                                  | 79    | McDonald, Kieran | Legacy Athletics |           |
| 3                                  | 78    | Madsen, William  | Legacy Athletics |           |
| 4                                  | 93    | Hope, Matthew    | Unattached       |           |
| 5                                  | 84    | Grieco, Ryan     | U OF C Athle     |           |
| 6                                  | 4     | Dib, Abdelkader  | Caltaf Athle     |           |
| 7                                  | 76    | Lawley, Mark     | Legacy Athletics |           |
| 8                                  | 73    | Erickson, Kyle   | Legacy Athletics |           |
| 9                                  | 74    | Fenske, Cameron  | Legacy Athletics |           |
| 10                                 | 72    | Chan, Eric       | Legacy Athletics |           |
| 11                                 | 62    | Cook, Jack       | Fast Trax Ru     |           |

## Event 11 Women 100 Meter Hurdles Open (6)

Top 8 Advance by Time

Saturday 6/25/2016 - 1:00 PM

13.00 ! Olympic Standard  
 13.75 # Nacac U23 Standard

| Lane                       | Comp# | Name              | Team             | Seed Time |
|----------------------------|-------|-------------------|------------------|-----------|
| <b>Heat 1 of 1 Prelims</b> |       |                   |                  |           |
| 2                          | 46    | Irwin, Paige      | Edmonton Int     |           |
| 3                          | 60    | Hitchings, Hailey | Edmonton Thunder |           |
| 4                          | 91    | Whyte, Angela     | Unattached       |           |
| 5                          | 68    | Moerman, Christie | Legacy Athletics |           |
| 6                          | 64    | Grenke, Cassandra | Legacy Athletics |           |
| 7                          | 13    | Kluyts, Catherine | Capital City     |           |

## Event 12 Men 110 Meter Hurdles Open (2)

Top 8 Advance by Time

Saturday 6/25/2016 - 1:15 PM

13.47 ! Olympic Standard  
 14.35 # Nacac U23 Standard

| Lane                       | Comp# | Name            | Team            | Seed Time |
|----------------------------|-------|-----------------|-----------------|-----------|
| <b>Heat 1 of 1 Prelims</b> |       |                 |                 |           |
| 7                          | 55    | Hinton, Jackson | Edmonton Int    |           |
| 8                          | 116   | Castillo, Diego | Voleo Athletics |           |

## 2016 Trials Tune Up - 6/24/2016 to 6/25/2016

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## Event 14 Men 110 Meter Hurdles Under 20 (5)

Top 8 Advance by Time

Saturday 6/25/2016 - 1:15 PM

14.20 \$ World U20 Standard

| Lane                       | Comp# | Name                | Team         | Seed Time |
|----------------------------|-------|---------------------|--------------|-----------|
| <b>Heat 1 of 1 Prelims</b> |       |                     |              |           |
| 1                          | 33    | Posyluzny, Brayden  | Chinook Trac |           |
| 2                          | 29    | Soderstrom, Kurt    | Capital City |           |
| 3                          | 23    | Lem, Chris          | Capital City |           |
| 4                          | 108   | Eliopoulos, Anastas | Vancouver OL |           |
| 5                          | 110   | Schultze, Kenneth   | Vancouver TH |           |

## Event 15 Women 400 Meter Hurdles Open (1)

Friday 6/24/2016 - 6:15 PM

56.20 ! Olympic Standard

59.00 # Nacac U23 Standard

1:00.75 \$ World U20 Standard

| Lane                               | Comp# | Name         | Team         | Seed Time |
|------------------------------------|-------|--------------|--------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |              |              |           |
| 4                                  | 11    | Isaac, Calla | Capital City |           |

## Event 16 Men 400 Meter Hurdles Open (4)

Friday 6/24/2016 - 6:20 PM

49.40 ! Olympic Standard

52.00 # Nacac U23 Standard

53.20 \$ World U20 Standard

| Lane                               | Comp# | Name              | Team         | Seed Time |
|------------------------------------|-------|-------------------|--------------|-----------|
| <b>Section 1 of 1 Timed Finals</b> |       |                   |              |           |
| 3                                  | 31    | Zambonelli, Dylan | Capital City |           |
| 4                                  | 123   | Knapik, Matthew   | Chinook Trac |           |
| 5                                  | 22    | Hayes, Clayton    | Capital City |           |
| 6                                  | 7     | Wagner, Karl      | Caltaf Athle |           |

## Event 17 Women Long Jump Open (1)

Saturday 6/25/2016 - 12:00 PM

6.70m ! Olympic Standard

6.20m \$ World U20 Standard

6.10m # Nacac U23 Standard

| Pos                         | Comp# | Name           | Team         | Seed Mark |
|-----------------------------|-------|----------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                |              |           |
| 1                           | 32    | Latrice, Sandy | Chinook Trac |           |

## Event 18 Men Long Jump Open (3)

Saturday 6/25/2016 - 12:00 PM

8.15m ! Olympic Standard

7.75m \$ World U20 Standard

7.65m # Nacac U23 Standard

| Pos                         | Comp# | Name               | Team            | Seed Mark |
|-----------------------------|-------|--------------------|-----------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                    |                 |           |
| 1                           | 20    | Collin, Lewis      | Capital City    |           |
| 2                           | 33    | Posyluzny, Brayden | Chinook Trac    |           |
| 3                           | 115   | Balogun, Jonathan  | Voleo Athletics |           |

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## Event 19 Women High Jump Open (1)

Saturday 6/25/2016 - 2:30 PM

1.93m ! Olympic Standard  
 1.83m \$ World U20 Standard  
 1.80m # Nacac U23 Standard

| Pos | Comp# | Name | Team | Seed Mark |
|-----|-------|------|------|-----------|
|-----|-------|------|------|-----------|

## Flight 1 of 1 Finals

|   |   |                     |              |  |
|---|---|---------------------|--------------|--|
| 1 | 1 | Pratch, Rebekka-Rae | 2016 Alberta |  |
|---|---|---------------------|--------------|--|

## Event 21 Women Pole Vault Open (6)

Saturday 6/25/2016 - 12:00 PM

4.50m ! Olympic Standard  
 4.05m \$ World U20 Standard  
 4.00m # Nacac U23 Standard

| Pos | Comp# | Name | Team | Seed Mark |
|-----|-------|------|------|-----------|
|-----|-------|------|------|-----------|

## Flight 1 of 1 Finals

|   |    |                  |              |  |
|---|----|------------------|--------------|--|
| 1 | 49 | Ridout, Paige    | Edmonton Int |  |
| 2 | 50 | Webster, Robyn   | Edmonton Int |  |
| 3 | 47 | Lim, Meghan      | Edmonton Int |  |
| 4 | 48 | Mix, Lindsey     | Edmonton Int |  |
| 5 | 44 | Carriere, Leanna | Edmonton Int |  |
| 6 | 45 | Hyink, Rachel    | Edmonton Int |  |

## Event 22 Men Pole Vault Open (7)

Friday 6/24/2016 - 6:30 PM

5.70m ! Olympic Standard  
 5.10m \$ World U20 Standard  
 5.10m # Nacac U23 Standard

| Pos | Comp# | Name | Team | Seed Mark |
|-----|-------|------|------|-----------|
|-----|-------|------|------|-----------|

## Flight 1 of 1 Finals

|   |    |                  |              |  |
|---|----|------------------|--------------|--|
| 1 | 97 | Unger, Baylen    | Unattached   |  |
| 2 | 51 | Allen, Spencer   | Edmonton Int |  |
| 3 | 54 | Filipek, Nathan  | Edmonton Int |  |
| 4 | 56 | Janssen, Matt    | Edmonton Int |  |
| 5 | 58 | Woolnough, Corey | Edmonton Int |  |
| 6 | 57 | Theodore, Deryk  | Edmonton Int |  |
| 7 | 52 | Choi, Andrew     | Edmonton Int |  |

## Event 23 Women Shot Put Open (1)

Saturday 6/25/2016 - 1:30 PM

17.75m ! Olympic Standard  
 15.20m # Nacac U23 Standard

| Pos | Comp# | Name | Team | Seed Mark |
|-----|-------|------|------|-----------|
|-----|-------|------|------|-----------|

## Flight 1 of 1 Finals

|   |    |                 |              |  |
|---|----|-----------------|--------------|--|
| 1 | 15 | Weber, Jennifer | Capital City |  |
|---|----|-----------------|--------------|--|

## Event 24 Men Shot Put Open (1)

Friday 6/24/2016 - 6:30 PM

20.50m ! Olympic Standard  
 16.80m # Nacac U23 Standard

| Pos | Comp# | Name | Team | Seed Mark |
|-----|-------|------|------|-----------|
|-----|-------|------|------|-----------|

## Flight 1 of 1 Finals

|   |     |              |                    |  |
|---|-----|--------------|--------------------|--|
| 1 | 107 | Wilson, Kier | Unattached Alberta |  |
|---|-----|--------------|--------------------|--|

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## Event 25 Women Shot Put Under 20 (1)

Saturday 6/25/2016 - 1:30 PM

14.50m \$ World U20 Standard

| Pos                         | Comp# | Name             | Team               | Seed Mark |
|-----------------------------|-------|------------------|--------------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                  |                    |           |
| 1                           | 82    | Rains, Gabrielle | Throwit Track Club |           |

## Event 26 Men Shot Put Under 20 (1)

Friday 6/24/2016 - 6:30 PM

18.25m \$ World U20 Standard

| Pos                         | Comp# | Name               | Team         | Seed Mark |
|-----------------------------|-------|--------------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                    |              |           |
| 1                           | 33    | Posyluzny, Brayden | Chinook Trac |           |

## Event 27 Women Discus Throw Open (1)

Friday 6/24/2016 - 5:45 PM

61.00m ! Olympic Standard

50.00m # Nacac U23 Standard

| Pos                         | Comp# | Name           | Team               | Seed Mark |
|-----------------------------|-------|----------------|--------------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                |                    |           |
| 1                           | 98    | Andres, Rachel | Unattached Alberta |           |

## Event 28 Men Discus Throw Open (2)

Saturday 6/25/2016 - 12:45 PM

65.00m ! Olympic Standard

55.00m # Nacac U23 Standard

| Pos                         | Comp# | Name         | Team               | Seed Mark |
|-----------------------------|-------|--------------|--------------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |              |                    |           |
| 1                           | 95    | Parsons, Dan | Unattached         |           |
| 2                           | 107   | Wilson, Kier | Unattached Alberta |           |

## Event 29 Women Discus Throw Under 20 (1)

Friday 6/24/2016 - 5:45 PM

48.00m \$ World U20 Standard

| Pos                         | Comp# | Name             | Team               | Seed Mark |
|-----------------------------|-------|------------------|--------------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                  |                    |           |
| 1                           | 82    | Rains, Gabrielle | Throwit Track Club |           |

## Event 31 Women Hammer Throw Open (1)

Friday 6/24/2016 - 5:00 PM

71.00m ! Olympic Standard

55.50m # Nacac U23 Standard

| Pos                         | Comp# | Name            | Team         | Seed Mark |
|-----------------------------|-------|-----------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                 |              |           |
| 1                           | 15    | Weber, Jennifer | Capital City |           |

## Event 32 Men Hammer Throw Open (2)

Saturday 6/25/2016 - 12:00 PM

77.00m ! Olympic Standard

63.50m # Nacac U23 Standard

| Pos                         | Comp# | Name           | Team               | Seed Mark |
|-----------------------------|-------|----------------|--------------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                |                    |           |
| 1                           | 107   | Wilson, Kier   | Unattached Alberta |           |
| 2                           | 24    | Lennie, Nathan | Capital City       |           |

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## Event 33 Women Hammer Throw Under 20 (1)

Friday 6/24/2016 - 5:00 PM

57.50m \$ World U20 Standard

| Pos                         | Comp# | Name            | Team            | Seed Mark |
|-----------------------------|-------|-----------------|-----------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                 |                 |           |
| 1                           | 61    | Morris, Tanessa | Excel Athletika |           |

## Event 34 Men Hammer Throw Under 20 (1)

Saturday 6/25/2016 - 12:00 PM

68.00m \$ World U20 Standard

| Pos                         | Comp# | Name           | Team         | Seed Mark |
|-----------------------------|-------|----------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                |              |           |
| 1                           | 30    | Unrau, Spencer | Capital City |           |

## Event 35 Men Discus Throw F44 Ambulatory Open (1)

Saturday 6/25/2016 - 12:45 PM

46.00m ! Olympic Standard

| Pos                         | Comp# | Name          | Team         | Seed Mark |
|-----------------------------|-------|---------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |               |              |           |
| 1                           | 21    | Gauthier, Ray | Capital City |           |

## Event 36 Men Discus Throw F40 Ambulatory Open (1)

Saturday 6/25/2016 - 12:45 PM

| Pos                         | Comp# | Name                | Team         | Seed Mark |
|-----------------------------|-------|---------------------|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |       |                     |              |           |
| 1                           | 5     | Livingstone, Andrew | Caltaf Athle |           |