

Final Schedule – Trials Tune Up – Foote Field

Friday June 24

Field Events

5:00PM	Women's	HT	West Throws Field	(2)
	Women's	DT	Immediate post hammer throw	(2)
6:30PM	Men's	Pole Vault		(7)
6:30PM	Men's	Shot Put	Shale gravel area	(2)

Track Events

5:45PM	Women's	100m	2 Heats to an A & B Final	(12)
5:55PM	Men's	100m	3 Heats to an A & B Final	(17)
6:15PM	Women's	400mH	1 Section	(1)
6:20PM	Men's	400mH	1 Section	(4)
6:30PM	Women's	1500m	1 Section	(5)
6:37PM	Men's	1500m	1 Section	(11)
7:35PM	Women's	100m	A & B Final (A first)	
7:50PM	Men's	100m	A & B Final (A first)	
8:05PM	Women's	400m	1 Heat	(7)
8:10PM	Men's	400m	2 Heats to A & B Final	(12)

Saturday June 25

Field Events

12:00PM	Men's & Women's		Long Jump	(4)
12:00PM	Women's		Pole Vault	(6)
12:00PM	Men's		Hammer (West Throws)	(3)
	Men's		Discus (Immediate post HT)	(4)
1:30PM	Women's		Shot Put (Shale)	(2)
2:30PM	Women's		High Jump	(1)

Track Events

11:40AM	Women's	200m	2 Heats	(9)
11:50 AM	Men's	200m	2 Heats to A & B Final	(15)
1:00 PM	Women's	100mH	1 Heat to an A Final	(6)
1:15PM	Men's	110mH	Jr's Lanes 1-6, Sr 7-8	(7)
1:40PM	Women's	800m	1 Section	(12)
1:50PM	Men's	800m	1 Section	(10)
2:00PM	Women's	400m	Final	
2:05PM	Men's	400m	A & B Final (A first)	
2:20PM	Women's	200m	Final	
2:25PM	Men's	200m	A & B Final (A first)	
3:00PM	Women's	100mH	Final	
3:15PM	Men's	110mH	Final - Jr's Lanes 1-6, Sr 7-8	