



**VICTORIA TRACK AND FIELD CLUB  
26<sup>th</sup> ANNUAL DOGWOOD TRACK AND FIELD MEET  
Saturday and Sunday, May 7<sup>th</sup> and 8<sup>th</sup>, 2016**

**Sanctioned by BC Athletics  
[April 7, 2016]**

- DATES** Saturday and Sunday, May 7<sup>th</sup> and 8<sup>th</sup>, 2016
- LOCATION** Centennial Stadium, University of Victoria, Victoria, BC  
**Please note that UVIC requires payment for parking on Saturday.**  
Saturday charges are \$2.50 per day, Sunday is free.
- ELIGIBILITY** Current BC Athletics competitive membership or equivalent from another provincial or state association. Current BC Athletics school membership.
- REGISTRATION** **NEW THIS YEAR! Registration is through Trackie.com.**  
[www.trackiereg.com/dogwood2016](http://www.trackiereg.com/dogwood2016) Team Managers/registrars may **alternatively submit their entries through the Hytek events file. (See details below).** Individuals must register through Trackie.com. Email registrations will not be accepted.  
**Para athletes register by contacting entry chair (klaberee@shaw.ca)**
- ENTRY CHAIR** Karen Laberee Phone: 1-250 818 7803  
E-Mail: klaberee@shaw.ca
- ENTRY FEES** \$9.00 per event for Junior Development and Midget 14/15 athletes [2007 to 2001]  
\$10.00 per event for Youth and older athletes [2000 and older]  
Day of Event entries will be **\$15.00 per event** – cash or cheque.  
  
Day of Event school age BC Athletics membership @ \$3.00 per person.  
VIAA fees will be included in the individual event fees.  
Clubs who submit their registrations through the Hytek events file can pay by cheque. Registrars please contact Karen Laberee ([karenl@wulder.com](mailto:karenl@wulder.com)) by **Monday April 25** to arrange.
- VOLUNTEER DISCOUNT** **This meet would not be possible without volunteers.** The registrars of clubs providing volunteers are asked to contact Karen Laberee ([klaberee@shaw.ca](mailto:klaberee@shaw.ca)) **before registration** for your **discount code**.
- ENTRY DEADLINES** All entries must be received no later than **11:00 pm on Tuesday May 3, 2016.** No online or emailed entries will be accepted after this time. Day of Meet entries may be accepted, space permitting (see below).
- LATE ENTRIES** Late entries (\$15 per event – cash or cheque) may be accepted on meet day only if there is space in the event. Many field events will be closed at this time.
- CLUB PACKAGES** Registration packages will be available in the main causeway under the covered stadium at 9:00 am on Saturday, May 9<sup>th</sup>. Late arrivals will find their registration packages in the main press box at the top of the stairs under the covered stadium.
- MEET RULES** ATHLETICS CANADA and IAAF rules and regulations will apply at this meet. BC Athletics Junior Development rules and regulations for championship meets will be followed wherever applicable.
- AWARDS** VTFC medals for first, second, and third place finishes. Ribbons fourth to eighth.

## GENERAL MEET INFORMATION

### AGE CATEGORIES

Junior Development athletes will compete in single age categories from 2007 to 2003 [JD 9, JD 10, JD 11, JD 12, JD 13].

JD age groups may be combined for field events but each group will be scored separately for awards.

(As of 2014) Midget 14/15 [2002/2001] will compete together and will be awarded medals and ribbons as one age group.

Youth [2000 & 1999], Juniors [1998 & 1997], [Seniors 1980 to 1996], [Masters 1981 and older] athletes will compete together as an OPEN category but will be scored separately by each age class.

Masters will compete in the OPEN category but will be split into 5-year age groups for awards.

### HIGH PERFORMANCE 800M & 1500M

We are pleased to offer a high performance 800m and 1500m this year. The entry standards are as follows:

- HP 800m - 1:56 Men / 2:16 Women
- HP 1500m - 4:00 Men / 4:40 Women

### SCHEDULE

Due to the numbers of participants at this meet we will follow all starting times for track events as listed in the published schedule of events. Any changes to the field event schedule will be listed in a revised schedule available at the meet and posted on the VTFC website.

Please make note when registering your athletes that our field event schedule is extremely tight and we will not hold up any field events for athletes participating in other meet events. Have your athletes check over the schedule before registering in this meet.

### FIELD EVENTS

Field events in the JD age classes 9 to 13 will be limited to *three attempts* for each athlete.

Midget 14/15 through to Open Category athletes will be given 3 trials, and the 8 athletes with the top performances will be allowed 3 additional trials.

### HAMMER THROW

**Pacific Athletics Throws Group** will be hosting a hammer competition at Lambrick Park Secondary School. Athletes **aged 12 and older** will be able to compete in this event and ***must have previous hammer experience***. Groups will compete together but will be scored separately.

Please note that Lambrick Park is located about 10 minutes away from Centennial Stadium so please be on time for your event. Hammer event duration may be lengthy and athletes who choose to participate in Hammer could miss track or other field events being held in Centennial Stadium.

**Hammer weigh-in at 8:30am Saturday at UVic Stadium (Equipment Bunker at the far end of the track). NO late entries will be permitted in this event due to the location.**

### SPIKE LENGTHS

The maximum spike length allowed on this track is 7mm.

**TRACK RESTRICTIONS**

The infield is *out of bounds* at all times as the infield is used for competition. Please use the main entrance to the stadium and walk around to the finish line seating from the flagpole end of the track. Please observe all restricted areas.

**EQUIPMENT**

Equipment will be provided by the Victoria Track and Field Club with the exception of pole vault poles. Personal equipment must be checked and weighed in the equipment shed under the electronic scoreboard at least 1 hour before the start of the throwing event. Contact the meet director if you need to locate an official to weigh your equipment.

**MEET RESULTS**

Copies of the meet results will be posted on the Victoria Track and Field Club Website [[www.victrack.ca](http://www.victrack.ca)] as well as through a link on the BC Athletics website at [bcathletics.org](http://bcathletics.org).

**TRACK EVENTS**

All events on the track will start with the Open Age Categories first at the posted times. Competition order will be Open, Senior, Junior, Youth, Midget to JD 9 years with women first in each age category followed by men.

**WHEELCHAIR EVENTS**

Wheelchair events will go in the following order with women first, then men: T54, T53, T34 followed by T52 and T51 combined. Categories may be combined if numbers are low but each category will be scored separately.

**TIMED FINALS**

All events offered are timed finals.

**BLOCKS**

Starting blocks are supplied for all athletes Midget 14/15 and older. Use of starting blocks by Midget 14/15 athletes is required.

**RACE NUMBERS**

Numbers will be assigned to all athletes and must be worn during all competitions. Track events from 100 to 400 metres will have numbers on the back. Track events 600 metres and longer will have numbers on the front. Field event numbers may be worn on the back or the front.

**CONCESSION**

A concession operated by the University of Victoria will be open during the meet.

**CAMPING**

No overnight parking is permitted within the University of Victoria boundaries. Campus Security will patrol the campus and will remove any groups camping on site.

**2016 AGE GROUPS**

Year of Birth	Athlete Age Category
2007	JD 9
2006	JD 10
2005	JD 11
2004	JD 12
2003	JD 13
2001 and 2002	Midget
1999 and 2000	Youth
1997 and 1998	Junior
1996 to 1982	Senior
1981 & older	Master

**VOLUNTEER  
OFFICIALS**

Vancouver Island Athletic Association clubs are asked to make sure that volunteers are in place at the posted start times for all events so that the schedule does not fall behind.

Announcements will be made throughout the meet if additional officials and volunteers are needed to help out at various events.

**ACCOMODATIONS**

The Marriott Victoria Inner Harbour is offering Dogwood participants a special rate of \$179/night: <http://www.victrack.ca/wp/wp-content/uploads/2016/04/VTFC-Doogwood-Track-and-Field-Meet-May2016.pdf>