

Atlantic Indoor Championships
Championnats en salle atlantiques

	Vertical Jumps Sauts verticaux		Horizontal Jumps Sauts horizontaux		Throws Lancers	
	HJ Hauteur	PV Perche	LJ Longueur	TJ Triple	SP Poids	WT Marteau
9:30		All / Tous (4)	Tet (21)			
9:45						
10:00						
10:15	Pent F (7)		Pent M (11)		Tet (21)	
10:30						
10:45						
11:00						
11:15			F (16)		F (14)	
11:30						
11:45	M (7)					
12:00						
12:15						
12:30					Pent (18)	
12:45			M (19)			
13:00						
13:15						
13:30	Pent M (11)				M (19)	
13:45						
14:00						
14:15			Pent F (7)			
14:30						
14:45	F (6)					
15:00						
15:15				F (13)		F (11)
15:30						
15:45						
16:00						
16:15				M (13)		M (14)
16:30						
16:45						
17:00						

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Track / Piste			
	Event Épreuve	Category Catégorie	Round Série
9:30	60m H	M & F	Pent
9:55	60m	F	Pent
10:00	2000m	M+F	final / finale
10:15	3000m	M+F	final / finale
10:40	60m H	M & F	TSF / fin. chrono.
11:15	60m	M & F	Quad
11:25	60m	M	heats / vagues
11:50	60m	F	heats / vagues
12:20	800m	M	final / finale
12:30	800m	F	final / finale
12:40	600m	M+F	Quad
12:45	300m	M+F	Tet
LUNCH / DINER			
13:30	60m	M	final / finale
13:40	60m	F	final / finale
13:50	400m	M	TSF / fin. chrono.
14:05	400m	F	TSF / fin. chrono.
14:15	300m	M+F	TSF / fin. chrono.
14:20	1200m	M	final / finale
14:25	1200m	F	final / finale
14:35	1500m	M	final / finale
14:45	1500m	F	final / finale
BREAK / PAUSE			
15:10	800m	F	Pent
15:15	1000m	M	Pent
15:25	150m	M	TSF / fin. chrono.
15:30	150m	F	TSF / fin. chrono.
15:40	200m	M	TSF / fin. chrono.
16:00	200m	F	TSF / fin. chrono.
16:35	4x200m	M	final / finale
16:40	4x200m	F	final / finale