Friday - Session 1							
	Track	Sections	Long Jump (Pit)	Pole Vault	High Jump	Throws (Circle)	
4:30pm	60m Hurdles Pent Women (6)	1	Senior Men Flight 1 (8)			Senior Men Weight (13)	
4:35pm	60m Hep Men (4)						
5:00pm	60m Open Women Heats (34)	4					
5:10pm			Hep Men (4) (Wall)		Pent Wonen (6)		
5:15pm	60m Open Men Heats (59)	7	Senior Men Flight 2 (11)				
5:30pm				Senior Men PV (10)			
5:45pm	3000m Open Women Finals (17)	2					
6:10pm						Hep Men (4) (West)	
6:15pm	3000m Open Men Finals (26)	2					
6:45pm			Senior Women Flight 1 (6)			Pent Women (6) (West)	
7:00pm	4x200m Open Women Finals (7)	2				Senior Women Weight (14)	
7:15pm	4x200m Open Men Finals (7)	2			Hep Men (4)		
7:30pm	4x800m Open Women Final (6)	1	Senior Women Flight 2 (11)				
7:45pm	4x800m Open Men Final (6)	1	Pent Women (6) (Wall)				
8:30pm	800m Pent W (6)	1					

Finals with multiple sections are run Fast to Slow

#### Sections Long Jump **Pole Vault** Track **High Jump** Throws Midget/Youth/Master 60m Midget Women Heats (18) 2 9:30am 3 Women Weight (4+5+5) 60m Midget Men Heats (22) 9:40am 9:50am 60m Youth Women Heats (21) 3 Midget Men (13) Youth Women (6) 10:00am 60m Youth Men Heats(20) 3 10:10am 60m Junior Women Heats (4) 1 10:15am 60m Junior Men Heats (13) 1 10:20am 1200m Midget Women Final (6) 1 10:30am 1200m Midget Men Final (11) Youth Women (5) 1 10:40am 1500m Youth/Jr W Final (7+2) 1 Youth/Jr Men Master Men Shot (5) 10:45am 10:50am 1500m Youth/Jr M Finals (16+2) 2 (5+1) 11:15am 60m Midget Women Final (9) 1 Jr/Master Women 11:18am 60m Midget Men Final (9) 1 (4+4)11:21am 60m Youth Women Final (9) 1 1 11:24am 60m Youth Men Final (9) 11:27am 60m Junior Women Final (4) 1 11:30am 60m Junior Men Final (9) 1 Master Women Shot (9) 11:33am 60m Master Women Final (3) 1 11:36am 60m Master Men Final (3) 1 11:45am 1500m RW Open Women (8) 1 12:00pm 1500m RW Open Men (6) 1

Finals with multiple sections are run Fast to Slow

Saturday - Session 2

Saturda	y - Session 3					
	Track	Sections	Long Jump	Pole Vault	High Jump	Throws
1:00pm	60m Hurdles Hep Men (4)	1	Open Men Triple (10)		Open Women (7)	Open Women Shot (11)
1:10pm	60m Hurdles Open M Heats (8)	1				
1:20pm	60m Hurdles Open W Heats (13)	2				
1:35pm	60m Open Women Semis (16)	2				
1:45pm	60m Open Men Semis (24)	3		Hep Men (4)		
2:00pm	600m Open Women Finals (23)	4				
2:15pm	600m Open Men Finals (24)	4				
2:40pm	60m Open Women Final (8)	1				
2:45pm	60m Open Men Final (8)	1	Open Women Triple (15)		Open Men (8)	Open Men Shot (15)
2:55pm	60m Hurdles Open W Final (8)	1				
3:00pm	60m Hurdles Open M Final (8)	1				
3:10pm	300m Open Women Finals (22)	5				
3:30pm	300m Open Men Finals (50)	10		Open Women (11)		
4:10pm	1500m Open Women Finals (33)	3				
4:30pm	1500m Open Men Finals (38)	3				
4:50pm	1000m Hep Men (4)	1				
4:55pm	1000m Open Women Finals (22)	2				
5:05pm	1000m Open Men Final (14)	1				
5:15pm	4x400m Open Women Final (3)	1	Junior Men (3)			Youth/Jr/Master Men
5:25pm	4x400m Open Men Finals (9)	2				Weight (3+3+4)
5:45pm	400m Youth Women Finals (10)	2				
5:51pm	400m Youth Men Finals (15)	3				
6:00pm	400m Open Women Final (6)	1				
6:03pm	400m Open Men Final (7)	1				
6:06pm	300m Midget Women Finals (11)	2				
6:12pm	300m Midget Men Finals (13)	2				

Finals with multiple sections are run Fast to Slow

Sunday	- Session 4					
	Track	Sections	Long Jump	Pole Vault	High Jump	Throws
9:00am	60m Hurdles Midget W Final (11)	2	Midget Women (17)			Midget Women Shot (14)
9:10am	60m Hurdles Youth W Final (10)	2				
9:20am	60m Hurdles Junior W Final (3)	1				
9:20am	60m Hurdles Midget M Final (1)	Combined				
9:30am	60m Hurdles Youth M Final (5)	1		Youth/Master	Master Women/Me	n
9:35am	60m Hurdles Junior M Final (4)	1		Men (1+2)	(2+2)	
9:45am	60m Hurdles Master W Final (2)	1				
9:45am	60m Hurdles Master M Final (1)	Combined				
10:00am	3000m Youth Women Final (2)	1				
10:00am	3000m Jr/Master W Final (2+1)	Combined				
10:15am						Youth/Jr Women Shot (4+1)
10:20am	3000m Youth Men Final (7)	1				
10:35am	2000m Midget Women Final (1)	1				
10:45am	2000m Midget Men Final (4)	1	Youth/Jr Men (9+3)		Midget Men (7)	
11:00am	200m Midget Women Heats (19)	3				Midget Men Shot (7)
11:10am	200m Midget Men Heats (21)	3				
11:20am	200m Youth Women Heats (22)	4				
11:35am	200m Youth Men Heats (17)	3				
11:45am	200m Junior Men Heats (14)	2				
11:55am	200m Senior Men Heats (13)	2				

Finals with multiple sections are run Fast to Slow

Sunday - Session 4

Sunday - Session 5						
	Track	Sections	Long Jump	Pole Vault	High Jump	Throws
1:00pm	800m Midget Women Final (12)	1	Youth Women (17)			Youth/Jr Men Shot (4+1)
1:05pm	800m Midget Men Final (11)	1				
1:10pm	800m Youth Women Final (7)	1				
1:15pm	800m Senior Women Final (4)	1			Midget Women (9)	
1:20pm	800m Youth Men Final (12)	1				
1:25pm	800m Junior Men Final (4)	1				
1:25pm	800m Senior Men Final (2)	Combined				
1:25pm	800m Master Men Final (1)	Combined				
1:40pm	200m Midget Women Final (7)	1				
1:45pm	200m Midget Men Final (7)	1				
1:50pm	200m Youth Women Final (7)	1				
1:55pm	200m Youth Men Final (7)	1				
2:00pm	200m Junior Women Final (5)	1				
2:05pm	200m Junior Men Final (7)	1				
2:10pm	200m Senior Women Final (5)	1				
2:15pm	200m Senior Men Final (7)	1				
2:20pm	200m Master Women Final (1)	1				
2:20pm	200m Master Men Final (3)	Combined				
2:40pm	4x200m Age Class Women (4)	1				
2:50pm	4x200m Age Class Men (6)	1				